

# MOUNT PLEASANT

NOVEMBER/DECEMBER  
2017

DANIEL ISLAND | ISLE OF PALMS | SULLIVAN'S ISLAND

MAGAZINE

Mount Pleasant  
in the Media  
*TELEVISION,  
BOOKS, ART*

What the World  
Needs Now...  
*Our Biggest Hearts  
Issue*



## Season's Greetings!

**LOCAL COURIERS AT YOUR DOOR**

# Primary Care



Bringing the  
best medicine  
closer to you.

Just down the street, there's an MUSC Health primary care doctor who sees patients for wellness visits, acute illnesses and chronic disease management. Our internal and family medicine providers and pediatricians all come with the power of a nationally recognized academic medical center. This offers you and your family the most advanced medicine, latest technology, and access to over 700 specialists. To make an appointment, go to [MUSChealth.org/appointments](https://MUSChealth.org/appointments) or call 843-792-7000.

[MUSChealth.org/primary-care](https://MUSChealth.org/primary-care)

843-792-7000

 **MUSC Health**  
Medical University of South Carolina

Primary Care

Changing What's Possible

Visit us at our new home when  
you're ready to find yours!



LEVERAGE  
GLOBAL PARTNERS



Opening Soon at 835 Coleman Boulevard



**dunes properties**® of Mount Pleasant

Real Estate Sales 800.476.8444 | Vacation Rentals 888.843.2322  
Nobody knows the Charleston Coast better® [www.dunesproperties.com](http://www.dunesproperties.com)

BOONE HALL

# WINE UNDER THE OAKS

Sunday December 3, 2017  
1pm - 5pm - Boone Hall Plantation



Presented In Partnership With The Stations Of The Charleston Radio Group



Sample Fine Wines - Gourmet Foods - Cooking Demos and More!  
Live Performance by The Face Of Jazz in the Lowcountry - Charlton Singleton  
ALL INCLUDED WITH ADMISSION

**TICKETS ON SALE NOW!**

Visit [www.BooneHallPlantation.com](http://www.BooneHallPlantation.com) for tickets and details.

1235 Long Point Road - Mt. Pleasant, S.C. | 843-884-4371



# LET US CLEAN.

- Professional Quality, Affordable Price
- No Contracts
- 24-hour Clean Guarantee
- Bonded and Insured
- Call for a **FREE** Estimate
- Locally Owned and Operated



a neighborly company

WE'RE MAID FOR THIS.

## GO AHEAD. WE GOT THIS.

While you're running errands, Molly Maid® will be cleaning it up. Our professional cleaners will have your place so spotless, even your mom would be impressed.

Voted "Best Cleaning Service"  
in Mount Pleasant by  
Mount Pleasant Magazine  
readers!



**MOLLY MAID® OF GREATER CHARLESTON**  
(843) 216-6130

Visit us at **MollyMaid.com** to learn more.

©2017 Molly Maid, LLC. Each franchise is independently owned and operated.



YOU  
**MATTER**  
TO GOD.

YOU  
**MATTER**  
TO US.

*Discover a deeper connection  
at East Cooper Baptist Church*



**JOIN US!**

*Sundays  
at 9:00am and 10:45am*



**EAST COOPER**  
BAPTIST CHURCH

361 EGYPT ROAD  
MOUNT PLEASANT, SC  
843.856.3222  
eastcooperbaptist.com



*Thank you  
Mount Pleasant for voting  
us one of the Best Places to Worship.*

GLOSTER



GENERATIONS



1  
7  
1  
7  
N.  
HWY  
17

MOUNT  
PLEASANT  
29464

*Premium Outdoor Furnishings & Services.*

**OUTSIDE IS IN**

*Outdoor-Furniture-Fabric.com • TheTeakHut.com • 843-718-7181*

# TWO OF MOUNT PLEASANT'S BEST... FIVE YEARS IN A ROW!



Dr. Jack Hensel  
voted  
"Best Plastic Surgeon"

Lowcountry Beauty  
and Wellness Spa  
voted one of the  
"Best Weight Loss  
Programs"



## coolsculpting™

**ABDOMEN | LOVE HANDLES | INNER THIGHS**  
NON-SURGICAL FAT-REDUCTION  
**\$200 off one area**



## VENUS FREEZE™

**FACE | NECK | ABDOMEN | ARMS**  
TOTAL BODY REJUVENATION  
**Buy 1 area, get 1 area 1/2 price**



## SculpSure™

**ONLY 25 MINUTES**  
**TREATS MULTIPLE AREAS AT ONCE**  
HELPS GET RID OF UNWANTED FAT  
**\$200 off one area**



## cellfina™

SMOOTH THAT LASTS™

**BUTTOCKS | THIGHS | ARMS**  
NO MORE LUMPS AND BUMPS  
**\$250 off one area**



## HCG Weightloss System™

**LOSE 1/2 to 1LB. per day with the hCG Diet!**

**FREE B12 Injections with purchase of a 20 or 40 day hCG package!**

Lowcountry Plastic Surgery Center was the first to introduce hCG to Mt. Pleasant! We've helped over 6000 patients achieve their weight loss goals!

Call today to schedule your consultation with Dr. Jack Hensel! **843.971.2860**



THE **MANOR**  
AT LOWCOUNTRY PLASTIC SURGERY CENTER  
• Exclusively for Men •



1205 Two Island Court, Suite 203, Mt. Pleasant, SC 29466

[www.lowcountryplasticsurgery.com](http://www.lowcountryplasticsurgery.com)

[www.themanoratlowcountryplasticsurgery.com](http://www.themanoratlowcountryplasticsurgery.com)



# EXPERIENCE THE LOCAL LENDER ADVANTAGE



**Wes Sellew**  
Branch Manager  
Mount Pleasant  
NMLS# 71583  
(843) 800-3003  
[www.WesSellew.com](http://www.WesSellew.com)



**Wade Horn**  
Branch Manager  
N Charleston  
NMLS# 1006138  
(843) 800-3005  
[www.WadeHorn.com](http://www.WadeHorn.com)

*If you think all lenders are the same, think again!*

Jumbo Mortgage Financing | Second Home Financing | Investment Property Financing  
Refinance Options | Local Processing with Personalized Service  
Exceptional 98% Customer Satisfaction Rating



## MORTGAGE NETWORK, INC.

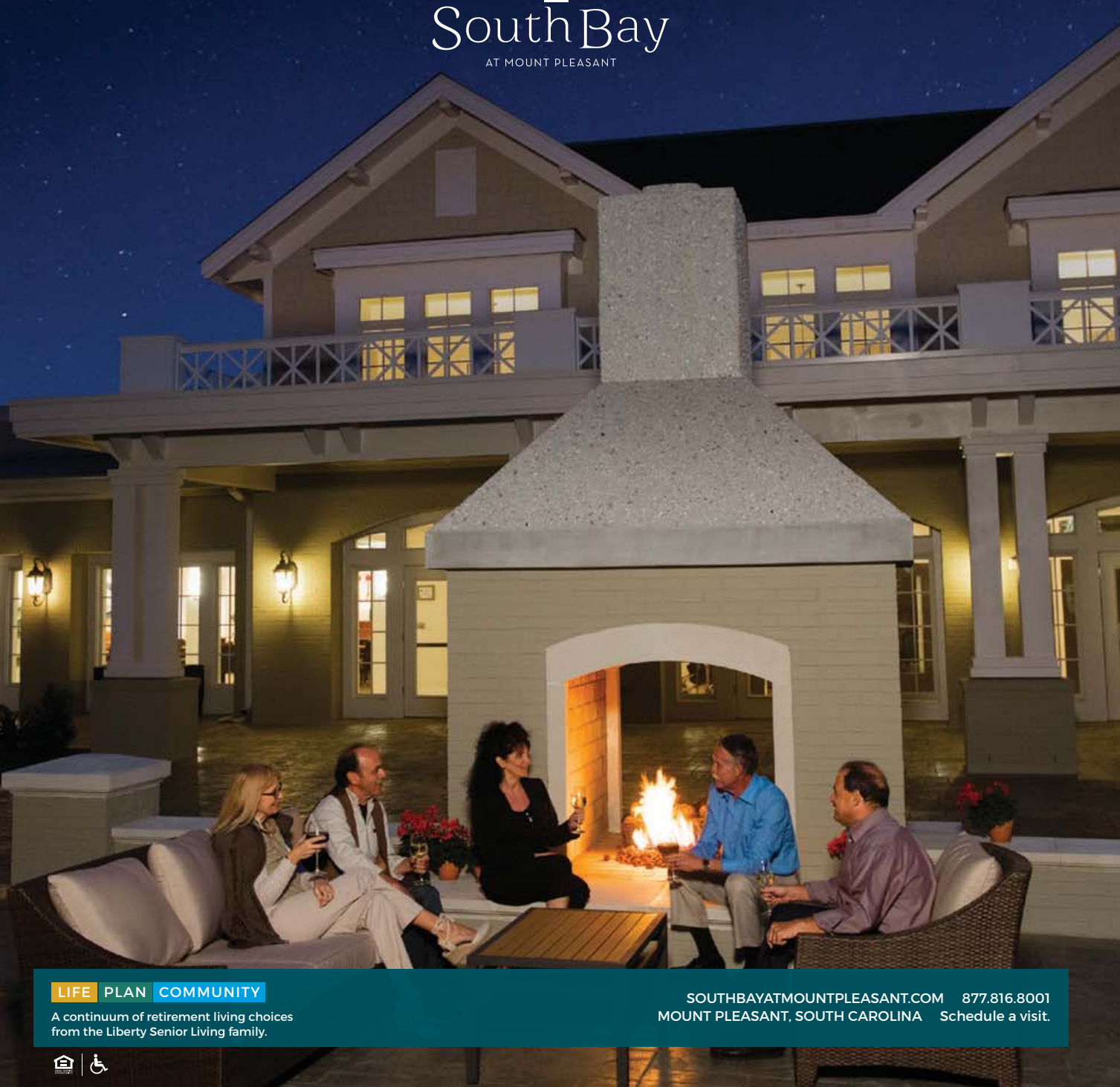
321 WINGO WAY, SUITE 101 | MOUNT PLEASANT, SC 29464  
2155 NORTH PARK LANE | NORTH CHARLESTON, SC 29406



# IT FEELS LIKE A LUXURY RESORT; IT LIVES LIKE HOME.

South Bay at Mount Pleasant is an elegant retirement community designed for active individuals who expect to live life to the fullest. Residents will appreciate the gracious floor plans, upscale amenities and fine dining venues, as well as the continuum of care in place should you need it.

South Bay will begin welcoming residents home in the fall of 2018; priority partner reservations are currently available.



LIFE PLAN COMMUNITY

A continuum of retirement living choices  
from the Liberty Senior Living family.

SOUTHBAYATMOUNTPLEASANT.COM 877.816.8001  
MOUNT PLEASANT, SOUTH CAROLINA Schedule a visit.





Erica  
SCRIPA

Jon  
BRUCE

Tessa  
SPENCER ADAMS

Emily  
GRACEY



From our ABC 4 family to yours...

**HAPPY HOLIDAYS!**

Tom  
CRAWFORD

Erin  
KIENZLE

Dean  
STEPHENS

Ashley  
BLACKSTONE

Scott  
EISBERG

Dave  
WILLIAMS

# VILLAGE PARK

MOUNT PLEASANT



*Close To Sullivan's Island, Shem Creek & Old Village  
From the mid \$ 500's*



RANDALL SANDIN  
RSANDIN@CAROLINAONEPLUS.COM  
843-209-9667



**NEW LEAF**  
BUILDERS

SALES@NEWLEAFSC.COM  
WWW.NEWLEAFSC.COM  
843-872-9755



*Publisher's Note* ..... 15  
*From the Editor* ..... 17  
*Our Contributors* ..... 18  
*Web Extras* ..... 19  
*Calendar of Events* ..... 20  
*Facetime* ..... 184

## Going Out

Wine Under the Oaks ..... 28

## Biggest Hearts 2017

Little Hearts, Big Ideas: Kids Giving Back ..... 29  
Bringing Cheer to Those Who Need It ..... 36  
Excited About Great Causes With Tom Crawford ..... 39  
Peace, Serenity and Sacrifice: Rihanny Hamilton ..... 43  
Doing Good Things All Year: My Sister's House ..... 47

## Features

Your Local Dream Team: Litton Entertainment ..... 49  
Paved With Good Intentions: Coleman Boulevard ..... 52  
In the Name of Freedom: Local War Veterans ..... 56  
Football and Feasting for Gamecocks and Tigers ..... 60  
Gifts for the Toughies On Your List ..... 65  
Special Delivery! Local Couriers at Your Door ..... 70  
Will You Drink to That? Mount Pleasant Water ..... 77  
Visual Appeal at Old Village Art Galleries ..... 79  
Dove Hunting: A Handbook ..... 81  
Steeped in Tradition: Fox Hunting ..... 84  
Happy 2018! Get Ready for a New You ..... 87  
Terrell Glenn at St. Andrew's City Church ..... 90  
A Vision for South Carolina: Detecting Diabetes ..... 177  
Modern Day Parables: The Fruit That Lasts Series ..... 178  
Kids' Poetry Submissions ..... 180

*Quality doesn't  
have to be expensive!*

Charleston's first choice in trendy,  
up-to-date, new, refinished and  
consignment furnishings for the  
sophisticated home.



*Exclusive  
Location*

**FUSION™**  
MINERAL PAINT

*Paint it beautiful.*

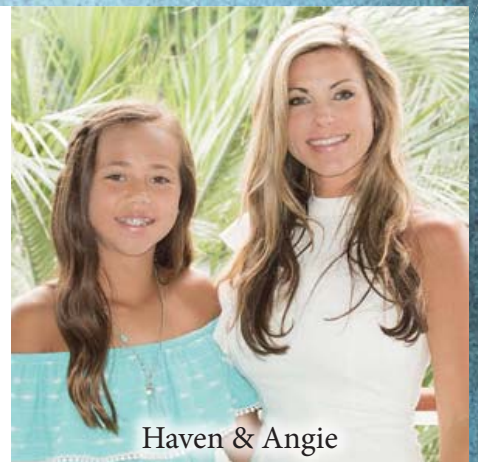
Enroll in paint  
classes now!



*Consign Off Haven*  
Furniture & Home Décor

1518 N Hwy 17  
Mount Pleasant, SC 29464

Monday - Closed  
Tue - Fri: 10am - 5:30pm  
Saturday: 10am - 5:30pm  
Sunday: 12pm - 5pm



Haven & Angie



## Real Estate..... 93

- A Pocket Neighborhood for Active People.....94
- David Kent Earns 2017 Realtor of the Year .....98
- Truly One-of-a-Kind: 369 Ralston Creek Drive ..... 100
- Pearce Law Firm: Bringing Your Purchase Together..... 103
- No Vision too Grand: King & Society..... 105



## Top Ten Homes:

- l'On.....97
- Dunes West..... 108
- Brickyard Plantation ..... 109
- Hobcaw Creek..... 110



## *Special Publication:* Lowcountry Cuisine ..... 113

- Expanding on the Foodie Experience: Wine + Food 2017..... 119
- Let Your Appetite Be Your Guide: Southern and Hungry..... 122
- Looking Good Enough to Eat (On TV) ..... 127
- What Rhymes with Holiday Cheer? Cheap Liquor and Beer! ..... 129
- Holiday Food and Drink Recipes ..... 138
- Combining Upscale and Casual: Ember Wood Fired Kitchen..... 145
- A Sweet Science: Hardscoop Distillery..... 147



## Food and Fashion 2017..... 148

- A Pressing Matter - Finding Good Olive Oil in Charleston..... 169
- Like Food? LIKE US!..... 176



## Feeling Good

- Dr. Cynthia Garner ..... 182



# 2018 BEST OF PARTY!

CELEBRATE WITH THE BEST OF MOUNT PLEASANT



## YOUR TICKET INCLUDES

Select Oysters  
Award Winning Bar-B-Que  
Selection of Local Craft Beers  
A variety of White and Red Wines

FRIDAY, FEBRUARY 2ND

AT



2125 Highway 17 North (In the back of Mercedes-Benz Dealer)  
Mt. Pleasant, SC 29464

Home of the Mount Pleasant Magazine's  
"Best Of" Parties

HAVE SOME FUN! ENJOY FOOD AND DRINKS, ALL FOR A GOOD CAUSE.

EACH OF THESE CHARITIES WILL BENEFIT  
FROM THE 2018 BEST OF PARTY



[www.BestOfMPTickets.com](http://www.BestOfMPTickets.com)

**Publisher/Editorial Director**

BILL MACCHIO  
 Publisher@MountPleasantMagazine.com

**Editor**

DENISE K. JAMES  
 Editor@MountPleasantMagazine.com

**Managing Editor**

BRIAN SHERMAN

**Art Director**

DANA COLEMAN

**Designer**

KIM HALL

**Designer**

CRISTINA YOUNG

**Webmaster**

GEORGE CONKLIN

**Internet**

SHERMAN PAGGI

**Editorial Assistants**

Natalie Confer  
 Sara Hart

**Calendar Assistant**

Rachel Maile

**Writers**

Pamela Brownstein • Krysta Chapman  
 Michael Cochran • Sonya Cordina  
 Erin Danly • Stacy E. Domingo  
 Robert Donovan • Bill Farley  
 Hunter Gardner • Kalene McCort  
 Diane Pauldine • Enid Spitz  
 Annie Stoppelbein • Theresa Stratford  
 Anne Toole

**Photographers**

Jenn Cady • Brandon Clark  
 Brian Sherman • William Quarles  
 Thomas Runion • Jess Wood  
 Margaret Wright

**Sales Manager**

Cullen Murray-Kemp  
 Cullen@MountPleasantMagazine.com

**Independent Media Consultants**

Jennifer Burke  
 Jennifer@MountPleasantMagazine.com  
 Margaret Burns  
 Margaret@MountPleasantMagazine.com  
 Rainey Causey  
 Rainey@MountPleasantMagazine.com  
 Brandon Clark  
 Brandon@MountPleasantMagazine.com  
 Heidi Hein  
 Heidi@MountPleasantMagazine.com  
 Matthew Prosser  
 Matthew@MountPleasantMagazine.com  
 Thomas Runion  
 Thomas@MountPleasantMagazine.com  
 Michelle Wells  
 Michelle@MountPleasantMagazine.com  
 Bert Wood  
 Bert@MountPleasantMagazine.com

**Administration & Bookkeeping**

Diane Pauldine  
 Ginger Sottile

**DISTRIBUTION**

U.S. POST OFFICE, HARRIS TEETER, PUBLIX, CVS

BERT WOOD  
 bert@mountpleasantmagazine.com

Mount Pleasant Magazine is published locally  
 by a team of independent contractors.

Mount Pleasant Magazine is published  
 six times per year by **Media Services, Inc.**  
**1013 Chuck Dawley Blvd., Mount Pleasant, S.C. 29464**  
 Copyright © Media Services 2017.

All rights reserved. Reproduction electronically or in  
 print format without the expressed written consent of  
 the publisher is strictly prohibited and a violation of  
 U.S. copyright laws.

**Inquiries to:** Mount Pleasant Magazine  
 P.O. Box 22617, Charleston, S.C. 29413

**B**alancing life's responsibilities is sometimes a daunting task that requires a lot of thought, forces us to prioritize what is important to our families and friends and makes us constantly look at what we are truly passionate about. My youngest son, Anthony, who is 27, helped me put some of my thoughts in context with his recent text about his concerns:

"While you're looking at property this evening, I'd like for you to keep in mind what I said this AM and not overburden yourself with buying land, deconstructing some of the house you own, moving it, reconstructing it, listing and buying another property. I say all this because as the human body grows older, it doesn't have the same stamina that it used to, not to mention your countless deadlines each year. I'd like to be able to continue to go on our hangouts. ... I don't like to get stressed about you drinking excessive energy drinks and having a heart attack. All-in-all, I love you, Dad!"

What a wake-up call! If this doesn't help me prioritize, nothing will. I'm blessed with three great children, four wonderful grandchildren and an outstanding daughter-in-law who not only takes great care of my grandchildren but also grounds my oldest son – which can be a difficult task at times. To top it off, for nearly 30 years, I've been married to a woman, Kim, who has led the way in uniting these family members whenever she has the opportunity.

Hopefully Anthony's text will help all of us think about our priorities this upcoming holiday season and will help my family and yours celebrate our blessings and all the joy in our lives.

Everyone here at Mount Pleasant Magazine truly appreciates our readers and the way you look to us because you've told us we are, "The Best Face For A Great Place."

Thanks for spending time with us, and don't forget to look for our float at the Mount Pleasant Christmas Parade. Access this page to view past parades: [www.MPparade.com](http://www.MPparade.com).

Until next time,

*Bill Macchio*

— BILL MACCHIO, Publisher  
 Publisher@MountPleasantMagazine.com



Bill's youngest and oldest son: Anthony, left, and Drew. Not pictured: Ryan.

# Specializing in Spectacular Smiles

\$250  
DOWN

Invisalign® or Braces  
All insurance accepted!



\$145  
MONTH

No dental insurance?  
Ask about our discount plan!



Clear  
braces



Silver & Gold  
braces



Invisalign®

Invisalign Express®  
Invisalign Lite®  
Invisalign® Full  
Invisalign Teen®



Call today for a FREE EXAM! (843) 4-BRACES | [www.CharlestonOrthodonticSpecialists.com](http://www.CharlestonOrthodonticSpecialists.com)

If you're regularly immersed in the media like we are at *Mount Pleasant Magazine*, you know 2017 hasn't been the smoothest year in terms of politics, crime or even neighborhood gossip. Even though we tend to gloss over the difficulties of the year as the holiday season arrives – cookies, champagne and colored lights can cover a multitude of grievances – I think it's important to acknowledge what all of us could have done better. And I'm not talking about pointing fingers. I'm talking about what we, as individuals, can do to create a better world.

This issue of *Mount Pleasant Magazine*, one of my favorites of the year, is traditionally our "Biggest Hearts" edition. We cover charitable organizations and locals who are going above the call of duty to make someone else's life easier. But while being part of an organization or special project is commendable, the interpretation of having a big heart can be much larger than that.

For example, our cover for this issue features longtime UPS employee Arthur Stubbs, who understands the sacrifice



of going door-to-door each holiday season and putting in long hours to make sure kids (adults, too!) get their wishes granted. Stubbs is joined by three of our "magazine family" kids: writer and photographer Krysta Chapman's daughter, Kennedy; media consultant Jennifer Burke's son, Rylan; and media consultant Margaret Burns' daughter, Mary

Louise. My appreciation goes out to Southern Belles as well

as Ragamuffin Children's Boutique for outfitting these kids – they look festive and marvelous, right?! Also, don't miss the rest of our cover story on page 70, where we meet folks from the U.S. Postal Service and FedEx.

Elsewhere in this plump issue, you'll read about local kids who took their summer lemonade stand and made it a symbol of hope for the less fortunate; how My Sister's House helps battered women and their displaced children have a merry holiday; the big gathering that Without Walls hosts on Christmas day; plus much more. There's tons of festive stuff, too. Check out the nine dive bars that Krysta Chapman and I visited – talk about a great place for a holiday nightcap – read about Thanksgiving traditions for Clemson and Carolina fans, plan your seasonal event calendar and find cool, local gifts for the toughies on your list. It's all here in this issue.

I admit it can be difficult to find a few minutes of peace and quiet during the holiday season, what with guests constantly dropping in and numerous errands to run, but I think it's important to reflect on whether we are doing our best for ourselves and for others. Instead of feeling down when we check social media or world news, why not redirect that energy to brighten our homes, our beloved East Cooper and beyond?

On behalf of everyone at *Mount Pleasant Magazine*, we hope you and yours have a peaceful, joyous season and a brighter than ever New Year.

Yours,  
Denise K. James  
Editor



## EAST COOPER ANIMAL HOSPITAL

**MARCI SAULS, DVM | ARTISE STEWART, DVM**

East Cooper Animal Hospital is a companion animal practice specializing in canine and feline medicine and surgery. We offer a comprehensive range of veterinary medical services.

We schedule appointments with our veterinarians beginning at 8:30AM Monday through Saturday.

Complimentary Exam for First Time Clients When You Mention This Ad!

993 Johnnie Dodds Blvd., Mount Pleasant, SC 29464  
staff@eastcooperanimalhospital.com  
M-F 7:30 am - 6 pm | Sat 8:30 am - Noon

East Cooper Animal Hospital looks forward to becoming your partner in providing excellent health care for your pet.



WWW.EASTCOOPERANIMALHOSPITAL.COM

f 843.884.6171

## our contributors

**Krysta Chapman** is a freelance writer in Charleston who specializes in writing compelling and engaging copy for small businesses around the country. When she's not working you can find her at the beach with her mermaid of a daughter, watching baseball (Go Phillies!) or indulging in delicious food with her husband.



**Robert Donovan** is a freelance writer and photographer focusing on food and beverage culture. He is a regular writing contributor to the *Charleston City Paper* and *Eater*, and his photographs have appeared on *Serious Eats*, *Edible Feast*, *Thrillist*, *Southern Living* and *Garden & Gun* online. A North Carolina native, he now lives in Mount Pleasant, via Wyoming and Colorado, with his wife Debbie and 16 legs worth of dogs.



**Michael M. Cochran** is a native Charlestonian who is a published essayist, short story writer and local newspaper guest columnist. An avid outdoorsman, Cochran enjoys spending time hunting and fishing across the state. While working a full-time management job with a local business, he still finds time to slip into the local creeks or cypress swamps seeking the next story. When not in the field, he can be found spending quality time with his wife of nearly 25 years and their 5-and-a-half-year-old English springer spaniel.



**Sara Hart** is a senior at Wando High School. She is an aspiring photographer who has been interning at *Mount Pleasant Magazine* since September. She would like to attend either the College of Charleston or the University of South Carolina to study photography.

Interested in contributing to *Mount Pleasant Magazine*? Email your contact information (name, phone, mailing address) and one sample of work you have created (or a link to your work online) with the subject "Aspiring MPM Contributor" to [Editor@MountPleasantMagazine.com](mailto:Editor@MountPleasantMagazine.com).

**AIDEN**fabrics

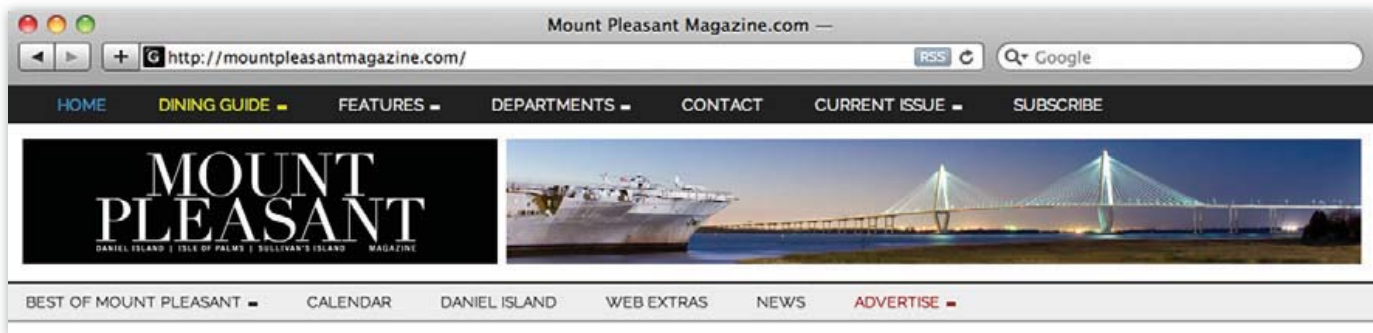
Visit our store for new winter arrivals & design expertise for all your projects!

Indoor & Outdoor Fabrics | Custom Furniture | Rugs & Accessories | Design

1136 HUNGRYNECK BLVD, SUITE F, MOUNT PLEASANT, SC 29464

843.216.0008 | M-F: 9:30AM - 5:30PM, SAT: 9:30AM - 4:00PM

[www.aidenfabrics.com](http://www.aidenfabrics.com)



Visit [www.MountPleasantMagazine.com](http://www.MountPleasantMagazine.com) for more than what you see in the print magazine: contests, local resources and more fun stuff in general.

After the gluttony of the holidays, there's no excuse not to participate in Charleston's Health & Wellness Expo, Jan. 10 and 11 at the Gaillard Auditorium. Our sister publication, *HealthLinks Charleston*, is hosting the event. Find out more at [charlestonphysicians.com/expo](http://charlestonphysicians.com/expo).

And definitely check out our new website for *Lowcountry Cuisine* magazine, at [LowcountryCuisineMag.com](http://LowcountryCuisineMag.com). You'll find everything from holiday recipes to restaurant profiles, right in time for party season.

It's winter now, but don't forget to take adorable photos of your pets for the next pet issue in the summer! You can submit photos and stories about your dog or cat (or pig or rat, for that matter) at [mountpleasantmagazine.com/petphotos](http://mountpleasantmagazine.com/petphotos).

Not following your favorite magazine on social media yet? Find us on Facebook, Twitter and Instagram – just search for *Mount Pleasant Magazine*. We love our fans. 🍷



HealthLinks  
CHARLESTON

LOW COUNTRY  
CUISINE  
Celebrating CHARLESTON Flavor

MOUNT  
PLEASANT  
MAGAZINE

**COASTAL ROWING STUDIO**  
indoor rowing & fitness studio

**FITNESS... THE GIFT YOU  
CHOOSE TO GIVE TO YOURSELF.**



**DON'T WAIT UNTIL JANUARY 1ST –  
JOIN COASTAL ROWING STUDIO TODAY!**

1233 Ben Sawyer Blvd., Suite 800 | 843-972-8137 | [www.coastalrowingstudio.com](http://www.coastalrowingstudio.com)




# NOVEMBER



**Ongoing** **FESTIVAL OF LIGHTS**  
**WHEN:** Nov. 10, 2017 - Jan. 1, 2018.  
**TIME:** Varies.  
**LOCATION:** James Island County Park.

With over 700 magical light displays, this event has become one of the most popular and exciting in Charleston! **For more information, go to:** [www.ccprc.com/1546/Holiday-Festival-of-Lights](http://www.ccprc.com/1546/Holiday-Festival-of-Lights)



**10<sup>TH</sup> - 11<sup>TH</sup>** **YALLFEST**  
**TIME:** Varies.  
**LOCATION:** Charleston Music Hall.

This exciting book festival is coming to Charleston yet again to promote young-adult literature! **For more information and ticket purchases, go to:** [www.yallfest.org](http://www.yallfest.org)

**11<sup>TH</sup>** **RESTART CAREER CONFERENCE**  
**TIME:** 8 a.m. - 3:30 p.m.  
**LOCATION:** Seacoast Church  
Mount Pleasant Campus.

This free event is for all unemployed, underemployed or transitioning employment seekers who want to learn how to restart their career. **For more information and to register, go to:** [www.restartsc.org](http://www.restartsc.org)



**11<sup>TH</sup>** **CELADON 23RD ANNIVERSARY CELEBRATION**  
**TIME:** 11 a.m. - 4 p.m.  
**LOCATION:** Celadon • Johnnie Dodds Boulevard • Mount Pleasant.

In honor of its 23rd birthday, Celadon will be hosting a party featuring food, activities and live music. **For more information, go to:** [www.celadonathome.com](http://www.celadonathome.com)



**16<sup>TH</sup>** **RUN YOUR WORLD TOUR**  
**TIME:** 6:30 p.m. - 8:30 p.m.  
**LOCATION:** Fleet Feet Sports,  
Mount Pleasant.

Let loose at this fun exercise session that benefits the American Red Cross! **For more information and ticket purchases, go to:** [www.eventbrite.com/e/run-your-world-tour-mt-pleasant-sc-tickets-38091737412?aff=es2](http://www.eventbrite.com/e/run-your-world-tour-mt-pleasant-sc-tickets-38091737412?aff=es2)



## 18<sup>TH</sup> THE ULTRA CHILI RACE

**TIME:** Starts at 7 a.m.  
**LOCATION:** Laurel Hill County Park.

In the third annual Ultra Chili Race, you will have a blast running along beautiful park trails. A post-run party following the race will include beer, chicken and waffles, and chili. **For more information, go to:** [www.ccprc.com/2063/Ultra-Chili-10x5K-5K](http://www.ccprc.com/2063/Ultra-Chili-10x5K-5K)



## 18<sup>TH</sup> CHARLESTON ANIMAL SOCIETY CHILI COOK-OFF & OYSTER ROAST

**TIME:** 1 p.m. - 5 p.m.  
**LOCATION:** Riverfront Park • North Charleston

Over 7,000 animal lovers came out to show their support at last year's cook-off and everyone had a great time. All money raised supports Charleston Animal Society's Medical Fund! **For more information, go to:** [www.charlestonanimalsociety.org](http://www.charlestonanimalsociety.org)

## Ongoing A CHRISTMAS CAROL

**WHEN:** Nov. 29 - Dec. 20, 2017.  
**TIME:** Varies.  
**LOCATION:** Dock Street Theatre.

This holiday classic returns to the stage in November and ensures a night of family fun! **For more information and ticket purchases, go to:** [www.charlestonstage.com/shows-and-tickets/49-a-christmas-carol.html](http://www.charlestonstage.com/shows-and-tickets/49-a-christmas-carol.html)

# DECEMBER

## Ongoing HOLIDAY MAGIC IN HISTORIC CHARLESTON

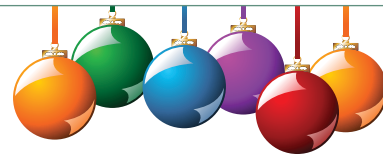
**WHEN:** Dec. 1-31, 2018.  
**TIME:** Varies.  
**LOCATION:** Marion Square (and other locations).

Marion Square, the site of Charleston's official holiday tree and holiday entertainment stage, is somewhere you will definitely want to go this December. **For more information, go to:** [www.charlestonarts.org/programs/holiday-magic](http://www.charlestonarts.org/programs/holiday-magic)

## 1<sup>ST</sup> GAITHER CHRISTMAS HOMECOMING SPECTACULAR

**TIME:** 7 p.m.  
**LOCATION:** North Charleston Coliseum.

A Grammy award winner, Bill Gaither will present a festive celebration that you won't want to miss! **For more information and ticket purchases, go to:** [www.northcharlestoncoliseum.com](http://www.northcharlestoncoliseum.com)



## 1<sup>ST</sup>-3<sup>RD</sup> WALTERBORO'S ROCK-IN THE HOLIDAYS

**TIME:** Varies.  
**LOCATION:** Walterboro, S.C.

Come on down to the Walterboro's Rock-In the Holidays on the Front Porch of the Lowcountry with headlining events such as a tree lighting ceremony, parade, holiday tour of homes and more. **For more information, go to:** [www.walterborosc.org/rock-holidays](http://www.walterborosc.org/rock-holidays)

## 2<sup>ND</sup> 27<sup>TH</sup> ANNUAL REINDEER RUN

**TIME:** 8 a.m.  
**LOCATION:** 161 E. Bay Street.

This beloved tradition is taking place yet again this winter. It is a pet-friendly 5k through the lower peninsula of downtown Charleston, and all proceeds from the race go to local charities. **For more information and to register, go to:** [www.reindeerrun.org/#intro](http://www.reindeerrun.org/#intro)



**2<sup>ND</sup> - 3<sup>RD</sup>** CHARLOTTE BALLET'S  
NUTCRACKER  
WHEN: Varies.  
LOCATION: Charleston Gaillard Center.

Accompanied by live music, professional dancers take the stage to deliver this classic. For more information and ticket purchases, go to: [www.gaillardcenter.org](http://www.gaillardcenter.org)



**3<sup>RD</sup>** CITY OF CHARLESTON  
HOLIDAY PARADE  
TIME: 2 p.m.  
LOCATION: Broad Street to Calhoun Street.

This exciting parade is a great way to get into the holiday spirit this December! For more information, go to: [www.charleston-sc.gov/index.aspx?NID=1073](http://www.charleston-sc.gov/index.aspx?NID=1073)

**3<sup>RD</sup>** WINE UNDER THE OAKS  
TIME: 1 p.m. - 5 p.m.  
LOCATION: Boone Hall Plantation.

One of the most popular events in the Lowcountry, Wine Under the Oaks will feature a wide array of wine samples as well as complimentary oysters, among other things. For more information and ticket purchases, go to: [www.boonehallplantation.com/special-events/wine-under-the-oaks](http://www.boonehallplantation.com/special-events/wine-under-the-oaks)

**2<sup>ND</sup> - 3<sup>RD</sup>** 34<sup>TH</sup> ANNUAL  
SPIRITUALS CONCERTS  
TIME: 3 p.m. - 5 p.m.  
LOCATION: Drayton Hall.

Experience African-American spirituals in concert at this relaxing event. For more information and ticket purchases, go to: [www.draytonhall.org/event/34th-annual-spirituals-concerts-at-drayton-hall](http://www.draytonhall.org/event/34th-annual-spirituals-concerts-at-drayton-hall)



**7<sup>TH</sup> - 10<sup>TH</sup>** HOLY CITY MESSIAH AT  
CATHEDRAL OF ST. JOHN  
THE BAPTIST  
TIME: Varies.  
LOCATION: Cathedral of St. John the Baptist.

What better place to listen to a beautiful choral performance than at a beautiful church? Attend this glorious tradition for a night of fun! For more information and ticket purchases, go to: [www.charlestonsymphony.org/#ConcertDetails/40000029](http://www.charlestonsymphony.org/#ConcertDetails/40000029)



**8<sup>TH</sup> - 23<sup>RD</sup>** CHARLESTON  
CHRISTMAS SPECIAL  
TIME: Varies.  
LOCATION: Charleston Music Hall.

Produced by Brad and Jennifer Moranz, this beloved holiday special features talented performers from across the country and is attended by more than 10,000 people! For more information and ticket purchases, go to: [www.charlestonmusichall.com](http://www.charlestonmusichall.com)

**9<sup>TH</sup> & 16<sup>TH</sup> JUNIE B. IN JINGLE BELLS, BATMAN SMELLS**  
**TIME:** Varies.  
**LOCATION:** Dock Street Theatre.

A funny and endearing tale, this play based on the best-selling series ensures a night of family fun. **For more information and ticket purchases, go to:** [www.charlestonstage.com/shows-and-tickets/50-junie-b-in-jingle-bells-batman-smells.html](http://www.charlestonstage.com/shows-and-tickets/50-junie-b-in-jingle-bells-batman-smells.html)



**9<sup>TH</sup> HOLIDAY FARMERS MARKET AND CRAFT SHOW**  
**TIME:** 11 a.m. - 4 p.m.  
**LOCATION:** Mount Pleasant Farmers Market Pavilion.

This annual market is an exciting blend of seasonal goodies, gifts and entertainment. **For more information, go to:** [www.experiencemountpleasant.com/events/holiday-farmers-market](http://www.experiencemountpleasant.com/events/holiday-farmers-market)

**9<sup>TH</sup> 36TH ANNUAL HOLIDAY PARADE OF BOATS**  
**TIME:** 5 p.m.  
**LOCATION:** Charleston Harbor.

Water you waiting for? For a reel good time, participate in this Charleston tradition. **For more information, go to:** [www.charlestonarts.org/programs/holiday-magic](http://www.charlestonarts.org/programs/holiday-magic)

**9<sup>TH</sup> RENEE FLEMING**  
**TIME:** 7:30 p.m.  
**LOCATION:** The Charleston Gaillard Center.

Soprano Renee Fleming is set to provide a captivating performance with her stunning voice. **For more information and ticket purchases, go to:** [www.gaillardcenter.org/event/renee-fleming/?instance\\_id=667](http://www.gaillardcenter.org/event/renee-fleming/?instance_id=667)

*Jean's  
Bridal*



*Thanks for voting us best bridal shop year after year!*

*Elegant  
Bridal Attire  
Tuxedos  
& Accessories...*

798 Johnnie Dodds Blvd.  
 Mount Pleasant  
 843-881-2056

[www.JeansBridalCharleston.com](http://www.JeansBridalCharleston.com)



Given by Madeline Gardner.



**10<sup>TH</sup>** 22ND ANNUAL MOUNT PLEASANT CHRISTMAS LIGHT PARADE AND TREE LIGHTING

TIME: 5:30 p.m. - 8 p.m.

LOCATION: Coleman Boulevard • Mount Pleasant

Over 100 delightful floats will make their way down Coleman Boulevard from Shem Creek to Camellia Drive. But beforehand, the lighting of the Mount Pleasant Christmas Tree and a fireworks display will take place! *For more information, go to:* [www.experiencemountpleasant.com/events/christmas-light-parade](http://www.experiencemountpleasant.com/events/christmas-light-parade)



**16<sup>TH</sup>** CHARLESTON SYMPHONY ORCHESTRA ANNUAL HOLIDAY POPS

TIME: 7:30 p.m. - 9 p.m.

LOCATION: The Charleston Gaillard Center.

This annual holiday celebration will include classics such as “White Christmas,” “Ave Maria” and more! *For more information and ticket purchases, go to:* [www.charlestonsymphony.org/#ConcertDetails/40000026](http://www.charlestonsymphony.org/#ConcertDetails/40000026)



**22<sup>ND</sup> - 24<sup>TH</sup>** A CHRISTMAS STORY, THE MUSICAL

TIME: Varies.

LOCATION: North Charleston Performing Arts Center.

This hilarious 1983 movie comes to life this Christmas for an entertaining stage performance. *For more information and ticket purchases, go to:* [www.northcharlestoncoliseum.com/events/detail/a-christmas-story-the-musical](http://www.northcharlestoncoliseum.com/events/detail/a-christmas-story-the-musical)

**22<sup>ND</sup> - 23<sup>RD</sup>** THE SNOW QUEEN

TIME: Varies.

LOCATION: Sottile Theatre.

An audience favorite, The Snow Queen returns for a captivating performance. *For more information and ticket purchases, go to:* [www.balletevolution.org/index.php#tickets](http://www.balletevolution.org/index.php#tickets)



**31<sup>ST</sup>** MANSION BALL

TIME: 9 p.m. - 1 a.m.

LOCATION: The Restoration Hotel.

With a roaring 20s masquerade theme, live music, an open bar and hors d'oeuvres, this celebration is a great way to ring in the New Year. *For more information and ticket purchases, go to:* [www.mansionball.com](http://www.mansionball.com)



CHARLESTON

# Health & Wellness EXPO

2018



# FREE TWO DAY EXPO

Gaillard Center

Wednesday, January 10

Thursday, January 11

10AM – 7PM



Join the City of Charleston,  
Cooper River Bridge Run and  
HealthLinks Magazine for the  
2018 Charleston  
Health & Wellness Expo

## FREE EXPO PROGRAMS AND EVENTS

- Health Screenings
- Body & Mind Fitness
- Exercise Demos
- Cooking Lessons, Demos & Dieting
- Relaxing Massages Available
- Oral Health For All Ages
- Pet Health

*Hosted by*



## HealthLinks CHARLESTON

For More Information,  
Call 843.732.4110

[WWW.CHARLESTONPHYSICIANS.COM/EXPO](http://WWW.CHARLESTONPHYSICIANS.COM/EXPO)



Discover why  
over 17 million  
homeowners  
trust State Farm®.

**Tony Pope, Agent**  
3044 North Highway 17  
Mt Pleasant, SC 29466  
Bus: 843-884-3400  
www.tonypopeagent.com

With your new home comes new responsibilities – like protecting your new investment with the right amount of homeowners insurance. That's where I can help.  
**Like a good neighbor, State Farm is there.®**  
**CALL ME TODAY.**



0907507.1 State Farm Fire and Casualty Company,  
State Farm General Insurance Company, Bloomington, IL

## ALPHA DOG TRAINING'S



# POOCH PALACE

### DOG BOARDING AND DAYCARE

- 10 hours of monitored playtime 7 days a week!
- Enormous fenced play yard covered in professional astroturf
- Huge 30 x 15 pool to dive or splash in
- Couches and beds for everyone
- Separate indoor/outdoor area for small & big dogs
- Tennis balls thrown all day long
- Cleanest, largest facility in town
- 16,000 square feet of climate-controlled indoor space for playing and lounging
- Owned by professional dog trainer
- Managed by Vet technicians
- Safe, Fun & Controlled - Exclusive features
- 6 hours of play time on major holidays!



**POOCH PALACE  
MT PLEASANT**  
463 Long Point Rd  
Mt Pleasant, SC 29464  
p: 843.216.6529

**POOCH PALACE NORTH  
CHARLESTON**  
3357 Business Circle  
North Charleston, SC 29418  
p: 843.804.9719

Hours: 7 days/week from 7am to 7pm (closed between 12-2)

**WWW.CHARLESTONPOOCHPALACE.COM**

# This Joint is Legal.

**Natural, affordable  
pain relief**

\$ **29**\*

## Initial Visit

includes consultation, exam & adjustment

**THE JOINT®**  
**chiropractic**

**NO INSURANCE NEEDED**

**OPEN MONDAY - SATURDAY**

**WALK-INS WELCOME**

**STOP BY OUR CLINIC TODAY!**

**Towne Centre**

1113 Market Center Blvd.  
Mt. Pleasant, SC 29464  
(843) 884-2690

Mon - Fri: 10am - 7pm  
Saturday: 10am - 4pm

**thejoint.com**

# JANUARY

**7<sup>TH</sup> OVATION CONCERT SERIES**  
**TIME:** 3 p.m.  
**LOCATION:** Dock Street Theatre.

Featuring Grammy Award-winning violinist Karen Kim, this is sure to be a stunning performance of Beethoven's String Quartet. **For more information and ticket purchases, go to:** [www.chambermusiccharleston.com/th\\_event/ovation-concert-series-vienna](http://www.chambermusiccharleston.com/th_event/ovation-concert-series-vienna)



**10<sup>TH</sup> - 11<sup>TH</sup> CHARLESTON HEALTH AND WELLNESS EXPO**  
**TIME:** 10 a.m. - 7 p.m.  
**LOCATION:** Gaillard Municipal Auditorium.

The goal of this expo is to increase health awareness through the use of activities, demonstrations and more. Over 90 vendors are expected to participate in this event! **For more information, go to:** [www.charlestonphysicians.com/expo](http://www.charlestonphysicians.com/expo)

**19<sup>TH</sup> THE 5 BROWNS**  
**TIME:** 7:30 p.m.  
**LOCATION:** The Charleston Gaillard Center.

The first family of five siblings to attend the prestigious New York Juilliard School will be delivering an astounding performance in January. **For more information and ticket purchases, go to:** [www.gaillardcenter.org/event/5-browns/?instance\\_id=668](http://www.gaillardcenter.org/event/5-browns/?instance_id=668)

**28<sup>TH</sup> CABARET**  
**TIME:** 7:30 p.m.  
**LOCATION:** The Charleston Gaillard Center.

This popular play based on the Tony Award-winning production is coming to Charleston! **For more information and ticket purchases, go to:** [www.gaillardcenter.org/event/cabaret/?instance\\_id=669](http://www.gaillardcenter.org/event/cabaret/?instance_id=669) ■

THE CITY OF WALTERBORO INVITES YOU

December 1st-3rd

Rock IN THE Holidays

Holiday OPEN HOUSE

The POLAR Express

Holiday PARADE AND TREE LIGHTING

FESTIVAL of TREES

Holiday TOUR of HOMES

ON THE FRONT PORCH OF THE LOWCOUNTRY™

3 DAYS. 5 EVENTS. 1 HOLIDAY WEEKEND.


FOR MORE INFORMATION VISIT  
[WALTERBOROSC.ORG/ROCK-HOLIDAYS](http://WALTERBOROSC.ORG/ROCK-HOLIDAYS)

Walterboro  
The Front Porch of the Lowcountry™

South Carolina  
Just right. 

TICKETS ON SALE NOW!

35<sup>th</sup> Annual  
 LOWCOUNTRY  
 OYSTER  
 FESTIVAL



SUNDAY, JANUARY 28, 2018  
[CHARLESTONRESTAURANTASSOCIATION.COM](http://CHARLESTONRESTAURANTASSOCIATION.COM)

# Wine (Down) Under the Oaks

## A Holiday Tradition

[ BY PAMELA BROWNSTEIN ]

Slipping wine, listening to live music, sampling savory local dishes, spending time with friends surrounded by the timeless beauty of the Lowcountry – Wine Under the Oaks at Boone Hall Plantation has taken the top pleasures in life and rolled them into one fabulous afternoon.

What started as a casual gathering 12 years ago on the front lawn at Boone Hall in Mount Pleasant has grown into the premier social event of the holiday season, moving to the back lawn of the plantation to accommodate more people. Last year, organizers saw a sold out crowd of 3,000 attendees.

This year, Wine Under the Oaks will take place on Sunday, Dec. 3, from 1 to 5 p.m. and promises to dazzle guests with an array of food and drink options and even opportunities to purchase gifts for the holidays. The event is presented in partnership with the stations of the Charleston Radio Group. With 60 plus tents, the huge event takes four days to set up, according to Boone Hall Plantation Director of Marketing Rick Benthall.

All ticket holders receive a commemorative wine glass, and complimentary tastings will be provided by nearly 25 wine distributors and winery partners, with more than 100 options available to sample. Admission also includes a food and wine pairing with complimentary samples provided by Boone Hall Farms and The Wine Shop; “breads and spreads”; complimentary dessert samples; and the ever-popular bubbles tent featuring a selection of champagnes and sparkling wines provided by the Biltmore Estate.

With the plantation home and grounds beautifully decorated for Christmas, Wine Under the Oaks is the perfect time to mark the start of the season.

“Mount Pleasant is such a great community, and there’s a festive spirit at this event with people coming together to celebrate the Christmas holidays,” Benthall said.

Charlton Singleton, known as the face of jazz in the Lowcountry, will perform live with other talented musicians from across the Southeast, entertaining guests with everything from classic rock to contemporary jazz.

The Culinary Institute at Trident Technical College will have a portable kitchen set up where two of Charleston’s talented chefs will present cooking



Photo courtesy of Boone Hall Plantation.

demonstrations – with dishes and accompanying wines the audience gets to sample.

Attendees can look forward to a silent auction that benefits the American Red Cross and features items such as concert tickets, jewelry and vacation trips. Special pricing on certain wines at the World of Wines retail tent as well as unique gift options from specialty vendors will be available. Foodies will rejoice at the gourmet selections at reduced prices from some of the area’s finest restaurants.

The cost for Wine Under the Oaks is \$52 per person; VIP tables for eight are available for \$500 each.

### NEW EVENT

Additionally, for the first time, Boone Hall will host “Uncorked,” a special fundraiser that is bound to be an unforgettable evening. This black tie event, which will be held Nov. 30 at the picturesque Cotton Dock, will feature specialty cocktails, gourmet hors d’oeuvres, live music and other merry diversions. A major portion of the proceeds from this event will go to support the community efforts of the Rotary of Mount Pleasant. 🍷

[ For tickets and more information for both events, visit [www.boonehallplantation.com](http://www.boonehallplantation.com) or call 843-884-4371. ]

# Little *Hearts* with Big *Ideas* Kids Giving Back



( BY KALENE MCCORT )

**W**ith the upcoming winter holidays, it isn't uncommon for children to present their parents with a list of gifts they absolutely must have. When the garland and lights come out of storage, most kids are preoccupied with what festively wrapped boxes will bear their names come Christmas morning or the first night of Hanukkah. But not in the case of sisters Anna and Tracy Musselwhite. One afternoon they decided to break out the lemons and sugar and squeeze away to procure enough cups to satisfy thirsty neighbors.

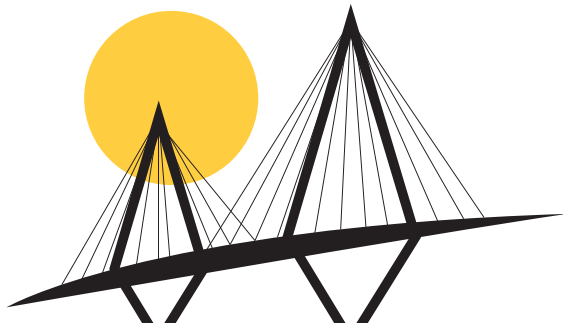
This classic act of entrepreneurship, by those not quite old enough to join the workforce, was not done to add to their own allowances. They didn't plan to keep the cash they collected from slinging the refreshing beverage. In a completely altruistic move, the girls decided to donate it all to their church so that kids less fortunate could have a memorable holiday. Proceeds went to cover the shipping costs of Operation Christmas Child, a program where gift-filled shoe boxes are mailed to recipients in more than 100 different countries.

"It makes me feel proud, obviously, but actually a little humbled to know that they are part of something bigger than they even realize," said the girls' mother, Cathy Musselwhite.



Operation Christmas Child is partly funded by LemonAid, started by sisters Anna and Tracy Musselwhite.

# Looking to make new friends?



**East Cooper Newcomers Club**

*A bridge to new friendships*  
[ecnewcomers.com](http://ecnewcomers.com)

East Cooper Newcomers Club (ECNC) welcomes women of all ages living in the East Cooper area, from new residents wanting to connect, to seasoned residents who are looking for ways to enrich their lives.

**All are welcome!**

We are an extraordinary group of women coming together to support each other through our social gatherings, philanthropic activities, educational programs, and special interest groups.

For more information, please email  
[info@ecnewcomers.com](mailto:info@ecnewcomers.com)



**ADVANCED ANIMAL CARE**  
 OF MT. PLEASANT

*Seasons Greetings from all of us at  
 Advanced Animal Care!*

Ask us about our new services:

Clinical Behavioral Therapy • Cold Laser Therapy

Hospice and End of Life Care



**Thank you Mount Pleasant  
 for voting for us!**



3373 S. Morgans Point Rd., Ste. 301 • Mt. Pleasant SC 29466  
**(843) 884-9838**



Hours: Monday-Friday 8am-6pm • Saturday 8am-1pm  
[www.advancedanimalcaremp.com](http://www.advancedanimalcaremp.com) • [www.facebook.com/AACMP](http://www.facebook.com/AACMP)



**FREE**

**Initial Physical Exam for New Clients**  
*Coupon must be present at time of service.*



What started as a modest lemonade stand in a Mount Pleasant suburban street has grown into a charity phenomenon that has stretched into other states. LemonAID has encouraged more children to spearhead initiatives to brighten the lives of the less fortunate.

“We have had six stands, in five states – Tennessee, North Carolina, Delaware Virginia and Georgia – join our nationwide Operation LemonAID team,” said Musselwhite. “Some of them haven’t had their stands yet, so we are still in the beginning stages. But we are very excited about the progress so far.”

Perhaps the most rewarding part goes along with hearing the positive reactions from those who open the door to find a package assembled with care and thought. Contents of the boxes range from toys and stuffed animals to personal hygiene items and school supplies.

“We have heard shoe box recipients speak as adults about how receiving a shoe box as a child was a life-changing experience for them because it introduced them to Jesus and gave them hope,” said Musselwhite. “Tracy hopes to get a pen pal this year by including her address in the shoe boxes we assemble.”

From appearances on “Lowcountry Live” to addressing the church’s congregation to gain more support for the initiative, the Musselwhite sisters are no strangers to the spotlight. Fueled by the unwavering will to help children who didn’t necessarily grow up with as much as they did continues to motivate them daily. The publicity of their generosity attracted the attention of The Samaritan’s Purse, a sister organization of Operation Christmas Child, prompting the group to send a representative to help boost fundraising.

“The most rewarding aspect would have to be the



excitement Anna and Tracy show every time more money is raised or more publicity is given to the project,” said Musselwhite. “The flip side is that they are so invested in it that they can get disappointed when something doesn’t go as planned. They were very upset about having to miss speaking at a national conference in Florida to promote their initiative because of Hurricane Irma. It actually broke my heart to see them so upset.”

While the stand has now moved to Hibben United Methodist Church, the sisters have savored watching it steamroll into a project much more significant than they could have ever foreseen back on that balmy summer day in their front yard. In August, the Musselwhite sisters raised over \$1,200 in just one day. However, this is still a few hundred dollars short of their goal. Interested donors are encouraged to log on to <https://give.classy.org/operationlemonaid> to help this worthy cause. Those who want to go a step further and get in on the action can also learn how to set up a LemonAID stand of their own.



## DIFFERENT – NOT LESS THAN

Stories on bullying often dominate the headlines. While we may not all agree on the source of these less than ideal situations, one thing we can all support is more compassion and acceptance within the school system.

Third-grade teacher Samantha Shealy is fostering empathy and understanding in her Carolina Park Elementary classroom. Last school year, after reading the *New York Times* bestseller “Wonder” with her students, she and character is built.

was inspired to form Project O.N.E.E., an acronym for Open minds + New knowledge + Empathy = Extraordinary change. In the R.J. Palacio novel, the protagonist of 10-year-old Auggie, who is singled out for his facial deformities, learns to find his voice, make lifelong friends and overcome obstacles.

Impressed with her students’ curiosity with this unlikely hero at the center of a story of resilience, Shealy made an effort to introduce more stories about unique individuals and even created a partnership in which special education students and her own could interact. The end result is a mutually beneficial venture in which hearts are touched, minds are expanded



“The Citadel Foundation supplied \$500 worth of books for my third grade classroom, and all of the text sets featured main characters with a varying ability,” said Shealy. “After the great success of the program last year, which started as reading with and educating students, stemmed into a buddy program that changed us all, we were eager to continue Project O.N.E.E., especially now that Miss O’Brien and myself were now under the same roof at Carolina Park.”

By shining a light on those in our society often deemed disabled and bringing to the forefront their special qualities, Shealy has kick-started a necessary dialogue



about acceptance and compassion.

“Our favorite line in “Wonder” is, “When given the choice between being right and being kind, choose kind,” said Shealy. “My students learned that kindness is a choice. We choose to be kind. It became an honest effort to be as kind as we could to every person we encountered as we do not know what goes on in other’s lives.”

Project O.N.E.E. has already been praised by parents, faculty and community members who see the magnitude and impact it has had on all parties involved. Transformation can be seen on both sides, even prompting some students to take their efforts beyond the walls of the classroom.

“We have received nothing but positive feedback,” said Shealy. “I have had students take the initiative to volunteer at outside events, participate

in the Walk for Autism and continue to spread kindness daily. Parents have been thrilled not only with what their students are learning academically through Project O.N.E.E. but the values that are being instilled in their children as well.”

“Seeing how special education students can interact, communicate and socialize with their peers is an extremely rewarding experience,” said Elizabeth O’Brien, a special education teacher at Carolina Park. “The buddies are sincere, loving and passionate students who are impacting their peers in significant ways. Our buddies are helping with academic, functional and daily living skills while helping our students love school.”

From helping the special education class with fine motor skills to socialization, Mrs. Shealy’s third-graders have truly surpassed expectations – perhaps laying the groundwork for future careers as speech pathologists or physical therapists.

“Simple skills such as making eye contact, holding a conversation or knowing how to greet someone appropriately are skills most people take for granted, while our special education students must have models and practice to learn these skills,” said

*Remember, it doesn't have to be new to be awesome!*



2700 North Hwy 17  
Mount Pleasant, SC 29466

at Brickyard Plantation

**(843) 606-2715**

[www.NextToNewSC.com](http://www.NextToNewSC.com)

**f** Monday-Thursday 10-6  
Friday-Saturday 10-5

— Hey y'all —  
**COME ON OVER**  
this holiday season

Come on over and find holiday magic with the Town of Mount Pleasant. Rediscover your Christmas spirit by enjoying our free holiday events, indulging in true Lowcountry cuisine, exploring the past at a historical attraction or finding the perfect gift at our unique shops.

*Mount Pleasant*  
SOUTH CAROLINA

[ExperienceMountPleasant.com](http://ExperienceMountPleasant.com)

#MPHolidayMagic / #VoteTheFloatMP

**Holiday Farmers  
Market & Craft Show**

**DECEMBER 9**

Farmers Market Pavilion  
11 am – 4 pm

**22nd. Annual Tree Lighting  
& Christmas Light Parade**

**DECEMBER 10**

Coleman Boulevard / 5:30 pm



**NEW**

TOTAL BODY  
**STRETCH**

EXPERIENCE A

**30** MINUTE  
SESSION  
FOR ONLY \$31

Introducing the:

**stret&METHOD**

Flexibility • Mobility • Performance

[MassageEnvy.com/Stretch](http://MassageEnvy.com/Stretch)

**MOUNT PLEASANT**

1948 Long Grove Drive, Suite 4  
Seaside Farms at Rifle Range Road  
(843) 849-7377

**MT PLEASANT - HOUSTON NORTHCUTT**

903 Houston Northcutt Rd.  
Patriots Plaza near Whole Foods  
(843) 216-3689

Open Late Nights & Weekends

**ME** **Massage Envy™**

DISCLAIMER: \*Pricing is based on introductory rate available to first time guests. Prices subject to change. A 30-minute stretch session includes 25-minutes of hands-on time and 5-minutes of consultation, which occurs pre and post service. Stretching is generally known to help ease pain and tension and increase mobility. Stretch services are not intended to diagnose, prevent, or treat any medical condition, and you should consult your doctor if you are experiencing continual or severe pain in any area of your body. Individual results may vary. Rates and services may vary by franchised location and session. Additional local taxes and fees may apply. Not all Massage Envy locations offer all services. For a specific list of services available, check with the specific location or see [MassageEnvy.com](http://MassageEnvy.com). Each Massage Envy franchised location is independently owned and operated. ©2017 Massage Envy Franchising, LLC.

O'Brien. "Having peer buddies and models for our students have helped them reach many functional skill goals."

"I believe this is what teaching is all about," said Shealy. "I want my students to grow into the best citizens they can be. If we instill a genuine love for all people at an early age, it can potentially change a child's life forever."

Having the ability to put yourself in another's shoes is at the core of Project O.N.E.E.

"We do not know the hardships they may or may not face," said Shealy. "We all have different qualities to bring to the table and those are to be valued. My students quickly began to discover that we all want to be treated with respect and kindness. I have found my students sitting with children eating alone, asking a child that is alone on the playground to play and being genuinely nice to others."

This movement that has grown simply from a passionate educator adding a unique book to her lesson plan continues to gain momentum. Both Shealy and



O'Brien are excited to bring new ideas to this evolving program in the next school year.

"Seeing genuine relationships established between children whose paths would have probably never crossed and become like family has been the most rewarding piece of Project O.N.E.E.," said Shealy. "Witnessing the bond between big buddies and little buddies is truly indescribable. Watching students make the decision to be kind and think about others' needs at such a young age is incredible." 🐼

**MAY YOUR DAYS BE MERRY, AND YOUR SMILE BRIGHT!**



**Wando Family Dentistry**

At Wando Family Dentistry, we are committed to the highest level of comprehensive dental care for our patients.

We want our patients to feel at home as soon as they walk through the door and to leave smiling.

*The Art & Science of Dentistry*

3377 S. Morgans Point Road • Suite 411 • Mt. Pleasant, SC  
N. Hwy 17 across from Park West and adjacent to Charleston National

(843) 972-9700  
[www.WandoFamilyDentistry.com](http://www.WandoFamilyDentistry.com)

General & Cosmetic Dentistry. No Insurance? Ask about our VIP programs!



# Bringing *Cheer* to Those Who *Need* It

## Without Walls Ministry

[ BY DIANE PAULDINE ]

As the holiday season approaches, people are once again preparing for the traditions and festivities that abound at breakneck speed this time of year. There's always so much to look forward to – visiting family and friends, trimming the tree, traditional holiday feasts and, of course, a hopeful visit from the jolly man himself, Santa Claus. It's a special time of year for most people, but for some it's quite the opposite. One local charity tries to make Christmas Day unforgettable for those who need a little extra help.

Without Walls Ministry, a nonprofit established in 2011, partners with local churches, humanitarian groups, businesses and civic organizations to meet the needs of impoverished families. Although they help Lowcountry families throughout the year, Pastor Gordon Cashwell, founder and director, said Christmas is a particularly tough day for many people in Charleston, Mount Pleasant and surrounding communities. His main goal was to bring the focus back to what Christmas was intended to be about, and hopefully help bring some happiness to local families in need.

Cashwell recalled that he and a friend were talking one day about how commercialized Christmas had become and “it no longer represented what it was intended to be about or at least what our interpretation of that was,” he said. “We realized Christmas was a challenging time for many people for a variety of reasons, and we decided to throw a big birthday party to celebrate the birth of Jesus.”

Without Walls connected with The Citadel, which “was very kind in helping and allowed us to put on the event at the stadium,” Cashwell explained. “We had already coordinated some large-scale events that were citywide and felt we had the resources and connections to put on a really big party.”

They held the first “birthday party” on Christmas Day in 2012, and the event has grown tremendously every year since. Along with many businesses, sponsors, churches and other nonprofits, Without Walls will host its sixth annual



Christmas at The Citadel’s Johnson Hagood Stadium on Dec. 25. About 700 people attended in 2012, and several thousand are expected for this year’s event.

“We hope it’s the largest Christmas/birthday party in the Lowcountry,” Cashwell added.

He said what surprises him most is the number of volunteers who show up on Christmas Day to help.

“It’s become a part of their Christmas tradition. They come with their families to help for part of the day and then go do their own celebration afterwards. Volunteers have told us that they never experienced anything like it before, and it was the best part of their holiday,” he said.

This year’s event has a country music theme, with bands, local sponsors and speakers.

“We try to make the event not all about people who

need something but more like a big holiday celebration,” Cashwell said. “There’s a lot of food, games, music and even a live manger scene.”

Children who attend will receive a special Christmas box, gifts and “we try to give a bike to every child who asks for one,” he added. “This is made possible by our sponsors, volunteers and people who donate new or gently used items to us.”

Last year, the ministry gave out 400 bikes, 800 other gifts for kids, 2,000 meals and 3,000 coats, blankets and pairs of socks. This year, Without Wall’s goal is to distribute 500 bikes, 1,000 gifts, 3,000 meals and 4,000 blankets, coats and socks.

Cashwell said they’re able to help local kids because of their tremendous outreach to other local churches, businesses and support from those in the community.

“If anyone is interested in donating a new or gently



used bike, they can drop it off at Easy Rider Bikes in Mount Pleasant. The owner fixes them up for us and does a fantastic job,” he said.

During this special celebration on Christmas Day, kids not only receive great food and gifts but can also get medical and dental screenings and even haircuts. It’s a day for the entire family.

“Whether you want to participate, volunteer some of your time before celebrating with your own family or if you don’t have other plans for the day, come out and see us,” Cashwell said. “It’ll be the best Christmas you’ve ever experienced.” 🦋

For more information, visit [www.WithoutWallsMinistry.org](http://www.WithoutWallsMinistry.org).

# ENJOY LIFE IN AMERICA'S #1 SELLING HOT TUB



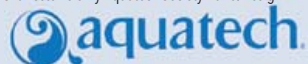
## SPA VALET PACKAGE WITH ANY HOTSPRING SPA PURCHASE

This includes:  
 Pre-Site Consultation  
 Standard Spa  
 Delivery & Set-up  
 Orientation & Tutorial (with follow-up, as needed)  
 Full Chemical Package  
 Unlimited in store water tests

**\$1,200.00 VALUE!!!**

POOL AND SPA CONSTRUCTION • HOTSPRING SPAS • SERVICE AND REPAIR • WEEKLY MAINTENANCE • POOL CHEMICALS AND ACCESSORIES

Charleston's only Aquatech Society Build/Design Firm



1113 Bowman Road • Mt. Pleasant, SC 29464 • 843.881.3068 • www.atkinsonpools.com



# Water's Edge Dentistry

Excellence in Cosmetic, Restorative & Family Dentistry



## Looking for YOUR local dentist?

Dr Nicole Dahlkemper & Dr Gerry George welcome you to Water's Edge Dentistry.

### NEW PATIENT OFFERS:

- FREE take-home whitening!! (after exam, xray, cleaning)
- \$100 off other whitening treatments
- CALL for Cosmetic Specials!!

WatersEdgeSC.com / 843.884.6166  
 1203 Two Island Court, #101, Mount Pleasant, SC 29466

# Getting People Excited About Great Causes

## Tom Crawford's Benefit Auctions

( BY ANNIE STOPPELBEIN )

Most in Mount Pleasant would recognize Tom Crawford as the friendly face from Channel 4 News. He is rounding out nearly three decades on broadcast television as an award-winning meteorologist and news anchor and thriving in his current time spot on Lowcountry Live.

When he is not in front of the camera, Crawford wears another hat – that of a benefit auctioneer specialist. Over the past 10 years, working about 40 auctions per year, he's gotten very good at what he does. With his expertise and charisma, Crawford is able to bring in over \$10 million for



Photo courtesy of Lowcountry Live.

not-for-profit organizations each year.

Crawford has worked with several East Cooper benefit auctions over the years, including those of East Cooper Community Outreach, East Cooper Meals on Wheels, Belle Hall Elementary and the American Red Cross, which now holds its galas in Mount Pleasant.

“Many Mount Pleasant residents frequent a number of my events, both being held East of the Cooper and other areas,” Crawford said.

He has worked events in Mount Pleasant locations such as the Yorktown at Patriots Point, Alhambra Hall, Memorial Waterfront Park and the Omar Shrine Temple.

Crawford was first inspired to pursue auctioneering nearly 10 years ago, after teaming up with a local auctioneer, Doug Warner, for a fundraising event at Trident Technical College. Crawford described the auction items, while Warner was the auctioneer. He continued to describe for Warner at several events before deciding to pursue his own auctioneer license. The profession appealed to Crawford's altruistic nature.



Photo by Docent Prodigy.

# PEARCE LAW FIRM, LLC

REAL ESTATE



*Your key to a  
successful transaction.*



- REAL ESTATE LAW
- CLOSING SERVICES
- SIMPLE ESTATE PLANNING
- LEGAL REFERRALS FOR ALL OF YOUR LEGAL NEEDS

DIXON F. PEARCE, II, ATTORNEY AT LAW

(P) 843.972.0860

1476 BEN SAWYER BLVD., SUITE 1, MT. PLEASANT, SC 29464

(F) 843.972.0861

[WWW.PEARCE-LAW.COM](http://WWW.PEARCE-LAW.COM)

# Happy Holidays

*From Drs. Rahn and Tamika Ravenell and the staff of Coastal Podiatry, LLC*

We are committed to providing expert diagnosis, treatment and rehabilitation in a caring and compassionate manner. At Coastal Podiatry we offer a full range of podiatric services including specialty footcare and reconstructive surgery to help relieve pain and restore your active lifestyle using our comprehensive and extensive training to insure our patients receive up-to-date world class care.



## Coastal Podiatry, LLC

Specialty Footcare and Reconstructive Surgery

**Coastal Podiatry, LLC**  
180 Wingo Way, #201  
Mount Pleasant  
(843) 856-5337

“It’s a great way to help many not-for-profits raise money that help out thousands in the local community,” Crawford said.

Of the 17,000 auctioneers in the United States, Crawford is one of only 250 designated as a benefit auctioneer specialist. What is the difference? To earn the title of benefit auctioneer specialist, Crawford completed extensive training and testing, first at the Southeastern School of Auctioneering and later at the Benefit Auctioneer Specialist School in Atlanta. He continues his education by attending numerous seminars to stay updated on the latest in benefit fundraising.

Crawford loves being in front of a crowd. After all, on Channel 4, thousands of people watch him every day. Not surprisingly, the requirements for working in television and



clients the latest tips for creating their gala and meets or conference calls with members of the organization a few times prior to the event to ensure they have an airtight plan, with no items left unaddressed.

“The timeline is very important and becomes a science, concerning when things are to happen during the evening,” he explained.

Everything from the order of the auction items to the quality of the audio and video needs to be perfect, according to Crawford, who added: “Doing it the right way can make a difference in thousands of dollars.”

Crawford shines on the night of the event. He makes sure he has someone with a great voice describing the auction items, while he works the crowd from the floor. He has an extraordinary ability to engage the audience and encourage bidding. He said every auction is memorable for both him and the organization holding the event. However, he added that by nature, a live auction is unpredictable.

“There was the James Beard fundraiser a couple of years ago. Darius Rucker was at the front table and had bid on an exclusive dinner package. I got another higher bid and was walking close to Darius, got on my knee, and sang ‘I only want to be with you for \$12,000.’ He wasn’t the highest bidder, but it sure was fun singing to Darius,” Crawford remembered.

His clients are consistently impressed by Crawford’s performance at their fundraising events.

“It happens often that my point of contact gets rather emotionally happy at the end of the night because of how much money has been raised,” he said.

His attention to detail, professionalism and sense of humor are what makes such a meaningful experience. For Crawford, that is what it’s all about: “People in the audience get excited, and I love seeing people get excited about great causes.” 🍷



as an auctioneer are similar. There is a specific personality type that works best for auctioneering. Crawford said they must be very outgoing: “I don’t know of any shy people in the business.” They also need to be good with numbers, able to adapt to last-minute changes and comfortable working closely with others.

Unlike regular auctioneers, Crawford is involved in the event from the beginning stages of planning. He sends his



Improving access in our community.

Please help us welcome Lori Ezman, M.D. OB/GYN

Welcoming new patients.

Dr. Ezman provides comprehensive ob/gyn care, and her special areas of interest include adolescent gynecology, menopausal management, preventative health maintenance and weight management.



Call 843-884-5133 or visit EastCooperDocs.com to schedule an appointment today.



851 Leonard Fulghum Blvd, Suite 201 Mt. Pleasant, SC 29464

10 A Farmfield Ave., Charleston, SC 29407



Bob McCormack Auto Technician

Bob McCormack learned to drive in his parents' 1967 Cutlass Supreme. His grandfather taught Bob and his siblings how to fix bicycles -- and then Bob started working on vehicles at the age of 16.

Today, Bob loves his work at East Cooper Auto Pros. He believes in being honest with customers and treating their vehicles as one of his own. He prides himself on helping his customers prioritize needs over wants, placing their safety first and doing his best to meet each budget.



Thank You Mount Pleasant for Voting us the Best!



1198 Shadow Drive (Off Chuck Dawley in Mt. Pleasant) Mon-Fri 8am - 5:30pm

843.881.2820

www.eastcooperautopros.com

# Peace, Serenity and Sacrifice

## Rihanna Hamilton's Story



Left to right: Back row: Jack Hensel, Michele Hensel and Jordan Hensel. Front row: Joshua Hensel, Jacob Hensel, Samantha Dansby (the Hensels' niece) and Rihanna Hamilton.

Photos courtesy of the Hensels.

BY KALENE MCCORT

When most of us take a vacation, we expect to come back with a tan and a newfound appreciation for the land we just explored. In 2014, Michele Hensel embarked on a trip that would change her life and ultimately grow her family. A visit to the Caribbean Island of Roatán left the Hensels with so much more than Instagram-worthy shots of cool blue waters.

Michele and her husband, Dr. Jack Hensel, stay busy as owners of Lowcountry Plastic Surgery, but both admit

that to continue to be successful, downtime is a must. In June of 2014, the Hensels visited Bananarama Dive and Beach Resort. Upon arrival, they were picked up by travel guide Steven Hamilton and got the chance to meet his daughter, Rihanna. What followed were days of rest and relaxation, where the Hensel children included Rihanna in sand castle making and dips in the sea.

“We have traveled all over, but this was the one place that we really fell in love with,” said Michele Hensel. “The people and the place just seemed so

*"We not only teach Dance and Gymnastics –  
We will teach your child to soar."*



"A gym monkey in tap shoes with a tutu"  
**ONLY at Tapio's.**  
**Come join the fun!**



Ranked as number 12 on the list of  
**"Top 50 Dance Studios in the USA",**  
Tapio offers a unique combination of excellence,  
quality and state-of-the-art instruction.

**843.884.9579**  
**455 Long Point Road, Suite A**  
**Mount Pleasant, SC 29464**  
**Tapioschool.com**



## We're Your Community Bank in the Lowcountry.



At South Atlantic Bank, you'll work with experienced bankers who share your love of the Lowcountry...in a setting where technology is used to enhance customer relationships, not replace them...and decisions are made locally.

NOW OPEN

930 JOHNNIE DODDS BOULEVARD • 843.972.4300

480 EAST BAY STREET • 843.414.5900

SouthAtlantic.bank

### South Atlantic Bank®

*People You Know & Trust.*



<b>Ken Pickens</b> Exec. Vice President Charleston Region 843.972.4646 NMLS #1087949	<b>Cari Henderson</b> Retail Banking Mount Pleasant 843.972.4656 NMLS #1173545	<b>Brian Michel</b> Commercial Banking Mount Pleasant 843.972.4647 NMLS #776891
--	--	---

© 2017 South Atlantic Bank.  
Member FDIC | Equal Housing Lender



Above: Steven Hamilton and his daughter, Rihanny. Right: Rihanny and Michele Hensel.

inviting. At the end of our week, we exchanged info and promised to keep in touch.”

A few months after the Hensels returned to the States, tragedy struck when Michele’s father lost his life in a motorcycle accident. The Hensels packed their bags and returned to Roatán, looking for peace and serenity. On this trip, they learned young Rihanny had been struggling with her health since birth. Her symptoms were being treated, but she remained undiagnosed.

The Hensels returned to Mount Pleasant, but Steve and Rihanny remained on their minds. After completing a 2015 mission trip to the mainland of Honduras with their church, the Hensels learned Rihanny’s health was declining. They made it a priority to once again travel to Roatán to take her to get the proper testing necessary to uncover just what this ailment was. Extensive lab results revealed Rihanny had sickle cell anemia.

“When we arrived back to work, we were telling our story, and our medical aesthetician informed us that one of our patients was a sickle cell specialist,” said Hensel. “Come to find out she was not just a specialist – she was the director of the pediatric Sickle Cell Department at MUSC.”

The Hensels felt the overwhelming call to help this little girl and started to take the necessary steps to bring Rihanny to the States both for treatment and schooling.

“This is such a treatable disease in our country but not in Roatán,” said Hensel. “Her doctor stated that there

was nothing else he could do for her there, but he would write a letter to the embassy to see about getting her to the States for medical care.”

The Hensels quickly went into action mode, writing letters to help Rihanny secure a passport to come to the United States. While many of her days in Roatán were marked by hospital visits, she now is improving, growing stronger and adjusting to life in the Lowcountry.

“Since her treatments have started, she has only had to be hospitalized once, and her lab level and overall health have improved dramatically due to the new medication she has been on,” said Hensel.

“The most positive impact is knowing that you are helping someone remain healthy and happy,” she continued. “The negative impact is that we are unable to get any type of insurance for her, so all of her hefty medical expenses are out-of-pocket. We have searched high and low for a way to get her insured but have not found any resources.”

The Hensels also have a goal to find sponsorship to



help Steven come to the United States.

“The true angel in this story is Rihanny’s father,” said Hensel. “He loves her so much but was willing to sacrifice seeing her daily to help her get well and be educated.”

While Rihanny looks forward to the day she can be reunited with her dad, for now she cherishes living the life of a typical Mount Pleasant 8-year-old, playing with her siblings and splashing in the waves on Sullivan’s Island.

“It feels really good to make a positive impact in someone’s life,” said Hensel. “I pray that when my children are older, they will learn from what we do for others and pay it forward.” 🙏



**CELL PHONE REPAIR**  
We Save Your Mobile Life™

We fix your phones, computers, and tablets at the **best prices** with a **lifetime warranty**




Call Us Today For a Free Estimate  
**843.936.7000**  
[www.cellphonerepair.com](http://www.cellphonerepair.com)

**Creative Nails & Spa** of Belle Hall WALK-INS WELCOME




<p>BELLE HALL CREATIVE NAILS</p> <p><b>PEDICURE SPECIAL</b></p> <p>only <b>\$25.00</b></p>	<p>BELLE HALL CREATIVE NAILS</p> <p><b>MANICURE &amp; PEDICURE</b></p> <p>only <b>\$38.00</b></p>	<p>BELLE HALL CREATIVE NAILS</p> <p><b>EYEBROW WAXING</b></p> <p>only <b>\$12.00</b></p>
<p>BELLE HALL CREATIVE NAILS</p> <p><b>NEW!!(SNS) DIPPING POWDER</b> <small>(Healthy for your nails by adding calcium and vitamin E)</small></p> <p><b>\$2.00 OFF</b></p>	<p>BELLE HALL CREATIVE NAILS</p> <p><b>GEL SHELLAC</b> <small>Lasts for 2 Weeks. Variety of colors.</small></p> <p><b>\$5.00 OFF</b> <small>(WITH PEDICURE)</small></p>	<p>BELLE HALL CREATIVE NAILS</p> <p><b>KIDDIE SPA CHAIR PEDICURE</b></p> <p>only <b>\$15.00</b> <small>Kids under 10 years old.</small></p>

All Coupons valid at Belle Hall Location Only. Valid Monday-Wednesday Only. One coupon per person. Offer may not be combined. Expires 2/1/2018.

644 N. Long Point Rd., Mt. Pleasant SC M-Sat 9:30am-7:00pm  
Belle Hall Shopping Center Sun 11:30am-5:00pm

**843.971.9333** | **CreativeNailsBelleHall**

# VOTED BEST Credit Union




**Bank with the rest? Switch to the best...**

Open Simple Checking, our most popular account, and see why your neighbors think we're #1!

- Discounted vehicle loan rates\*
- 24/7 access to your account through Online Banking, Mobile Banking\*\* and Phone Banking
- Surcharge-free access at over 55,000 ATMs worldwide

Apply now at one of our conveniently-located Mt. Pleasant financial centers or by visiting [scfederal.org/best](http://scfederal.org/best)

843-797-8300 (Charleston)  
800-845-0432 (Nationwide)



**SOUTH CAROLINA FEDERAL CREDIT UNION™**

**LIFESIMPLIFIED™**

---

\*Subject to loan approval. Offer applies to external refinances only. Discount only available when payment is automatically deducted from Simple Checking or Premium Checking.  
\*\*Free service provided by South Carolina Federal Credit Union. Consult your mobile provider for any fees associated with your service.

Federally insured by NCUA

# Doing Good Things All Year

## My Sister's House

[ BY BRIAN SHERMAN ]

**M**y Sister's House has been serving as a haven for abused women and their children for nearly four decades. In addition to providing a safe place to live for a few days or even a few months, the organization, launched in 1980, offers a wide range of services that make it possible for women to escape abusive relationships, remove their kids from dangerous situations and steer their lives in a more productive direction.

Each year during the Christmas season, at least for a few precious hours, the women and children who have lived at My Sister's House can forget about the rigors of real life and turn their attention to food, presents and an appearance by Santa Claus himself.

The organization's holiday party is scheduled for Dec.

20. Around 55 people attended in 2016, and a similar number are expected to show up and enjoy the fun and festivities this year.

"For some kids, these will be the only gifts they will get," said My Sister's House Executive Director Tosha Connors. "We're really just trying to make it fun for them."

Santa Claus is an important part of any holiday party, of course, and will be the main attraction for the kids who have spent time at My Sister's House during the past two years. The women who have lived at the facility will get a break as well, according to Director of Development and Marketing Tonya Pilkenton. The party will be catered by volunteers – the Lowcountry Ladies Exchange Club – so moms won't be required to cook that night, and they also will be able to "shop" from among the donated gifts to give to their kids on the big day.

"The party is awesome," said Elyse Jones, a child therapist who lives in Mount Pleasant and transitioned from full-time employee to volunteer at My Sister's House earlier this year.

Pilkenton added that though there usually will be more than enough stuffed animals and other presents for the youngsters, the organization might be a little short on gifts for those in other age groups.

"The women also have wish lists, and we're notoriously



Photo courtesy of My Sister's House.

My Sister's House volunteers load Christmas gifts for delivery to the organization's 2016 holiday party.

short on presents for women, teenagers and special needs kids," she said, adding that those who want to donate gifts or volunteer their time should call the organization's

administrative offices at 843-747-4069 or visit [www.mysistershouse.org](http://www.mysistershouse.org).

In addition to the party, My Sister's House also organizes a trip to the Holiday Festival of Lights on James Island.

Volunteers are a vital part of the organization's success. Jones, a licensed professional counselor, said 110 people donate their time and talent to My Sister's House, 24 of them from Mount Pleasant. As an employee, Jones assessed the needs of kids living at the shelter, and, if necessary, referred them to other professionals such as physical or speech therapists. She was "heavily involved" with the Christmas party when she worked for the organization and is a key player in the holiday festivities as a volunteer. Her job, she said, is "organizing the chaos."

"I believe in the services we offer," Jones said, explaining why she wanted to remain involved in the organization. "These are my surrogate kids."

For security reasons, the location of the 36-bed shelter is a secret. In 2016, 204 adults and 185 kids stayed there, typically for 20 to 30 days, according to Connors. Some women have remained at My Sister's House for up to two months or even longer, if necessary. The organization also took nearly 3,000 phone calls on its crisis line, which is

manned by volunteers.

Connors said the organization does not require a police report or any other documentation from women who are trying to escape domestic violence. All they need to do is make it to a hospital or police station to be picked up and transported to the shelter.

My Sister's House provides other services besides a place to stay. The organization's outreach specialists are available to speak to church, school and civic groups about how domestic violence affects the lives of victims and their families. My Sister's House also organizes support groups that meet throughout Charleston, Berkeley and Dorchester County. In addition, the organization helps victims of domestic violence file criminal charges or orders of protection against their abusers.

All this is necessary because South Carolina currently ranks fifth in the nation in an ominous category: In 2015, 46 women were killed by men in the Palmetto State.

According to Pilkenton, My Sister's House needs the support of the community to turn those statistics around. She said that 81 cents of every dollar donated to the organization is spent on programs and services, pointing out that the industry standard is 75 percent.

"We're doing good things," she said. 🌸

## We take care of the *Whole* woman

FIRST IN THE STATE TO OFFER THE **MONA LISA TOUCH.**

OBGYN SERVICES | WEIGHT LOSS | AESTHETIC SERVICES  
BIO-IDENTICAL HORMONE REPLACEMENT THERAPY



**\$79.00**

**WEIGHT LOSS PROGRAM**

Includes: 8-B-12/LIPO shots,  
Consultation,  
Body Composition Analysis  
Limit 1 per patient. First Time Patient only.

**MONA LISA TOUCH**

Treatment for Urinary  
Incontinence, Vaginal Atrophy,  
Vaginal Dryness

**FREE CONSULTATION**

**ESTHETIC SERVICES**

**\$9.00 Botox**  
(with this ad)

**10% OFF**

all Esthetic Services

1300 Hospital Drive Suite 380 | Mount Pleasant, SC 29464 | 843.884.2206

[www.palmettowomenshealth.com](http://www.palmettowomenshealth.com)

Photos courtesy of Litton Entertainment.



Left: Bryan Curb, center, producer and director of "The Inspectors." Right: Cast members Bret Green and Harrison Knight.

# Your Local Dream Team

## Mount Pleasant's Litton Entertainment

( BY BRIAN SHERMAN )

**L**itton Entertainment's talented team of TV experts travels the world to produce shows watched by tens of millions of viewers each year. Though they regularly visit at least five of the six continents in their quest for excellence in the world of educational and informational television, the company, its owner and the executive producer of many of its projects all are based in Mount Pleasant.

Headquartered on Johnnie Dodds Boulevard and owned by local resident Dave Morgan, Litton Entertainment has been in Mount Pleasant since the early 1990s. The company's news and entertainment programs, produced for major networks including ABC, CBS, NBC and The CW, can be seen in 97 countries across the globe. Many of them are shot on location around the world, but one, "The Inspectors," which airs at 8:30 Sunday morning in the Charleston market, is filmed in a renovated manufacturing facility in North Charleston.

"We've turned it into a massive sound stage," said Bryan Curb, the producer and director of the show, which opened its third season on the air in early October. "It's big enough to handle all our production and all our

administration. We do our writing here and build our sets and props here."

Litton Entertainment will be shooting the 26 episodes of the show's fourth season through the end of 2017, and a fifth season is a possibility as well. Curb, who moved to Mount Pleasant from the West Coast with his wife and two sons in 2014, said his job includes writing, polishing scripts and directing, among other tasks.

"I do everything from choosing what lens to use to rewriting a line on the set," he explained.

"The Inspectors" is part of "The CBS Dream Team ... It's Epic!", which includes six half-hour shows created to educate and inspire teenagers. Though the programs focus on 15- and 16-year-olds, they also are aimed at attracting the attention of their parents.

"Our shows try to accomplish a co-viewing experience, where kids enjoy them as much as the parents do and vice versa," Curb pointed out, adding that over the course of a year, 50 million to 60 million people learn from programs produced by Litton Entertainment.

"Our number one purpose is to entertain families and teach lessons to younger viewers about life, choices and how to treat people and handle situations," he said.

The cast of “The Inspectors” includes Jessica Lundy and Terry Serpico as United States Postal Inspection Service officers Amanda Wainwright and Mitch Ohlmeyer; Bret

All episodes of the show are based on actual cases investigated by the USPS.

“Everything from bombs in the mail to anthrax. We



Left: Cast members Terry Serpico and Jessica Lundy. Right: The show is filmed in a renovated manufacturing facility in North Charleston.

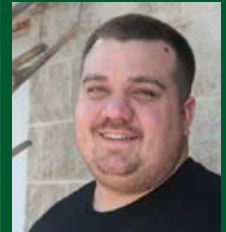
Green as Amanda’s son Preston; and Charmin Lee as Dr. Georgia Darby, who runs the USPS crime lab. Curb said most of the cast, which also includes Harrison Knight and Eric Marie Sanchez, lives in Los Angeles, while Serpico is a Mount Pleasant resident.

cover all different types of crimes. We work with the Postal Inspection Service to derive stories that come from real experiences,” Curb said.

So if you want to avoid being scammed by those who use the U.S. mail to rip people off or if you’re concerned



Congratulations to **Keisha Arline** our new Operations Manager and Lead Body Technician **Justin Johnson**.



**Do you know the difference in quality?**

Ask the professionals at Ascues.

We only use **OEM** parts for top quality repairs.

**NO AFTERMARKET • NO KNOCK OFFS.**

*Family Owned and Operated Since 1968*

1725 Highway 17 N. Mt. Pleasant

**(843) 884-6862**

[www.AscuesAutoBody.com](http://www.AscuesAutoBody.com)

about an unscrupulous company stealing and obtaining a patent based on your innovative ideas, you might want to tune in to “The Inspectors” on Sunday morning.

“We figure out how to make these crimes relative to the present day. Every single story we do is based on an actual event,” Curb noted, pointing out that the USPIS is the oldest law enforcement entity in the country.

“Our shows are actually a cautionary tale for people who watch them, and we also look at morals and dealing with relationships and family situations,” he added.

The rest of the “Dream Team” lineup produced by Litton Entertainment for CBS includes two half-hour installments of “Lucky Dog,” “Dr. Chris Pet Vet” and “The Open Road with Dr. Chris,” which air on Saturday morning, and “Innovation Nation,” which is on at 8 a.m. Sunday, just before “The Inspectors.”

Because Curb is the executive producer of many Litton shows, he’s usually on the set for at least the first couple of episodes. As a result, he has recently traveled to Sweden, Bangkok, Australia, Miami and Alaska.

“At any given time, one of our crews might be on almost every one of the continents,” he said.

But when Curb isn’t on the road, the place he calls home is Mount Pleasant, South Carolina. 🐾

# EARTHWISE

Pet Supply • Grooming • Self Wash



Stella & Chewy's  
Primal  
Grandma Lucy's  
The Honest Kitchen  
Canidae  
Nutrisource  
Pure Vita  
Fromm  
Acana  
Orijen  
Nature's Logic  
Nulo  
Zignature  
Earthborn  
Health Extension  
...and more!

EarthWise Pet Supply  
619 Johnnie Dodds Blvd  
Mount Pleasant, SC 29464  
843.388.5225  
[www.earthwisepet.com](http://www.earthwisepet.com)  
(Next to Aldi Grocery)

All-Natural  
Pet products  
that fit any  
budget.

Locally owned and operated.

## SLEIGH BELLS RING... CAN YOU HEAR THEM?

**advanced**  
hearing care

Don't miss a minute of joy  
this holiday season!

Give yourself a worthwhile gift this year...

**THE GIFT OF  
BETTER HEARING.**

Make the most of your holiday season by  
scheduling an appointment today!

**(843) 606-5658**



Voted Best  
Practice in  
Mount Pleasant!

Dr. Mary Anne Larkin  
Dr. Juliette Gassert  
Board Certified Audiologists  
Over 35 years of experience



Find us on  
Facebook

900 Johnnie Dodds Blvd. Ste. 101, Mt. Pleasant, SC 29464  
(843) 606-5658 | [www.advhearing.com](http://www.advhearing.com)



Photos by Brian Sherman.

# Paved With Good *Intentions*

## Work Has Begun on Coleman Boulevard

[ BY BRIAN SHERMAN ]

**W**ork is underway on Coleman Boulevard in Mount Pleasant that will greatly improve the area's drainage situation and add both functionality and charm to a corridor that

handles approximately 30,000 vehicles a day.

Motorists began seeing traffic barrels in what was the right westbound lane of Coleman – and the disappearance of turn lanes in the center of the street – on Sept. 17. The



Right: Mount Pleasant Director of Transportation Brad Morrison checks out the progress on the work being completed on Coleman Boulevard.



project, which was supposed to launch on Sept. 11, was delayed six days by the rain that accompanied Hurricane Irma.

Improvements from Mill Street to Pherigo Street will be completed, in four phases, by August 2019, according to Mount Pleasant Director of Transportation Brad Morrison. The cost of the roadway portion is \$14.738 million, while \$3.464 is to be spent to relocate and upgrade utilities, for a total price tag of \$18.202 million.

When the work is done, the amount of storm water directed into nearby neighborhoods will be greatly reduced and the quality of the water that drains into Shem Creek will be enhanced as well. In addition, curbs, gutters and sidewalks are to be replaced, bike lanes and on-street parking will be added, a traffic signal will be installed at Pherigo Street and another one is to be replaced at Fairmont Street.

“The whole idea is to make Coleman Boulevard more bike-able and walkable,” said Morrison.

The contractor for the project is Blythe Development Co. of Charlotte, North Carolina, which was established in 1989 and now does almost \$110 million in business

annually. The Coleman Boulevard project is the first job the company has done for the town of Mount Pleasant. Blythe is currently working on improvements at the intersection of Highway 61 and Highway 7 in West Ashley; water, sewer, storm drainage and paving work and installing curbs and sidewalks in Coosaw Preserve; and similar work in Brighton Park in the Nexton development in Berkeley County.

Morrison pointed out that the Coleman Boulevard project will make Shem Creek a better place to live and play for local residents and for the fish and fowl that inhabit the town’s iconic waterway. A water quality device designed to remove sediment, trash and other undesirable items from the runoff into the creek is to be buried beneath the ground on Simmons Street, adjacent to the Moultrie Plaza parking lot.

Morrison, who has served in his current position since 2009, said Simmons Street will be completely closed at times but that Coleman will most likely remain open to traffic. When the median is installed, the work will be completed at night, and one lane each way will probably be closed.

“There probably won’t be a point where Coleman will be closed to all traffic,” he commented. “We might come across something unexpected where there will be full closure, but I don’t anticipate that happening. But with construction, you never know.”

The project will be completed in four stages. First, a

sewer main, a water line and the water quality device will be installed on Simmons Street, between Coleman and the Shem Creek Boat Landing, while drainage improvements, curbs, sidewalks and gutters are being completed on the west side of Coleman. This work is expected to be completed by April 2018. In Stage 2, scheduled for completion in December 2018, similar work will be done on the east side of Coleman. The center median will be built and landscaped during Stage 3, which is slated to be finished in May 2019. Paving and pavement markings will complete the project.

Morrison said the new bike lanes will start at Pelzer Street and cross the Shem Creek Bridge, which means there will be a bike lane all the way from Pherigo Street to Houston-Northcutt. On-street parking is to be added near Vincent Drive and Simmons Street.

According to Blythe Development Co. Project Manager Shane Gorry, the most difficult part of the Coleman Boulevard project will be relocating existing utilities.

“Coleman Boulevard is an urban corridor with a lot of underground utilities, including power, sewer, water, existing storm drainage, fiber optic lines and telephone lines,” he said. “Installing the new storm drainage and storm water treatment devices will involve a lot of coordination between the utility owners.”



Transportation Director Brad Morrison and Construction Liaison Ed Barbee point out that when the work is finished on Coleman Boulevard, the bike lane will go all the way from Pherigo Street to Houston-Northcutt.

He added that other challenges specific to Coleman Boulevard include safety issues on a heavily-traveled road; the fact that some of the storm drainage will be installed below sea level; and minimizing the impact to businesses along Coleman during construction.

“We’re doing our best to make it as least disruptive for



*“Dr. Ryan and the staff are very personable, thorough and have your best interest at heart with their obvious and commanding expertise. They communicate results, process, price and steps to improve your dental health clearly and with integrity. I highly recommend her and her capable, friendly staff for your dentistry needs!”*



**Dr. Kari Ryan and Dr. Kristi Dillard**  
[www.mtpleasantdentist.com](http://www.mtpleasantdentist.com)


**Allstate**

**PERSONAL SERVICE IN PERSON**

What does it mean to be IN good hands?<sup>SM</sup> It means you get me, a local expert agent to help you whenever you need it. I'll use my local knowledge to help protect you based on your specific needs. Call or stop in for a free Personalized Insurance Proposal today.

**IT'S GOOD TO BE IN**

**Personalized service. Trusted advice.**



► **Philip Bradley**  
 843-881-2886  
 Mt. Pleasant  
[philipbradley@allstate.com](mailto:philipbradley@allstate.com)  
[allstateagencies.com/philipbradley](http://allstateagencies.com/philipbradley)

Subject to terms, conditions and availability. Allstate Property and Casualty Insurance Co., Allstate Fire and Casualty Insurance Co., Allstate Indemnity Co., Allstate Vehicle and Property Insurance Co. © 2016 Allstate Insurance Co.

our businesses as possible,” Morrison said.

Ed Barbee, the town’s construction liaison, is serving as the intermediary between Blythe Development Co. and businesses on Coleman, “to let them know our schedule and impact to their property, which has helped keep an open line of communication,” Gorry said. Barbee has an office on Fairmont Street.

Morrison pointed out that the town plans to post updates concerning the construction work on its website, “so people can understand it.”

“For example, we might say, ‘In the next two weeks, this is the activity you will see,’” he explained.



Another unrelated Coleman Boulevard project is currently in the surveying and preliminary engineering stage. At a cost of just over \$5 million, a right turn lane will be added onto Coleman from Patriots Point Road, and there will be two left turn lanes, instead of one, from Coleman onto Patriots Point. In addition, turn lanes will be added on Magrath Darby Boulevard. The project is scheduled for completion in December 2020. 🐼

# ACCESS MORE ABOUT COLEMAN BOULEVARD

[www.ColemanBoulevard.com](http://www.ColemanBoulevard.com)



Learn about the merchants, restaurants, and professional services that make COLEMAN BOULEVARD Mount Pleasant's vibrant business district.

Read the latest digital version of *Mount Pleasant Magazine* when you visit this informative website.



Call Brandon Clark to learn about Internet and Print marketing.

[Brandon@MountPleasantMagazine.com](mailto:Brandon@MountPleasantMagazine.com)  
843.324.1979



# In the Name of *Freedom* Meet Local War Veterans

*Photos courtesy of the veterans.*

[ BY ANNE TOOLE ]

It's hard to imagine that when the United States entered World War II, the small town of Mount Pleasant and the entire East Coast were targeted by Hitler's U-boats. A dozen mines intended to destroy American merchant ships were laid around Charleston Harbor, and the possibility that those submarines could glide undetected to Shem Creek or Hobcaw Creek was very real. Bread wrappers from Claussen's Bakery – a popular Columbia bakery at the time that distributed its products in the Charleston area – had even been found in U-boat wreckage, indicating the Germans had indeed come ashore undetected. It was an incredibly uneasy time, and one that drove many brave souls to enlist.

When his uncle was killed in a U-boat torpedo attack off the coast of Cape Hatteras, North Carolina, Bryan Rowell's interest in joining the U.S. Navy was cemented. He enlisted as soon as the tobacco crop was gathered at his family's farm in Horry County the following fall.



Bryan Rowell, right, became interested in joining the U.S. Navy after his uncle was killed in a U-boat attack.

Today, a 94-year-old longtime Mount Pleasant resident, Rowell vividly recalls his time in the Pacific

Theater as a boatswain's mate and charter member of the USS Lindsey. He helped provide cover for the mine sweeps at the Battle of Iwo Jima and strafed its beaches, taking out six enemy shore guns from just a few dozen yards offshore as the Japanese fired back.

"I was a teenager then; I was all excited about it," he said, shaking his head. "I didn't have enough sense to be afraid."

Close calls during Japanese attacks were an everyday occurrence for Rowell, who shot down an enemy plane or two as well. But April 12, 1945, aboard the USS Lindsey, was one day he will never forget.

"It was the largest group of airplanes in the sky I've ever seen at one time, like a large covey of birds," he recalled.

Seven kamikaze planes peeled from that group and aimed for the ship. Two of the intruders were shot down and three turned away, but two kept coming. The first plane came in from the starboard side, where Rowell was a gunner.

"It came so close I could see the outline of the pilots' heads, and I breathed a prayer, 'Dear Lord, not now.' I shot the wing off. It flipped and hit the fire control room and another 20mm gun crew."

The second plane dropped a bomb on the ship's port side, blowing the bow off the ship and ripping out 120 feet up to the last watertight bulkhead. The captain's quick response to change from full speed ahead to full speed astern between impacts kept the ship from sinking.

"One of the gun turret's hydraulic motors hit right next to me. My pants were ripped open. I was in a state of shock; shrapnel holes in the deck that were no bigger than a quarter looked too big to step across." He paused. "In the cleanup, we found bodies with no heads, some with nothing beyond the navel. It reminded me of hog-killing time with bodies stacked upon another, except these were not hogs. They were people that I had known like family. Fifty-seven dead, 57 wounded. That's when the war became real."

At about the same time the USS Lindsey was being towed to dry dock, Staff Sgt. Mel Price, a B-29 radio operator in the U.S. Army Air Corps, was on his very first flight mission nearly 900 miles away. They were making an emergency landing on Iwo Jima. With 72 holes in the plane, rapidly losing oil and the bomb bay doors stuck open, the pilot said there was no way they could make it back to the base on Tinian.

"It was just a few weeks after the Battle of Iwo Jima in 1945. Twenty-thousand Marines were wounded and 7,000 died for B-29ers to be able to fly safely from Tinian to Japan and back. If it wasn't for Iwo Jima, I wouldn't be here today. I owe my life to the Marines."



Staff Sgt. Mel Price of the U.S. Army Air Corps.

During his year of service overseas, Price flew in three different B-29s and made another forced landing in Okinawa. High-altitude bombing had not been successful, and orders were to bomb at 8,000 feet in the daylight. To make the B-29s lighter, armor plates were taken out, the gunners were left at the base, and the turrets and ammo were stripped out. Essentially, the planes were easy, defenseless targets, full of explosives.

"It was more effective, but the losses were heavy. For every 100 planes that went out, five didn't make it back each day," he explained. "We received orders that nobody goes home until the war ends. I was only 19; I didn't have a brain at the time. I was sent there for a job, and that was my mission. I never thought I wouldn't come back."

Price recalled that Tinian was a beautiful island, but the food was terrible. The good food – cans of turkey, chicken and macaroni and cheese – were given only to those flying a mission each day. Many lived together in groups in low tents, sleeping on cots without sheets or pillows. When a space opened up in a Quonset hut, it was because that soldier was killed.

When the war ended, Price turned down a promotion that was offered if he re-enlisted and opted to take a ship

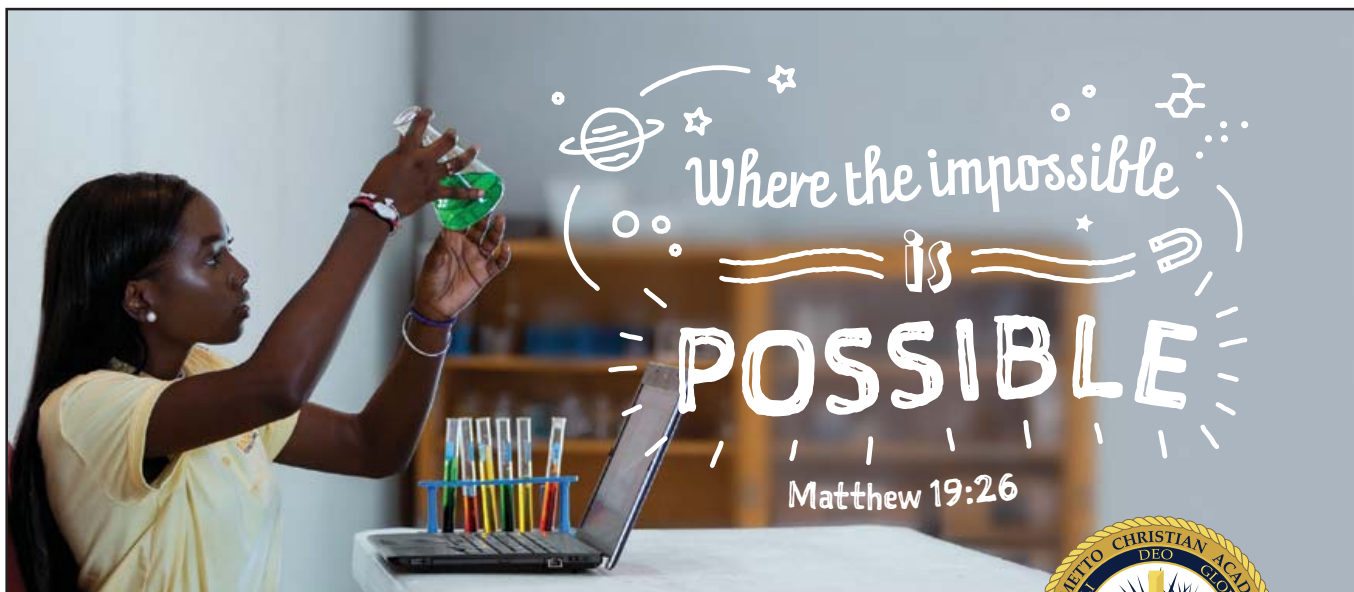


## LONG TERM ACUTE CARE

The average hospital is not designed to handle the demands of patients requiring long term acute care. That's why **VIBRA HOSPITAL OF CHARLESTON** is special. Our many services are focused on improving the lives and medical conditions of patients who need more acute care for their recovery or who are not yet ready to be transferred to a lower level of care, such as a skilled nursing facility or other sub-acute facility.

- Inpatient Services
- Specialty Services
- Pulmonary Care
- Complex Wound Care
- Dialysis
- ICU & Special Care Units
- IV Antibiotic Therapy
- Rehabilitation Services
- Pain Management
- Subacute Unit
- And more...

**VIBRA HOSPITAL OF CHARLESTON**  
 1200 Hospital Dr., Mt Pleasant, SC 29464  
 843.375.4000  
[www.vhcharleston.com](http://www.vhcharleston.com)



### We believe in the power of our students.

It's why we spent the past 25 years cultivating one of the most extensive and challenging curriculums available, offering more STEM-focused courses than ever before. Because when we give our students the tools they need to expand their minds and inspire their creativity, the possibilities are endless.



Feeling curious? Check out [VisitPCA.org](http://VisitPCA.org) today!



back to the United States.

“I told them no, I’d had enough. I thank God every night before I go to bed,” the Mount Pleasant resident said. “But I never met a coward when I was overseas – everyone’s life depended on everyone else.”

Although the times have changed since World War II, some still hear that call to serve. James Skelton moved to Mount Pleasant as a child in the 1980s and decided to join

you’re coming in, you’re trying to extract a team and have to be cautious because you don’t know where your friendlies are or any innocent villagers.”

Skelton met his now wife, Jill, in flight school. A captain, Marine Corps aviator and Super Stallion pilot as well, she planned many of his missions in Afghanistan.

“I did the flying; she did the planning,” he laughed.

Skelton served from 2005 to



James Skelton, with his wife, Jill, decided to join the military shortly before 9/11.

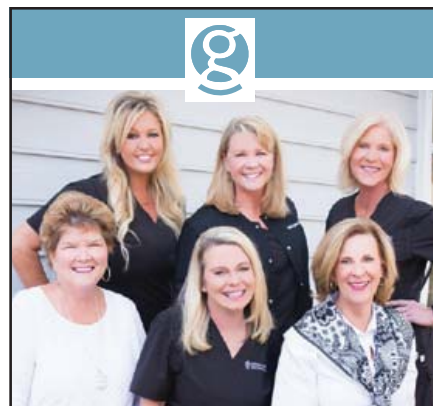
the military shortly before the 9/11 attacks, which happened during his freshman year at The Citadel.

As a Marine Corps officer, Skelton piloted a CH53 Super Stallion helicopter serving as assault support, transporting troops and special forces in and out of military hot zones.

“It wasn’t ever easy landing under fire at 2 a.m. in a foreign area with sand blowing everywhere,” he explained. “In many situations, we would try to go weapons hold – when

2014: “I miss the job. I love flying, but once you have a family, it gets harder.”

Today’s Mount Pleasant is a different world compared to the sleepy little 1940s town – or even what it was before 9/11 – but there are many who will never forget. We shouldn’t either. It’s important to thank our veterans – our friends, co-workers and neighbors – for the sacrifices they have made for us in the name of freedom. 🇺🇸

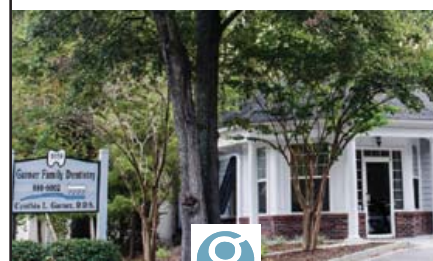


## GARNER FAMILY DENTISTRY, LLC.

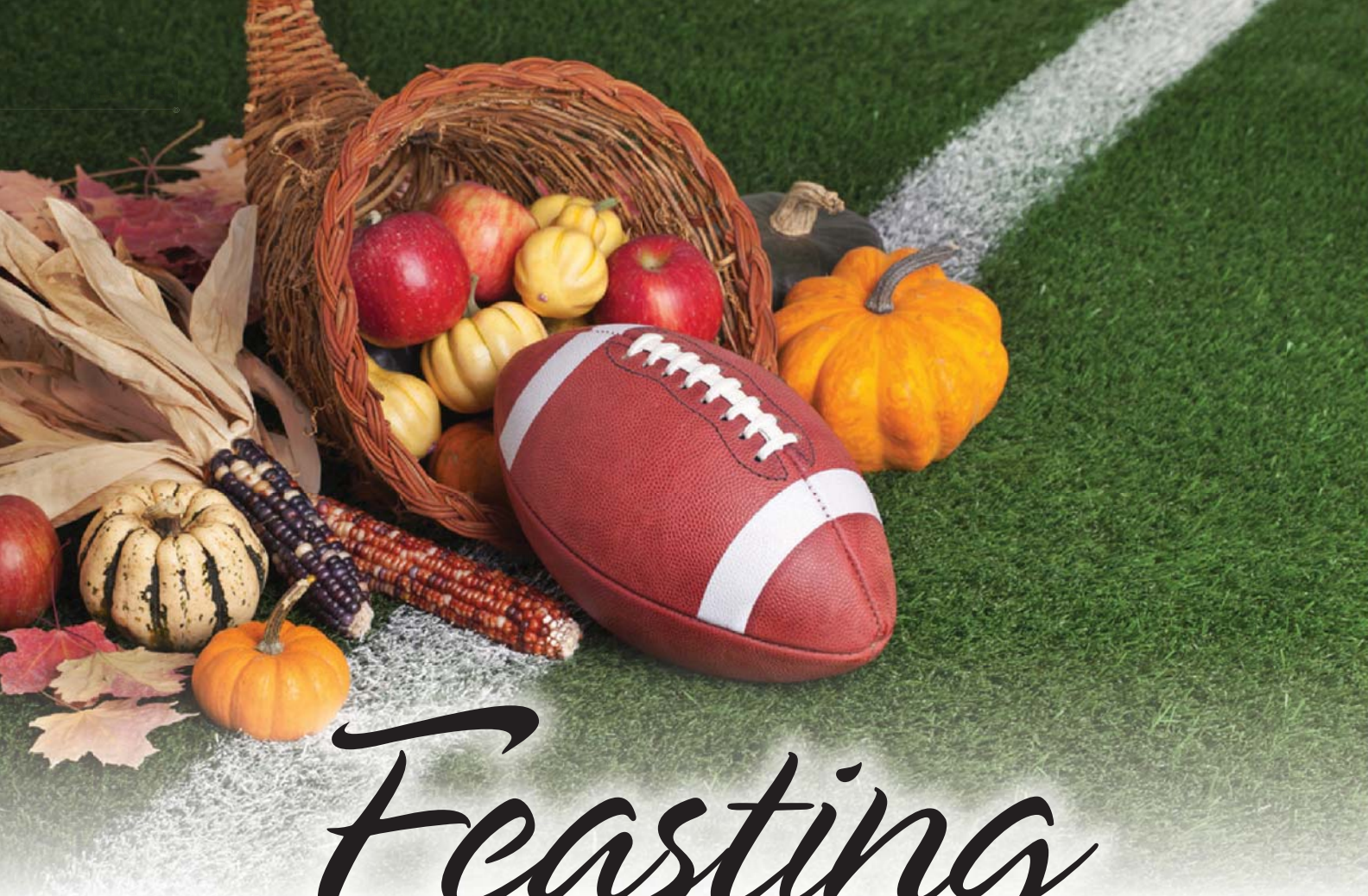
From the latest cosmetic techniques in dentistry to gentle restorative procedures and preventative hygiene services, trust 22 years of experience and comprehensive dental training.

- Bonding
- Cosmetic Contouring
- Crowns and Bridges
- Cosmetic Fillings
- Implants
- Veneers
- Zoom Whitening
- Sealants
- Extractions
- Scaling and Root Planing
- Dentures
- Cosmetic Dentistry
- Jaw/TMJ
- Oral health screenings

Cynthia Garner, DDS



Garner Family Dentistry, LLC  
 1059 Chuck Dawley Blvd.  
 Mt. Pleasant, SC 29464  
**843.884.6002**  
 Mon-Thurs 8-5  
[cynthiagarnerdentistry.com](http://cynthiagarnerdentistry.com)



# Feasting and Football

How Gamecocks and Tigers Celebrate Turkey Day Weekend

[ BY HUNTER GARDNER ]

**O**n Thanksgiving, family and friends gather to remind one another of good fortune and to feast on our favorite seasonal dishes. Here in our beloved South, Thanksgiving has become an extension of our home-connected culture: day-long meal preparation, family conversation and perhaps one cocktail too many.

But there is one Thanksgiving tradition that has somehow weaseled its way in through our TV sets and radio dials. That, of course, is American football. Yes,

if there is one thing that can overshadow all this family togetherness and the thrill of who gets the last bite of green bean casserole, it is that darn pigskin. And while the pros play on Thanksgiving Day, it is the following Saturday that piques the interest of families across South Carolina. It's the day of the rivalry in the Palmetto State: The Clemson-South Carolina football game.

The thing about Thanksgiving is that it lasts for the entire four-day weekend – or, for some people, five-day weekend. Some holidays can't get away with this, of course

(Valentine's Day, for instance) and others that may try but fail (St. Patrick's Day) or sort of succeed (Halloween). Other holidays seem a bit more elastic – you can celebrate Christmas anytime between Dec. 15 and Dec. 30 and no one will bat an eye. Thanksgiving falls somewhere toward the high end of this spectrum, which is why the Saturday following Thanksgiving matters. It can be a second Thanksgiving, perhaps a larger one. You can extend an invitation to your extended family and maybe even your extended family's extended family.

Together, en masse, eating and drinking and watching football means Thanksgiving is just one large tailgate party, which is why we wanted to hear from local residents about their favorite Thanksgiving memories and what role the Tigers and Gamecocks played in the festivities.

"In my younger days, although many of us lived on the Isle of Palms, our extended family of over 25 members and a few guests gathered for Thanksgiving dinner at my Uncle Vincent's house on Montague Avenue in downtown Charleston," said Mount Pleasant resident Nick Sottile.



Nick Sottile and his wife Val enjoy tailgating at a Clemson game.

In the kitchen was a smorgasbord of dishes that harkened back to his family's roots in Sicily, including stuffed artichokes, eggplant parmesan and Sicilian turkey dressing, alongside more traditional Thanksgiving mainstays such as sliced turkey, rice and gravy and Southern cornbread.

"Most of the family were – and still are – staunch Clemson supporters, but we have a few Gamecocks in the fold," said Sottile.

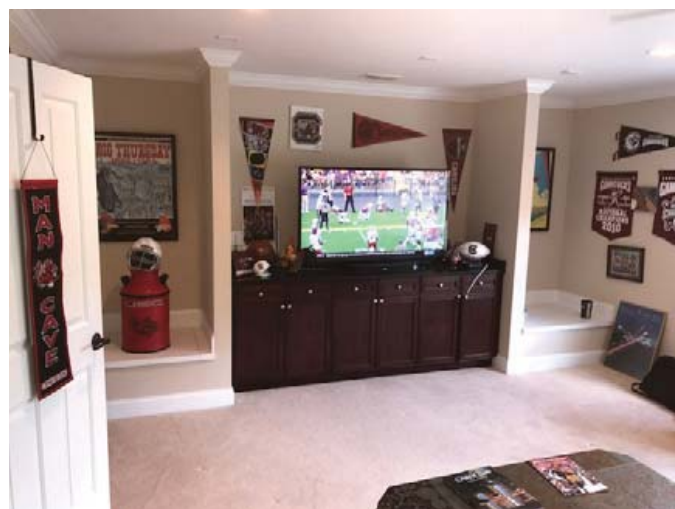
With a house divided, antics are sure to ensue.

"Before a game in the 70s, with Clemson having won the prior year, some Clemson students had distributed bumper stickers that read M-I-C-K-E-Y-M-O-U-S-C," as Sottile tells it. "At Thanksgiving that year, we had several of these stickers and had the bright idea to put them on the Gamecock fans' cars as a practical joke."

However, karma came back to kick the pranksters.

"That taught me a great lesson about practical jokes [because] Clemson lost that game," said Sottile.

Jack Little, also of Mount Pleasant, celebrates Thanksgiving with, "Twenty-some-odd adults, children and grandchildren each year ... a blended family from two



Jack Little's man cave is a well-kept shrine to Gamecock sports.

different marriages coming together as one."

Plans for the big game unfold during the big meal.

"Normally, we pile into the man cave," said Little.

The man cave is a well-kept shrine to Gamecock sports. A large, flat-screen TV is the centerpiece, with a commemorative Gamecock football to the right, basketball to the left. Above the screen are South Carolina pennants from throughout the years. The far wall boasts the Gamecock's recent Division I baseball championships. It is truly an ideal hideaway for any sports fan.

As for fond Thanksgiving memories, Little remembered a time when turkey duties were handed off from his son – a New York City chef – after three consecutive years of being at the helm. Little recounted the story of his devoted wife, meticulously preparing the turkey, starting on Monday of that week.

"Chopping up stuff, preparing the baste and doing things I don't have a clue in describing," Little said, adding

**\$19<sup>95</sup> Semi-Synthetic Oil Change**  
**or \$25 OFF**  
**Full Synthetic Oil Change**

Service includes: Underhood Fluid Levels Check, Suspension Check, Lights Check, Radiator & Coolant Check, Belts & Hoses Check, Tire Safety Check., Plus...Road Test!

**Call for an appointment today!**  
**843-564-1216**

Expires 12/31/17. Plus tax & shop supplies. With up to 5 quarts of synthetic blend oil including a spin on filter. Coupons may not be combined with other coupons or specials. Most vehicles.

**FREE AC CHECK**  
**\$25 OFF**  
**Any AC Repair**  
**\$129.95**  
**EVAC & Recharge**

**Call for an appointment today!**  
**843-564-1216**

Expires 12/31/17. Cannot be combined with any other discount or special offers.

Call us today for an appointment:  
**(843) 564-1216**

**MOUNT PLEASANT**  
 1406 Ben Sawyer Blvd.  
[www.honest1mtpleasant.com](http://www.honest1mtpleasant.com)  
 Store hours: Mon-Fri 7am-6pm,  
 Sat 8am-6pm



*"Best Service, Best Warranty & Best Value Always Guaranteed!"*  
 - Chris Lloyd, Owner

**Sherry & Chris Lloyd**  
**Owners**

**\$10 OFF**  
 a service of \$100 or more  
**\$25 OFF**  
 a service of \$250 or more  
**\$50 OFF**  
 a service of \$500 or more

**Call for an appointment today!**  
**843-564-1216**

Expires 12/31/17. Cannot combine with any other discounts or special offers.

**Brake Sale!**  
**FREE BRAKE INSPECTION**  
**\$25 OFF**  
**Front or Rear Brake Service**

**Call for an appointment today!**  
**843-564-1216**

Expires 12/31/17. Shop supplies and tax extra. Most cars/light trucks. Cannot be combined with any other discounts or special offers. For a limited time only.

**Home of the**  
**Honest Mechanics®**

*Changing the Lives of Charleston*

**TWO HANDS AT A TIME**



**ChiropracticUSA™**

*for the well-adjusted life*

**Are you or your kids suffering from**

- migraines
- low back pain
- shoulder pain
- knee pain
- plantar fasciitis
- neuropathy

**HOLIDAY SPECIAL**

FIRST 10 CALLERS to mention this ad will receive a consultation, exam, x-rays and HydroMassage

FOR ONLY

**\$37**

a **\$365**  
 Value



**DR. MATTHEW MURRIN**

DC, BSc Kin, CEP, CFC

**843.881.0046**



1004 ANNA KNAPP BLVD. | MOUNT PLEASANT, SC 29464 | [CHIROPRACTICUSASC.COM](http://CHIROPRACTICUSASC.COM)

that he awoke at dawn to put the bird in the oven – only to bake it upside-down: “It was like Christmas Vacation! It was perfect!”

Ultimately the blend of Thanksgiving and football comes down to one thing: family. For Little, one of his favorite rivalry moments came in 2012, while en route to take his son Grayson back to school at Liberty University.

“Since we were meeting on I-85 outside of Greenville, we decided to take in the big game while we were there,” said Little about the contest won by the Gamecocks, 27-17. “It was a very memorable holiday weekend.”

Jennings Cornwell King is a class of 2000 Clemson graduate. A third-generation Tiger, King and her family have gone to every rivalry game hosted by Clemson.

“Over the years, we have had a house at Lake Keowee and arrived on Wednesday of Thanksgiving, celebrating on Thursday with oysters or grilling out, and Saturday we headed to the game,” said King.

The tradition was started by her immediate family, the Cornwells, but has grown to include her husband (class of 2001) and his parents, with family driving in from Charleston, Aiken, Charlotte and Greensboro, North Carolina. When the game is in Gamecock country, the family opts for the Lowcountry.

“We host the family at our house

and, of course, watch the game on Saturday from the comfort of our own home. We are all Clemson fans, thank goodness!”

King added, “We have vowed never to set foot in the Gamecock stadium.”

Indeed, the rivalry runs deep with the Kings and Cornwells.

“My grandfather had season tickets and a parking spot in Sirrene Lot. I grew up going to games in his seats and tailgating there. Since his passing in 1999, they were transferred down to my dad, which you can no longer do now,” said King. “We still sit in my grandfather’s seats. I learned most of my football from my grandfather and dad. I would sit next to my grandfather during the games



Jennings Cornwell King, a Clemson graduate, watches the games with her husband and son.

and learned what it meant to ‘move the chains!’”

This year, her son Miller, 5, went to his first game, where Clemson edged Auburn, 14-6. King will celebrate her 40th birthday on the day of the 2017 version of the big game.

So while the final scores may change, families grow old and young and old again, one thing remains true about the game: It is a special rivalry, deeply rooted and a tradition that means much to many. 🐾



PRINTING FOR  
YOUR BUSINESS IS OUR

*specialty*

BUSINESS CARDS,  
LETTERHEAD, & ENVELOPES  
BROCHURES & RACK CARDS  
FLYERS & POSTERS  
*and much more!*

2017 WINNER  
BEST OF THE BEST  
MOULTRIE NEWS

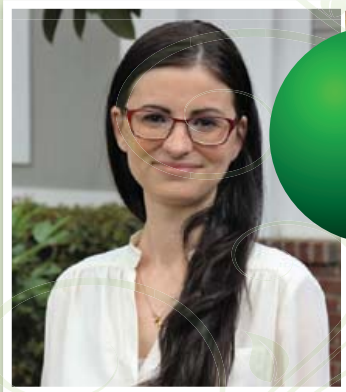


843.388.2599  
sales@chsmmp.com

920 Houston Northcutt Blvd, A3  
Village Pointe Shopping Center

# Eye Wellness

brought to you by



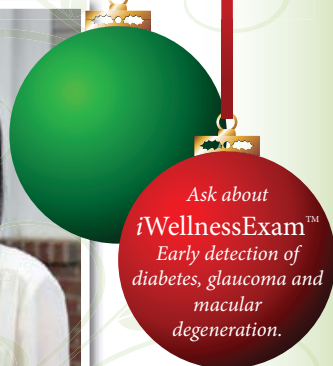
**Dr. Emily Curry**  
Optometrist

## Sweetgrass Eyecare

(843) 352-9977

3070 Hwy 17 N, Suite 201 | Mount Pleasant, SC 29466

[www.SweetgrassEyecare.com](http://www.SweetgrassEyecare.com)



Ask about  
**iWellnessExam™**  
Early detection of  
diabetes, glaucoma and  
macular  
degeneration.



# Beck and Call

## of Charleston

## Errand Services

843.324.4558

[www.BeckandCallOfCharleston.com](http://www.BeckandCallOfCharleston.com)

# To plan or not to plan?

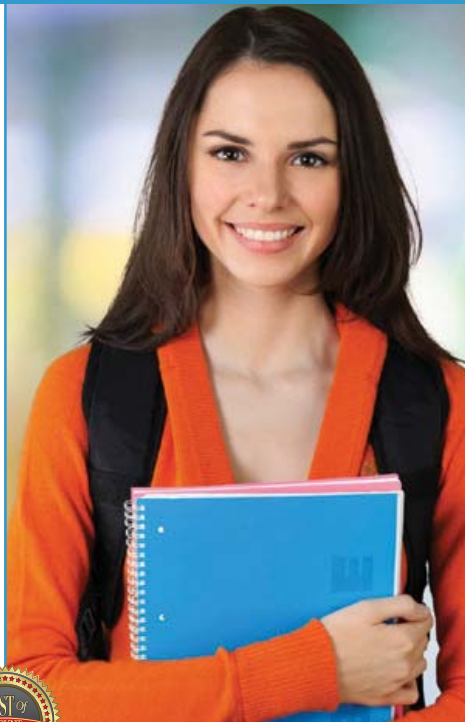


## ESTATE PLANNING WILLS & TRUSTS

MOUNT PLEASANT  
501 Belle Hall Pkwy., Suite 101  
Mount Pleasant, SC 29464

WEST ASHLEY  
1180 Sam Rittenberg Blvd., Suite 310  
Charleston, SC 29407

SUMMERVILLE  
1055-D N. Main Street  
Summerville, SC 29483



Butler & College, LLC

[www.BandCLawFirm.com](http://www.BandCLawFirm.com)

843.225.3167



# Tough List This Year?

Here's What to Buy Everyone

( BY BILL FARLEY )

At this time of the year, a perplexing question facing so many of us is, “What gift can I give to that person on my list who already has everything?” It’s a vexing problem, to be sure, but one that’s not unsolvable.

One place to start that search is in the plethora of catalogs you’re receiving in your mail just about every day as the season approaches. A prime example would be the annual holiday Neiman-Marcus catalog.

This year, Neiman-Marcus’ “fantasy gifts” include an all-expenses-paid trip for four to the Ryder Cup at Le Grand National outside Paris, hosted by the 2018 U.S. team captain, 16-time PGA Tour champion Jim Furyk. From first class airfare for all to deluxe accommodations and some prized “inside the ropes” access, this is a dream for every golfer and is priced at only \$250,000.

Also, at \$300,000, is another luxury travel adventure, this time with legendary British jewelry designer Stephen Webster. An all-inclusive top drawer package, this gift will spirit your special person and a guest to South Africa and Zambia, where they will visit emerald mines and help Webster work on an amazing 7.2-carat gem. Then, it’s

off to Johannesburg and London before returning home, where, in a few months, that completed Stephen Webster jewel will arrive and be theirs!

Of course, there’s really no need to resort to exotic catalogs or frantic online searches for those gifts that will be unlike any others. There are plenty of great options available no further away than a leisurely stroll down one of Mount Pleasant’s boulevards.

For example, you don’t need to travel halfway around the world for jewels. Close to home there’s **Diamonds Direct**, conveniently located across from a Bank of America branch, which you just might need to visit before making your purchase.

In truth, Diamonds Direct prides itself on offering fine gemstones and settings in a wide range of pricing to fit just about any budget. But for holiday gift giving, they recommend a one-of-a-kind, 18-karat white gold bangle featuring 9.79 carats of yellow cushion cut diamonds accented with 1.95 carats of round brilliant cut diamonds in the halos. (If you’re not a gemologist, a halo is a setting that encircles a center gemstone in a collection of round pave or micro-pave diamonds.)

Perhaps your “person who has everything” would welcome some personal pampering instead. If that’s the case, **Woodhouse Day Spa** on Johnnie Dodds Boulevard offers your perfect gift. Appropriately termed “The



A holiday spa treatment from Woodhouse.

Woodhouse Experience,” it comes in several variations. The top-of-the-line version delivers an aromatherapy bath

cure, a signature four-handed massage, a rejuvenating and nourishing Woodhouse signature minkyti facial, spa cuisine, the Woodhouse signature hand ritual, the seaweed pedicure and – why not? – a lovely bottle of Veuve champagne to sip in the fragrant atmosphere of a candle from the spa’s home fragrance collection.

Or maybe your “person who has everything” has a bit of a sweet tooth. Then, your first stop should be **Bakies** on Coleman Boulevard. There, you’ll find everything



Christmas cookies from Bakies.



**ORDER YOUR CUSTOM OR PERSONALIZED HOLIDAY AND PARTY/HOUSTESS GIFTS TODAY!**

**10% OFF ORDERS**  
CODE: DOCKS10  
excluding stainless drink ware







Locally owned in the Lowcountry.  
[www.dockside-engraving.com](http://www.dockside-engraving.com) 843.817.7304

Now playing...  
the best guitar lessons, *ever!*



Eddie Bush

Acoustics • Electrics • Basses  
Ukuleles • Drums  
Lessons



423 W. Coleman Blvd.  
Mt. Pleasant  
843.884.1346  
[www.ShemGuitars.com](http://www.ShemGuitars.com)

from everyday goodies to spectacular special occasion cakes, all created with an artist's eye and a master baker's hand. For the holidays, Bakies recommends its "Sandy's Cheese/Torte Ball" – cheddar cheese, strawberry reduction and pecans, perfect with Tollhouse or rice crackers. It can be had in a variety of sizes to meet your needs – even the shape of Santa making his way down a chimney head first.

Over at Moultrie Plaza, also on Coleman, you could spend all day at **Henry & Eva** poring over a huge assortment of quality merchandise and still not be able to decide which gift would fit that special person on your list. To make that decision easier, the owners suggest the Hollywood glamor of a Glenda Gies vintage-inspired handbag for the ladies or a one-of-a-kind custom oyster knife and leather sheath from legendary South Carolina knife maker Frank "Woody" Bridwell for the gents.



A vintage inspired handbag from Henry & Eva.



Custom oyster knives from Henry & Eva.

If your special person is a gourmet (or a gourmand), what could be better than a large, sturdy cypress trough! And not just any old trough. Its simple but elegant design is created specifically for handling a real Lowcountry boil! Your special person can enjoy it as intended or use their own imagination to utilize or just showcase this handsome creation of **Original Lowcountry Trough** on Sullivan's Island.



A handmade trough from Original Lowcountry Trough.

*Bridal Boutique*  
of Mount Pleasant

SAMPLE BRIDAL GOWNS  
AVAILABLE OFF THE RACK  
AND AT A DISCOUNT  
FROM \$500-\$2000

Mention  
This Ad - Get  
**\$100 Off**  
Bridal Gown  
Purchase!  
Offer valid through February 2018.  
Cannot be combined with other  
discounts or offers.

843.810.8285  
712 SHELMORE BLVD. UNIT 102  
MOUNT PLEASANT, SC 29464

**DON'T TRUST YOUR EYE CARE TO ANYONE BUT THE BEST!**  
Readers of local magazines and newspapers have  
voted The Vision Center at Seaside Farms  
the BEST year after year.



**THE VISION CENTER**  
AT SEASIDE FARMS

*Brad Bodkin, OD, MS, FAAO*  
*Ellesse Boiwka, OD*

- Eye Exams
- Contact Lenses
- Eyeglasses
- Injuries
- Sunglasses
- Disease management



843.388.6200

[www.seasidevision.com](http://www.seasidevision.com)

1956 Long Grove Dr., Ste. 1, Mt. Pleasant, SC

# We do it right the first time!

## EAST OF THE COOPER TRANSMISSION



We are locally owned and operated  
1723 B Highway 17 North | Mount Pleasant, SC 29464

### 843.971.0335

30 YEARS OF EXPERIENCE



[www.mountpleasanttransmission.com](http://www.mountpleasanttransmission.com)



## WOOF GANG BAKERY & GROOMING

Your Neighborhood Pet Store®

*The leaves are falling and the treats are calling!*



Whether it's grooming or a special treat, we have everything your furry family member needs from top rated food brands to wellness products, toys & more!

1055 Johnnie Dodds, Mount Pleasant SC 29464  
email: [mtplesant@woofgangbakery.com](mailto:mtplesant@woofgangbakery.com)  
843-388-5167 | [www.woofgangbakery.com](http://www.woofgangbakery.com)



*Honored to be Voted Best in Mount Pleasant year after year...*

## EXCEPTIONAL CUSTOMER SERVICE SINCE 1963

*Voted Best Body Shop Four Years In A Row!*



843.884.2155

429 Broadway Street | Mount Pleasant, SC 29464

[ecpb@bellsouth.net](mailto:ecpb@bellsouth.net)

[www.EastCooperBodyshop.com](http://www.EastCooperBodyshop.com)

Monday - Friday  
8:00 am - 5:30 pm

How about that special person who loves gifts that are personalized? Maybe he or she already has monogrammed shirts, towels and pocket handkerchiefs? Make a beeline for **Dockside**



An engraved teak cutting board from Dockside Engraving.

**Engraving**, online or at Eclectic Finds on Highway 17 North. Dockside creates one-of-a-kind presentations in materials ranging from wood to stainless steel, glass, acrylics and more.

One such creation is an 11" x 13" teak cutting board Dockside inscribed with a treasured recipe handed down through the generations by the buyer's grandmother, including a reproduction of Grandma's own signature.

Sometimes, that "person who has everything" isn't actually a "person" at all. Four legs, a busy tail and a cold nose are your first clues. For such a special individual (and for his or her "parents" as well) visit **Woof Gang Bakery** on Johnnie Dodds Boulevard. Billing itself as "your neighborhood pet store," Woof Gang has come up with a special holiday gift for your favorite Fido or Fidette. It's their "Pawfect New Puppy Gift Basket," and it includes a



Woof Gang Bakery holiday gifts.

"Heartbeat Sheep," a big fluffy toy with a battery-operated heartbeat to soothe pups with separation anxiety, plus a teething toy, puppy collar, a bag

of Fromm Family puppy food, a bag of training treats and Skott's Urine Destroyer for those occasional accidents.

Above all, you needn't bother combing all those holiday gift books for that one unique present for the person on your list who has everything. Save yourself time and aggravation and toss those catalogs in the trash. You won't need them. After all, you live in Mount Pleasant!



Everyone loves  
a show off.

WATCH YOUR BRAND PERFORM!

SHOW  
OFFS

EMBROIDERY  
SCREEN PRINTING  
PROMOTIONAL PRODUCTS

(843) 216-6699

showoffssc@gmail.com

1345 OLD GEORGETOWN RD.  
MT. PLEASANT, SC

showoffssc.com





Photos by Jenn Cady.

# Special Delivery!

## Local Couriers on Holiday Routes

( BY KRISTA CHAPMAN )

**I**t may seem like holiday gift-giving is getting easier by the year for those who have completely embraced the world of online shopping: comfortably settling into the nook of your couch, ordering items from the internet and waiting a few days for your packages to arrive. And while that is, of course, an efficient way to

tackle your holiday to-dos, it does beg the question: Who do you think is getting your gifts-to-be from stockroom to doorstep?

From holiday cards to Christmas presents to tins of perfectly flavored popcorn, it's our local "secret Santas" who are working overtime to make sure our packages



arrive just in time for the yuletide festivities.

Across the country, men and women working for various delivery companies are going the extra mile (or two) from the week of Thanksgiving to the week after Christmas – and sometimes longer. Their days start early and their nights end late, while their bodies ache from the continuous actions of lifting, walking and carrying every package our hearts desire, large or small. Yet the employees – from the likes of the United States Postal Service, FedEx and United Parcel Service – are often forgotten in the everyday hustle and bustle of life during the holiday season.

But as our jobs as consumers get easier, their delivery days get longer and fuller. Their hard work and dedication to their communities is often chalked up to “out of sight, out of mind” until a package is late or a signature is required.

For some companies, the influx of deliveries doesn't necessarily mean more hands available to help, resulting in incredibly regimented delivery times, GPS tracking and a fair share of micro-managing from the top. The job isn't as

simple as loading a few lightweight packages into a truck and stopping here or there to drop a letter in a mailbox or leave a box by the door. Instead, the demanding schedule calls for pre-emptive thinking on the road and fast decision-making skills to assess the environment for efficiency and speed. Everything is timed, leaving most delivery drivers with three minutes per strategic stop to discern the best course of action, often in incredibly crowded areas.

Yet when I reached out to the three biggest shipping companies in the Charleston area, I was pleasantly surprised to hear nothing but humble gratitude and genuine passion for the job that they get to do every single day – even while deep in the holiday trenches.

Are the 12+ hour days tiring? Of course. Do they miss celebrations with their own families at times? Some do. But more than anything, the men and women who have been running the same routes for years on end are committed to the families up and down the roads they're assigned to. Over time, they have formed relationships that make every moment worth it.

# Are you dreaming of a white Christmas?

Give yourself the gift of whiter teeth for the holidays!

**\$100 OFF**  
IN OFFICE WHITENING  
FOR NEW PATIENTS!

- Orthodontic Services
- Same Day Treatment
- IV Sedation
- Teeth Whitening
- Veneers
- Implant Restorations



Evening and Saturday appointments available.



DR. RICK JACKOWSKI DR. BRIAN BRACKEN DR. STEVEN CHRISTOFAKIS DR. GREG JOHNSON DR. LAUREN CALLISON



No insurance? No problem!  
Ask how you can save with our In-Office Savings Plan.

1204 Two Island Court | Mount Pleasant, SC  
843.881.8881 | PleasantFamilyDentistry.com

## Other Insurance Companies Say **No**, When We Say **YES!**



The Money Saving Fast Quote Hotline  
800-771-2293 | [www.SIGSC.com](http://www.SIGSC.com)

Serving all of South Carolina – Specializing in LOCAL  
AUTO | HOME | FLOOD | WIND | COMMERCIAL PROPERTY | BUSINESS



**SASS SCHIRMER**  
Principal Agent  
sass@sigsc.com  
(843) 482-0130



### FedEx

FedEx spokesman Jonathan Lyons agreed that online shopping is certainly adding to the workload of current employees and expanding the need for additional delivery services during the yuletide holidays.

“At FedEx, more than 400,000 team members around the world are prepared to help the holidays arrive again this season. Last year was another record-breaking holiday season for FedEx, largely driven by the continued rapid growth of e-commerce,” he said.

### United States Postal Service

“There’s nothing more important than building strong relationships with our customers,” said Kertina Epps, communications coordinator of the Carolina Division with the United States Postal Service. As the holiday season approaches, Epps told me, they’re already preparing their employees for the hustle and bustle that is sure to come.

“With Mount Pleasant being one of our busiest offices, we have already begun our weekly holiday preparedness meetings to focus on package growth and staffing,” she said.

To go the extra mile during what can be stressful for some, USPS is stocking every postal facility with free boxes, tape and priority labels, as well as lobby greeters to assist customers with their packages during the times of

day that see the most volume.

“This is the postal service’s busiest time of the year, and we are all excited to serve our customers now- and



throughout the holiday season,” she pointed out.

Scott Dasburg, an employee with the Mount Pleasant post office since 1994, said, “The days are crazy, and, if I’m honest, we’re thankful when it’s done, but this is what we do and we love it.”

Dasburg, who has been on the same route for 17 years delivering to more than 800 families and businesses every day, knows a thing or two about hard work during the holidays.

“Normally our days start by sorting through the letters and parcels to organize the truck for just one run, but, throughout December, we easily make two runs a day,” he said.

In fact, with so many large packages being delivered, Dasburg typically heads to work at 6:30 a.m. to load and deliver packages, then heads back to sort the smaller items and hit his route again.



Arthur Stubbs

### United Parcel Service

And finally there's Arthur Stubbs, who has been on the same route for 33 of the 34 years he has worked for UPS as a package car driver. Raised in Cheraw, South Carolina,

Stubbs still remembers his own childhood postman and the excitement he felt as a young boy seeing him bringing packages during the holidays.

For Stubbs, who enjoys the physical and mental nonstop pace, it's more than a job: "I care about the families I deliver to. I pray with and for them. Every day someone is hurting somewhere, and, if I can offer prayer or a moment together that may help, I will."

His countless hours up and down the same neighborhood routes have blessed him with the privilege of watching kids grow into adults, adding that "In my 33 years, I've had the great benefit of getting to know the people, the families and the names of their pets. To me, my route on Sullivan's Island is my extended family."

When asked about how the holiday surge impacts his routine, he admitted that it's hectic but that "the excitement overshadows the chaos." When the kids enthusiastically greet him at the door – always with a breathless "do you have my package today?" – all of the craziness seems to wash away, knowing that, in fact, he does. In the end, Stubbs finds himself looking forward to the season every year as well as his yearly vacation in January after it's all flown by.

So this year, while you're sitting down with your lengthy list of gifts to buy and packages to send, remember that a simple click of a button results in numerous actions and hours for our friendly neighborhood delivery men and women. Share a smile, wave hello and extend a "thank you" the next time you see your secret Santa delivering happiness from doorstep to doorstep – not just during the holidays but every day in between. 📦



**TWO MEN AND A TRUCK**  
"Movers Who Care."

- Home and Business Moves
- Free, no obligation estimates
- Customized services
- Packing and unpacking
- Uniformed & trained professional movers

### CHARLESTON

2410 Air Park Road  
North Charleston, SC 29406  
843.529.0220

[twomenandatruckcharleston.com](http://twomenandatruckcharleston.com)

Each franchise is independently owned and operated.  
U.S. DOT No. 938286 | MC No. 403453 | SCPSC 9684

# Did You Know?

- The first ever Christmas themed U.S. postage stamp was issued in 1962.
- In 2016, the United States Postal Service predicted approximately 16 billion cards, letters and packages for the holiday season would be delivered worldwide.
- UPS anticipated hiring roughly 95,000 part-time employees for the 2017 holiday season.
- FedEx anticipated hiring around 50,000 seasonal employees for the 2017 season.
- In 2016, UPS forecasted to surpass 700 million packages delivered globally in 25 days between Thanksgiving and New Year's Eve.
- The Postal Service printed 19 billion U.S. postage stamps in 2016.
- UPS delivered roughly 700 million packages during the 2016 holidays, breaking records and growing 14 percent from the previous year.
- Dec. 19 is known to be the busiest delivery day of the year.
- USPS handled roughly 16 billion pieces of mail between Thanksgiving and New Year's Eve 2016.



Automotive Excellence

by Johnny Page



415 W. Coleman Blvd.  
**216-1599**  
Hours: Mon-Fri 8am-6pm  
LIMIT ONE COUPON PER CUSTOMER PER VISIT

Houston Northcutt Blvd.  
Coleman Blvd.  
Blvd Diner  
Auto Excellence

- Custom Exhaust
- Tires
- Diagnostic Service
- Air Conditioning Repairs
- Shocks-Struts
- Brakes
- Transmission
- Tune-Ups
- Alignments
- Engines
- Timing Belts

<p><b>FREE</b></p> <p>Tire Rotation &amp; Brake Inspection</p> <p><small>With this MPM Coupon. This coupon is not valid with any other coupon offers. Expires 12/31/2017.</small></p>	<p>Oil Change &amp; Filter</p> <p>w/21 Pt. Vehicle Inspection</p> <p><b>\$19.99</b></p> <p><small>Most Cars Reg. \$29.63</small></p> <p><small>With this MPM Coupon. This coupon is not valid with any other coupon offers. Expires 12/31/2017.</small></p>	<p><b>FREE</b></p> <p>Tire Repair</p> <p><small>With this MPM Coupon. This coupon is not valid with any other coupon offers. Expires 12/31/2017.</small></p>	<p><b>\$10 OFF</b></p> <p>Any Service \$100 or More</p> <p><small>With this MPM Coupon. This coupon is not valid with any other coupon offers. Expires 12/31/2017.</small></p>
<p>Any Brand Tire</p> <p><b>\$5.00</b></p> <p>Over Cost (per tire)</p> <p><small>Mounting &amp; Tire Balance Fees Apply</small></p> <p><small>With this MPM Coupon. This coupon is not valid with any other coupon offers. Expires 12/31/2017.</small></p>	<p><b>FREE</b></p> <p>Testing of Battery, Alternator &amp; Starter</p> <p><small>Reg. Price \$37.50</small></p> <p><small>With this MPM Coupon. This coupon is not valid with any other coupon offers. Expires 12/31/2017.</small></p>	<p>Complete A/C Check</p> <p><b>\$19.99</b></p> <p><small>Freon Extra</small></p> <p><small>With this MPM Coupon. This coupon is not valid with any other coupon offers. Expires 12/31/2017.</small></p>	<p>Coolant Flush</p> <p><b>\$39.99</b></p> <p><small>Coolant Extra</small></p> <p><small>With this MPM Coupon. This coupon is not valid with any other coupon offers. Expires 12/31/2017.</small></p>

We Match & Beat Any Estimate





**ORAL & MAXILLOFACIAL**  
SURGERY OF THE LOWCOUNTRY

MATT DILLARD, DMD, MS  
DONALD PHILLIPS, DMD



Dental Implants | Corrective Jaw Surgery  
Oral Pathology | Wisdom Teeth  
Facial Trauma | Teeth Extractions

767 Johnnie Dodds Blvd., Mount Pleasant, SC 29464

843.881.3111

Email: [info@lowcountryoralsurgery.com](mailto:info@lowcountryoralsurgery.com)

[lowcountryoralsurgery.com](http://lowcountryoralsurgery.com)

18 Years In  
Mount Pleasant



**ACCURATE**  
**CHIROPRACTIC**

- Family Holistic Practice  
~ Treating All Ages
- Many Techniques Including  
Low Force Instrument Adjusting
- Low Level Cold Laser Therapy
- Personal Injury & Accidents
- Insurance Accepted
- Affordable Payment Plans
- Walk-Ins Welcome!

Drs. Gina & Michael  
**Courson**

**FIRST VISIT \$40**

*New Patients Only*  
Must present coupon. Cannot be combined. Expires 12/31/18

**843.971.8814**

TWO LOCATIONS

426 W. Coleman Blvd., Ste. D

3373 S. Morgans Point Rd., Ste. 307



OPEN  
SATURDAYS

*Don't let a back ache  
stop your holiday fun!*

*Treating your  
pain without surgery.*

**NON-SURGICAL  
SPINE CENTER**

J. ROBERT ALEXANDER JR., M.D.

[nonsurgicallspinecenter.com](http://nonsurgicallspinecenter.com)

Appointments call

**843.856.9669**

526 Johnnie Dodds Blvd., Mt. Pleasant, SC 29464



# Will You Drink to That?

## Defending Mount Pleasant's Water System

[ BY BRIAN SHERMAN ]

Water makes up around 80 percent of a human being's blood, but it would be no surprise to learn that the percentage of H<sub>2</sub>O flowing through Clay Duffie's veins and arteries might be just a little higher than that of most people. After all, Duffie has been general manager of Mount Pleasant Waterworks since March 1989, and his father held the same job in Saluda, South Carolina.

Duffie has been in the water business since he was 14, when his dad put him to work painting fire hydrants, mixing paint with glass beads so the hydrants would be shiny and visible at night. Later, he spent summers alongside crews that were installing sewer lines and changing out water meters.

"My whole career has been all about clean, safe drinking water," Duffie commented.

Which is why he took it personally this past summer when a group of local residents, with help and encouragement from environmental activist Erin Brockovich, attacked Mount Pleasant's water system through social media and at public hearings, claiming that the town's water was rife with pesticides that might be causing brain cancer in children living on the north side of town.

"You can say anything you want on social media and

not back it up with facts," Duffie commented. "I tried not to read the nasty-grams about me. I took a professional attitude. But they were questioning this organization, and I'm responsible for everything here."

At a press conference that followed accusations that the town's drinking supply was tainted, Duffie explained that much of Mount Pleasant's water comes from the

Middendorf aquifer, which is 2,000-feet deep and thus protected from infiltration by man-made contaminants. Brockovich, whose successful lawsuit against the Pacific Gas and Electric Company was the subject of a 2000 movie starring Julia Roberts, used Facebook to call his explanation "crap."

"She has name recognition and her associates used it to gain some credibility, which

they don't have, in my opinion," Duffie said. "They filed a Freedom of Information request, and we sent them analytical data from years back. We billed them for \$324, which was our cost, and the bill hasn't been paid yet."

"We live in a community with a reliable water system," added Waterworks Community Engagement and Communications Director Dionna Ebeling. "She knows nothing about it. She used social media to cast doubt. It's very scary. They throw their dart, people start to panic and



Clay Duffie has been the general manager at Mount Pleasant Waterworks since 1989.

Photo by Jess Wood.

they leave a utility to clean up the mess.”

Duffie said he knew Mount Pleasant’s water supply is safe, but he took the concerns of his customers seriously. He pointed out that the water was tested for 228 possibly harmful compounds by Eurofins of South Bend, Indiana. None of them were found in the Mount Pleasant Waterworks system, which serves the area from the Cooper River to the Santee River but not Awendaw or McClellenville.

Long before the social media-induced controversy, Mount Pleasant Waterworks was taking 90 samples a month at 270 homes and businesses around town to make sure the water didn’t contain chlorine, bacteria and other harmful substances. The state Department of Health and Environmental Control also samples the town’s water, and the Environmental Protection Agency takes a look at Mount Pleasant’s water quality every five years. The water at all East Cooper schools is tested as well.

According to Duffie, Waterworks customers sometimes have issues with the color, taste or smell of the water – but he usually receives fewer than 100 complaints over the course of a year.

He said the Waterworks reacted to the recent controversy by setting up an incident command team that

met every day for two weeks.

“We implemented a command structure and managed this communication crisis as if it were an emergency,” Duffie said, noting that the Waterworks used social media, emails, its website and local news outlets to communicate with the public. “I’ve said this 100 times. We can’t prevent an emergency. We’re judged on how well we respond and communicate. We responded well, and we let our customers know. We gave them confidence that they didn’t have anything to worry about.”

Duffie pointed out that despite accusations that Mount Pleasant’s water is tainted – and the approximately \$100,000 the Waterworks spent to assure the public that the water is safe – something good has come of the controversy. He said the Waterworks’ relationship with DHEC has improved dramatically, he has been appointed to a drinking water advisory council, and he has had the opportunity to meet with high-ranking officials of the EPA.

“We and the regulators are taking it seriously. We need to assure the public. There needs to be a solid message from the EPA, DHEC and the utilities,” Duffie said. “This crisis helped us learn how to communicate with customers effectively, and our relationship with the state and the EPA is much better. We’re very encouraged with that.”



*Jennifer lost 56.1 inches  
with a weight loss of 58.6 pounds.  
Her weight loss passion turned into her life work at Skinny Me.*

Anita Dormer, MD  
Richard Boulware, PA-C, ABAHP  
Nancy Boulware, RN

1459 Stuart Engals Blvd., Mount Pleasant, SC

**843.352.9642**

[www.SkinnyMeWeightLoss.com](http://www.SkinnyMeWeightLoss.com)  
[www.CharlestonManPlan.com](http://www.CharlestonManPlan.com)



## HOLIDAY SPECIAL WEIGHT LOSS PROGRAMS

- ◆ hCG Diet - Tablets or Injections  
Average weight loss in 42 days:  
Women lose 20-35 pounds  
Men lose 30-50 pounds
- ◆ New Excel Weight Loss Program
- ◆ Clean Eating Plan with Appetite Suppressant
- ◆ Vitamin B12 Injections

**Start Losing Weight NOW!**  
**Enjoy Your Holidays with our Pass,  
then Keep Losing and Look Your Best  
for the New Year!**

# SkinnyMe

with hCG

#1 Weight Loss Clinic in the Carolinas!  
Featured on *Low Country Live* and *Charlotte Today Show*.

Insurance reimbursement, flex spending, HSA  
and in house financing available



# Visual Appeal in the *Old Village*

## Two Art Galleries Worth Visiting

[ BY DENISE K. JAMES ]

There's something special about happening upon an inspiring new space on a well-loved path. Such was the case for me when, on a recent stroll around the Old Village, I found my newest havens for beautiful art – namely, **Charleston Artist Collective** and **Heart of Gold Gallery**. Owners Allison Williamson and Aaron Zych, respectively, have provided residents of East Cooper and greater Charleston with an immeasurable amount of beauty.

Years before Williamson opened the doors to Charleston Artist Collective, she was connecting with artists and art collectors over a marvelous little thing we call the internet. The business of showcasing art and sharing it with others came naturally to Williamson; in fact, she ran a gallery in Utah for five years. During that time, the idea of an online art hub occurred to her, and she's never looked back.

"I felt an online gallery model would be accessible and not intimidating for art collectors," Williamson explained.



"And, really, how frequently do people visit art galleries? Maybe on vacation in another city, but not often."

Williamson made it her mission to grow the business

online, implementing Instagram and other platforms to gain a wide audience. She noted that the rise of e-commerce aided her new project – folks were starting to trust shopping online more and more, and, what started as a collection of smaller pieces and gifts grew in time to include larger works. Now, a year after opening the physical gallery, Williamson and her team enjoy meeting several of the art collectors in person.

“When we opened our doors, it was great to finally connect in person with people who’d known us online,” she said.

The pieces at Charleston Artist Collective are local, and, as of the day I visited the gallery, there were 17 on the roster, including Anne Darby Parker, John Duckworth, Chelsea Goer, Susie Callahan and James “Squeakie” Stone. Williamson said she started with just six artists in 2010 and then “concentrated on bringing in different styles,” using social media and networking events to meet new contributors.

Visitors to Charleston Artist Collective will find themselves awash in color and distinctive styles displayed in such a way that feels welcoming like the home of a tasteful friend, as well as intimate like a private studio. Williamson aims to keep prices affordable and create an “inviting” space to view and purchase quality local artwork.

A native of Mount Pleasant, she also gives 5 percent of gallery proceeds back to local charities.

“We’ve donated more than \$140,000 so far,” she mused. “We just wrote a check to Lowcountry Food Bank – and we’ve supported everything from art to children’s



relief to land conservancy. I think it’s important to give back to the community that inspires our artists.”

Meanwhile, next door to Charleston Artist Collective is another gallery known as Heart of Gold. A venue for fine art photography curated lovingly by owner Aaron Zych, Heart of Gold is a must-see for lovers of



Robert Plant of Led Zeppelin is featured at Heart of Gold Gallery.

photography, music and pop culture.

Zych, who recently moved to the area from Brooklyn, ran a photography gallery in the SoHo neighborhood of Manhattan for 12 years. Because his “love and passion is photography” and the fact that the Lowcountry did not have many galleries devoted to the form, he opened Heart of Gold in the Old Village after learning through his connections, including neighbor Allison Williamson, that the space existed.

The majority of photos displayed inside Heart of Gold – maybe 70 percent, according to Zych – are music photography, including rock ‘n’ roll greats such as The Rolling Stones, The Beatles, Joni Mitchell and Neil Young – Zych’s personal favorite and the inspiration for the name of the gallery. Other photos highlight additional aspects of pop culture: a young Steve Jobs poses with an early Apple computer; Brigitte Bardot puffs seductively on a cigar.

“Most of the photos I sell are film,” Zych said, adding that, like Williamson, photographers displayed at Heart of Gold include contacts he has known for a while, as well as new contributors.

“Right now, I have 25 photographers on my website, and I am adding more daily,” he said.

Zych’s enthusiasm for Heart of Gold is palpable – and rubbed off on me, honestly, as soon as I walked in. Sure, we both love music and culture, but seeing the photography on the wall really piqued the conversation, something that he takes seriously.

“These aren’t just portraits; they’re conversation pieces,” he pointed out. “It’s exciting to see the enthusiasm people have when they come in, and I tell them the stories.” 🐦

# Dove Hunting:

## A Handbook

( BY MICHAEL M. COCHRAN )

The faint smell of gun oil and a little gunpowder put a smile on my face as I gathered and packed my gear for the opening day of dove season. Three months had passed since I had last opened the gun cabinet. A little inshore fishing, trips to the beach and time spent on a Lowcountry dock with friends and family had occupied the long, hot summer. It was still hot, but it was time to get back in the field and knock the rust off the shooting skills.

Many a young man has had his friendship and personal loyalty tested with the approach of Labor Day. The choice between wedding invitations and invites to opening day dove shoots presents quite the dilemma for the avid sportsman. Fortunately, early dove shoots take place in the mid-afternoon, so the die-hard can leave the reception of a noon wedding and be in the field in time to take a crack at a few birds. Evening weddings can expect groomsmen to slide into the church parking lot while changing into a tuxedo with expert precision.

### THE CAMARADERIE

There are deeply rewarding social aspects to hunting in general. Whether enjoying an evening sit in a deer stand or time spent in a duck blind on a frozen winter morning with a buddy, the camaraderie found in hunting is special. Dove hunting offers the same – with a twist. The aforementioned endeavors require stealth and silence. Dove hunting is more forgiving. While concealment on the edge of a sunflower field is important during a dove shoot, I cannot tell you how many times I have visited with a neighboring shooter in the field.



Photos by Michael M. Cochran



On one occasion, a landowner and I were having a casual afternoon conversation when a pair of birds flew right in front of us. Our chat was interrupted by two shots: one from her and one from yours truly. Her bird dropped into the field. Mine was merely stunned, backed up in mid-flight, lost a few feathers and continued on its merry way into the tall pines at the end of the field behind us. My friend politely remarked: “Well, that’ll teach you to use light loads in late season.”

During the late, cold season in January, doves have a thicker layer of feathers. Lighter, less powerful shotgun shell loads typically used in the hot early season can sometimes “bounce” off of the late season birds, as my hostess so politely reminded me.

One of my favorite parts of dove hunting is the midday meal. Traditionally, shooters gather at the field around noon or 1 p.m. and enjoy a meal prepared by one of the club members. I have eaten gas station fried chicken on the tailgate of my truck with a glass of sweet tea and roasted swan served in a red wine sauce in the formal dining room of an old plantation home. To me, they were equally enjoyable and all part of the experience. Regardless of the venue, or menu, the end result is the same. All wing shooters have their own rituals, favorite gear and long gun of choice.

### THE GUN

There are those who shoot the same shotgun for multiple sports – dove, duck, deer or sporting clays, they will use the same gun with different choke tubes. Others will have a different gun for each game animal. Some, like me, are all over the map and use the one that fits at the

time, changing whenever the wind blows. Just because the gun cost a great deal, was your granddaddy’s, looks pretty or received great written reviews does not mean that it is the right choice. The key is finding the right tool for the job and tailoring it to your body mechanics and shooting style. Practice and using it properly will make it an extension of your body and provide the confidence and level of skill needed to close the deal. Proper fitting, instruction, mechanical knowledge, practice and patience will pay large dividends in the field and freezer.

### THE FIELD

Taking the field is another interesting aspect of dove shooting. The typical dove field is rectangular in shape and planted with a wide variety of crops such as corn, sunflowers, brown-top millet, wheat or sorghum. The shooters receive stand assignments from the hunt master or host, oftentimes using the lottery system. Numbered coins or chips are placed in a bag and drawn at random by each shooter. Those numbers correspond with numbered spots on the field. The number you draw is where you hunt that day. Typically, there are combinations of groans, big smiles and a little horse trading. The folks in the shady spots usually walk away with the biggest smiles. Regardless, the field needs to be adequately covered so that the incoming birds don’t escape through a part of the field not covered by a gun.

### THE BIRDS

Scanning the skyline for birds takes up the next couple of hours. This is no time to check text messages or the score of a football game you chose to miss. Many



long months have passed since the last dove season. The anticipation of throwing the gun up at the sight of a dove builds. Here they come, a nice pair of doves over the tree line. A hunter yells out, “bird” for everyone to be aware and be at the ready. The first shot rings out. The birds quickly change direction. They approach the second hunter, and a series of two shots ring out. The birds continue unscathed. They get pushed to yet another shooter, and another, dipping and dodging. They find themselves at the far corner of the field, having escaped a wall of lead until one final “boom.” One drops to the ground and the field goes silent. The hunters tip their hats to the “hot gun” on the field, reload and prepare for the next opportunity to do the same. 🦋



**THE CARE IS IN THE DETAILS**

- Full Detailing
- Maintenance Detailing
- Ceramic Coating Options
- Service Coordination
- Scheduled Services
- Vehicle Condition Check-Ups

*At Elliot Remington we take pride in caring for your passion in the best possible conditions*

(843) 779-9533  
 sales@elliottremington.com  
 444 Deanna Lane Charleston, SC 29492

# Want to Go Dove Hunting?

We grew up hunting as guests of an old family friend on his plantation. The fields were large, well-managed and replete with birds. We spent many weekends shooting at those little gray rocket ships dipping and diving to avoid our barrels. Having left the sport for many years, I found it challenging to secure a spot on a field to hunt. I didn't realize how good we had it as kids. I found that networking with friends and putting the word out, especially on social media, produced the best results. One invitation led to two and so on and so forth. I continued connecting those dots until I had found a small club to join that fit my needs and my budget.

New hunters, or hunters like me returning to the sport after many years, can take advantage of the wonderful public land hunts offered by the South Carolina Department of Natural Resources. The state is full of public dove fields that are usually within an hour's drive of most folks. Check it out at [www.dnr.sc.gov/wildlife/dove/fields.html](http://www.dnr.sc.gov/wildlife/dove/fields.html)

# NOW OPEN



**Low Country**  
 PreOwned Vehicles

**843-884-0646**

Mt Pleasant, SC  
[www.LowcountryPreOwned.com](http://www.LowcountryPreOwned.com)



Photos courtesy of White Horses, LLC.

# Fox Hunting:

## Steeped in Tradition and Ruggedly Refined

[ BY MICHAEL M. COCHRAN ]

**I**so enjoy the process of hunting from beginning to end: preparation, planning and pursuit. Hunters connect with their surroundings (familiar and foreign), their quarry and their companions. It has been said that the “close encounters” with animals are the cornerstone of the true sportsman. Regardless of the activity, the risks and rewards are fulfilling for the outdoorsman.

The sport of mounted fox hunting, whether live hunting or drag hunting, has deep roots in America. Records indicate that English foxhounds were imported as early as the late 1600s in Maryland. It is documented that George Washington was an avid, lifelong fox hunter who

maintained meticulous records of his encounters in the field. Fox hunting has evolved and been refined over the last 300 years yet has maintained its rich traditions and disciplines.

“This sport fosters a deep respect for hound, horse and, yes, the fox, among all who participate,” said Julian V. Brandt III, an avid Lowcountry outdoorsman.

The hierarchy of a fox hunting club is well defined and steeped in rich tradition. The master of foxhounds or joint master leads the group. He is supported by a team of well-trained members known as “staff,” who dress during hunts in formal attire, wearing red or scarlet coats, often referred to as “pinks,” white breeches and black riding boots. The



term “pink” refers to the English tailor Thomas Pink and not the color of the coat. The huntsman is the leader in the field. He or she controls the hounds and sets the pace of the hunt. The huntsman is supported by whippers-in, who assist in controlling the hounds and maintaining the integrity of the field during the hunt. Field masters lead the field, comprised of three flights of riders. Each flight consists of riders with varying levels of skill and ability. The first flight, the most skilled and experienced riders, follow their field master and typically jump every obstacle he jumps while maintaining the fastest pace of the three flights. Second flight riders follow their field master, but jumping is optional. Third flight riders are generally less experienced or young riders on ponies – or those who choose to ride at a slower pace.

The huntsman controls the route and tempo of the field, making adjustments as needed and as directed by the master and the ever-changing conditions. The secretary supports the field master and documents and reports all necessary information for the good of the club and owner of the land where the hunt is taking place.

The two styles of fox hunting are live hunting and drag hunting. Clubs that practice live hunting in the field hope to pursue a red or gray fox, or, more commonly today, a coyote. This hunting style is dynamic and unpredictable.

The “fox” in drag hunting is a rider who uses a synthetic scent to mark areas along a pre-determined route for the hounds and field to follow.

Mounted fox hunting has grown in popularity since the Colonial period. According to the Masters of Foxhounds Association & Foundation, there currently are more than 156 organized clubs in North America, and hunts take place in 37 states. Equestrian organizations such as White Horses, LLC, in Huger, South Carolina, owned and operated by Michael and Natasha “Tash” McCarthy, use mounted fox hunting as a means of teaching and training their students.

“Fox hunting allows our students to leave the competition ring and hit the galloping woods for a little while,” said McCarthy.

The McCarthys are members of the local Middleton Place Hounds, which has been an organized club in the Charleston area since 1977. Middleton Place Hounds hunts at Middleton Plantation and Millbrook Plantation. A drag hunt club, Middleton hunts three days per week during the season. According to McCarthy, guests and visitors are both welcome and encouraged. Visitors may ride along in the Tallyho Wagon, watching the action and enjoying fine food and drink during intermissions along the way.



I recently attended a closing meet – the last hunt of a season – with a local club. Once greeted by my host, I was directed to a small clearing where some tables were prepared with white linen tablecloths, champagne and port wine. As guests and visitors gathered under the majestic oaks, the huntsman approached with a pack of hounds in tow. He entered the clearing followed by his staff. The whippers-in quickly took their positions with military-like

precision around the clearing, keeping the hounds grouped together. Once all of the riders and guests were gathered, the master proceeded to welcome all attendees, make club announcements and offer a toast before the hunt. When the meet, or welcome, was adjourned, the huntmaster led his hounds and staff into the field in pursuit of their quarry. The sound of the hounds “speaking” soon filled the morning air, which brought many smiles to the field. 🐾

*Seasons Greetings from all of us at White Horses LLC*



**WHITE HORSES**  
offers instruction from beginner through advanced levels and for all ages.

Services include:

- ▶ Private & Semi Private Hunt Seat Instruction
- ▶ Boarding
- ▶ Clinics
- ▶ Fox Hunting
- ▶ Horse showing
- ▶ Goal setting for collegiate equestrian teams



*Our mission is to fulfill your passion for horses while promoting leadership & team building skills in a wholesome equestrian atmosphere.*

**www.whitehorsesllc.com | (843) 367-0312**  
**160 Seahorse Lane, Huger SC 29450**  
*The stables are located adjacent to the Francis Marion Forest which is conveniently located to downtown Charleston, Mt. Pleasant, Daniel Island and area beaches.*

**JOIN MOUNT PLEASANT'S NEIGHBORHOOD FACEBOOK COMMUNITIES**



Be social; join these communities.  
 Updated multiple times a week with news and local information.

**Facebook.com/SneeFarm**  
**Facebook.com/MountPleasantOldVillage**  
**Facebook.com/HamlinPlantationMP**  
**Facebook.com/Parkwestneighborhoods**  
**Facebook.com/RivertowneRealEstate**  
**Facebook.com/DunesWest**

For more information about posting on any or all of the FB communities. Or for advertising in this magazine call 843-345-7012 or e-mail [Publisher@MountPleasantMagazine.com](mailto:Publisher@MountPleasantMagazine.com)

# 2018

# Happy New Year!

## Get Ready for 2018

[ BY SONYA CORDINA ]

**T**here's this little square note on my refrigerator with the quote, "Begin Where You Are." It makes perfect sense to me and provides me with a constant reminder to stop boring everyone with clichés of when and how I'm going to get in shape, save more money or find myself – like the quintessential benchmark coming up known as the 2018's New Year's resolutions.

You know the one. It's that annual personal commitment that forgives us for letting ourselves go, squandering too much money and not weeding out the negativity in our lives. But with 50 percent of us making New Year's resolutions and only 20 percent actually keeping them, you might want to take some advice from a few of our local experts.



### PHYSICAL FITNESS

Prime Time Fitness, with its new location on Ben Sawyer Boulevard, gives members access from 5 a.m. to

10 p.m., providing the flexibility to actually develop a fitness routine and make exercise part of your daily life.

“Every day you wait to get started it gets harder and harder to do so. Even if ‘starting’ means you pick up the phone and schedule an appointment with a personal trainer – that’s often the hardest part,” encouraged owner Meredith Nelson. “What keeps me on track is that I know how hard it is to restart an exercise program once you stop.”

Just show up. Our warm weather certainly will, and you’ll be excited when you’re already in shape to hit the beach or your company retreat at a resort with a pool.

“I’d suggest finding a buddy,” Nelson added. “Having someone to meet up with reduces your chances of putting it off until tomorrow.”

And at Prime Time Fitness, you can mix it up with yoga, pedal and pump cardio workouts, golf fitness instruction and even senior or faith-based classes so getting in shape stays interesting and fun. They also give back to the community so you’ll be part of the spirit of giving all year long.

Another great fitness option is to start relieving stress before the holidays by joining the MUSC Wellness Center for a game of racquetball or swimming a few laps in the pool. Open every day, the center also offers 80 group exercise classes per week, along with having plenty of free weights and cardio equipment to help sustain your workouts. Membership is available to everyone in the community, promoting a healthy lifestyle for all seasons of life.

“Understand that if you want to change, it can’t be temporary,” advised Director Janis Newton. “Success is determined by your mind-set, so have fun in redefining who you are.”

Newton suggested that you commit to less so exercise doesn’t become a chore and you lose site of the positives. The center also offers wellness services to help you achieve clarity on the health benefits you’ll be giving yourself as a gift through these sustainable lifestyle changes.

## FINANCIAL FITNESS

We should all know by now that money spent improving our quality of life is a good investment, but what if we also knew how to save our hard-earned money by understanding which decisions to make before the New Year’s eve ball drops at Time Square?

You can search online every day and find basically the same information. But keep in mind that your financial situation is as unique as you are. Regardless of your situation, some valuable tips can get you started today



for a healthier financial future. Procrastination can be a costly option.

Independently owned, 360 Financial Partners is a full-service investment advisory firm and can be a valuable local source. Their team members actually care and want to help you reach your goals. From asset management or tax strategies to life insurance or employee benefits, they will take a 360-degree view of your financial platform to help you achieve your goals.

So explore the financial world from their perspective. They will work with you, your family or your business, and they invite you to become a client, a friend and a partner. You simply can’t put a price tag on peace of mind.

## EMOTIONAL FITNESS

Mount Pleasant offers a multitude of beautiful outdoor fitness venues, so why would you wait for colder temps and shorter days? Walk your dog on the beach or join a meet-up group that hikes or cycles. You’ll soon have new like-minded friends, and that’s always a bonus during the holidays.

Dr. Susan Johnson, director of Health Promotion at the MUSC College of Health Professions, believes the environment can play a huge role in how we live our lives.

“We tend to be influenced by the people, places and things that are in closest proximity – so we need to surround ourselves with positive influences,” she recommended.

Dr. Johnson thinks the “all or nothing” mentality is what derails many people from achieving their goals, so she lives by the 80/20 rule.

“There are many interpretations of this phrase, but for me it means I’m going to try to make the best decisions I can for my health 80 percent of the time, and the rest of the time I’m going to relax, enjoy and be forgiving of myself.”

She has been educating herself on the research around the Blue Zones, whose mission is: “Inspired by the world’s longest-lived cultures, we help people live longer, better lives by improving their environment.”



In addition, the Power 9 habits, developed by a team of medical researchers, anthropologists, demographers and epidemiologists in search of the reason specific groups of people live longer than others, really resonate with her.

Some of the things Dr. Johnson feels are the most important to focus on for well-being are belonging to a supportive and health-promoting “tribe” and believing in a higher power.

“You should find a way to move that you look forward to and makes you feel good and have passion and purpose in your life’s work,” she advised.

The College of Health Professions, one of six colleges at the Medical University of South Carolina, recently celebrated its 50th year.

So let’s all raise a toast to just beginning where we are. See where it takes us, and have a Happy New Year – along with a happy new you. 🍷

ACCESS EVERYTHING YOU NEED,

*every time you need it.*

Enjoy more access to your kitchen with custom pull-out shelves for your **existing cabinets**.



**ShelfGenie®**  
EVERYTHING WITHIN REACH™

**BUY 5, GET 1 FREE\***

**Schedule your free design consultation**  
(888) 491-6191 • shelfgenie.com



\*Limit one offer per household. Applies to purchases of 5 or more Classic Glide-Out™ shelves. Expires 1/31/2018. Lifetime warranty valid for Classic or Designer Solutions

# Caring Profoundly About the Community

Terrell Glenn of  
St. Andrew's City Church

[ BY DENISE K. JAMES ]

Like so many other natives of beautiful South Carolina, Terrell Glenn has come home again after many years spent on a different mission. A graduate of the University of South Carolina and Virginia Theological Seminary, Glenn has served “a variety of churches,” including St. Andrew’s in Mount Pleasant, where he has just returned for his second time to be the pastor of City Church.

Never heard of St. Andrew’s City Church? If you’ve lived in the Lowcountry for a while, I’m willing to bet that you’ve been to its location for a show or two. It’s at the Music Farm on Ann Street – yes, the same place where you watched Yo La Tengo and the Flaming Lips on stage. On Sunday mornings for the last seven years, “the Farm,” as locals lovingly call it, transforms into a place to sip coffee and contemplate the good news of the Gospel. Originally headed by Pastor Todd Simonis, who, according to Glenn, “had a heart for everyone in the community,” City Church has flourished into a welcoming, inspiring place for those looking for a slightly



different venue to celebrate the Christian faith.

“It’s just the kind of thing that St. Andrew’s would do,” Glenn remarked. “It reaches a different crowd: college students, young professionals.”

As the new pastor at City Church, Glenn comes from a long, fulfilling background of both planting new and leading existing congregations. The “short version” of his story, which he shared with me over a cup of coffee at Metto on Coleman, was startlingly impressive. About 18



years ago, Glenn was serving at St. Andrew’s Church as rector, a position he held for a decade before deciding that God was calling him elsewhere.

“I stepped away, though it was hard,” he remembered. “My wife Teresa, my three children and I packed up and moved to Raleigh to plant a new church called Church of the Apostles.”

With that success in Raleigh, Glenn had hit a new sweet spot in his vocation – helping churches, new or existing, grow in faith. Next, he headed to All Saints on Pawleys Island, where he was soon made a bishop of the Anglican Church in North America. Before long, Glenn was overseeing multiple congregations on the East Coast. In 2013, while living in Charlotte, the opportunity to relocate to Houston and plant a new Anglican congregation presented itself, and the Glenn family embarked on yet another new adventure.

“Once the church was planted, we had to decide whether to stay and develop it further or move elsewhere,” Glenn mused. “Then Steve Wood called.”

Terrell Glenn and Steve Wood have a long-standing friendship. Both men served as rectors at St. Andrew’s Church; both are bishops of their faith. So when Wood telephoned almost a year ago and earnestly asked his friend if he’d consider returning to St. Andrew’s and leading the City Church congregation, it seemed a natural fit.

“He knew our story,” Glenn pointed out when I asked why Wood chose to call him. “We’ve both started churches from scratch and grown existing churches. The former pastor, Todd, was leaving City Church, and Steve knew that I’m accustomed to situations that require a transition – and that I have a passion for connecting people to Christ.”



Though the City Church has existed for just seven years, the people of St. Andrew’s have always been progressive in their vision, according to Glenn. He pointed out that “even 28 years ago, there were people at St. Andrew’s who wanted more.”



“Things happened in the 1990s that set the stage,” he said. “We were growing a deeper understanding of worship and of contemporary worship. Even though City Church did not exist years ago the first time I was there, it’s always been the kind of thing St. Andrew’s would do.”

Though the location for City Church is at the Music Farm – a decidedly more relaxed environment – Glenn said that it shares “the same DNA” with St. Andrew’s, and the Gospel message is unchanging. Each Sunday, City Church attendees can count on Pastor Glenn delivering an inspiring story from the Bible with examples they can relate to. The congregation isn’t always predictable – all kinds of folks stop by – and Glenn stressed the importance of being able to reach “people who are disconnected from God.” Even the homeless community, he said, is likely to come inside for a cup of coffee and the chance to contemplate something beyond themselves.

“We need to ask ourselves, what does it mean not only to be blessed but to be a blessing?” Glenn mused thoughtfully. “We don’t reach out to the community and insist that they must adhere to our tenets; we just bless them.”

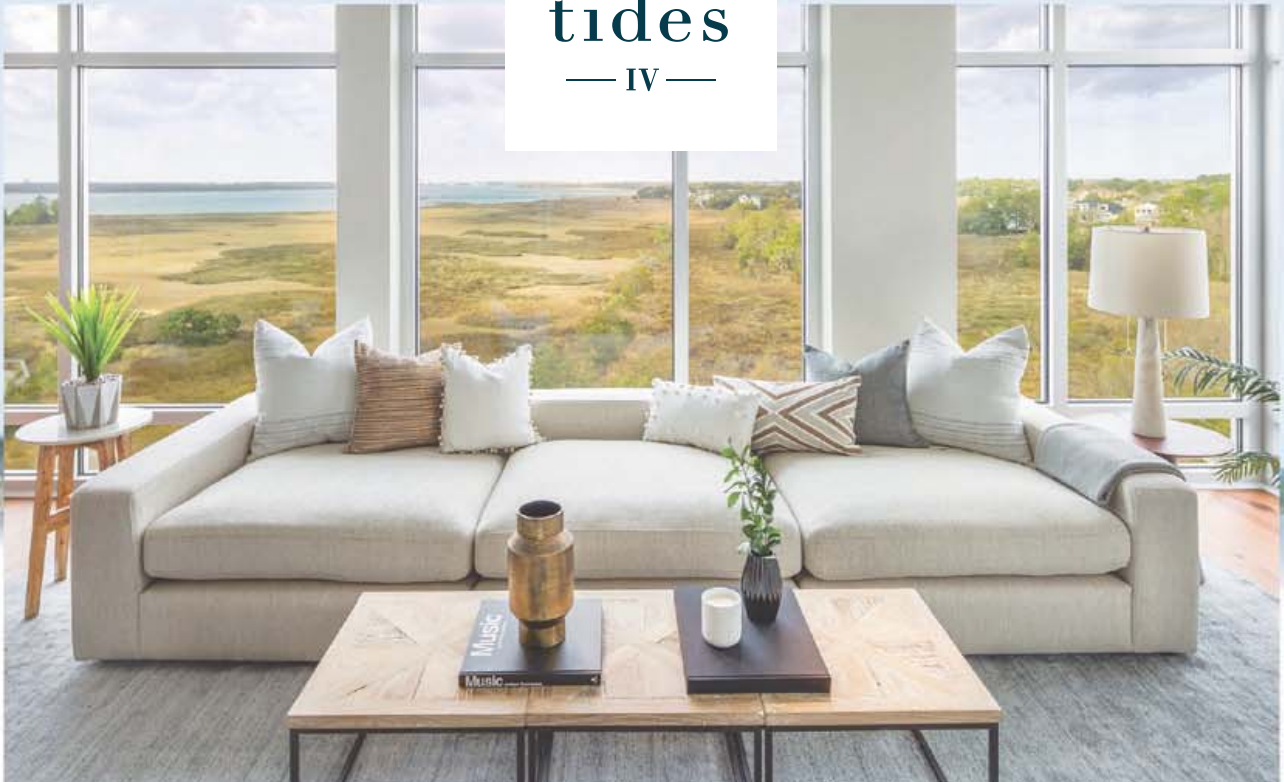
Folks interested in how such a dark and dive-y music venue could transform into a place for worship, take note – Glenn said that the Music Farm staff has been nothing short of helpful in getting ready for Sundays, including setting up chairs.

“We also turn the lights on,” he said with a smile.

And City Church reaches far beyond just Sunday mornings; its members enjoy camaraderie, from study groups to social outings. Whether it’s praying together, attending a small group or just heading to the beach or the baseball stadium for a day of fun, connectivity is key.

“City Church is relationship driven, and it has always cared profoundly about the Charleston community,” said Glenn. “We help people get to know each other in Christ.” 🙏

— T —  
tides  
— IV —



LAST CHANCE TO BUY NEW. OVER 80% SOLD.



Premier 2 and 3 bedroom residences now available during Tides IV's final release. Come see the spectacular views at Tides IV. From your floor-to-ceiling windows, you can watch egrets gliding over the marsh, see colorful ships on the Cooper River and, of course, remarkable sunsets. Owning a luxury residence at Tides IV also affords you the freedom from home maintenance so you can pursue adventure near and far. Treat yourself to a new view – and a convenient new lifestyle at Tides IV. Call **843.388.4681** to tour our designer model. Visit soon because limited residences remain.

Discover more at **TidesIV.com**

Another East West Partners Community  
155 Wingo Way | Mount Pleasant, SC 

## village park

URBAN LIVING IN NATURAL BEAUTY



Photo by Thomas Runion - Salt Glass Media.

# A Pocket Neighborhood for *Active People* Village Park in Mount Pleasant



*Photo by Thomas Runion.*

[ BY DENISE K. JAMES ]

Some people, like me, love the city life. They appreciate the opportunity to meet their neighbors, walk to points of interest and feel connected to a hub of activity. Several Mount Pleasant residents – and more to come – were looking for this kind of lifestyle, and they found it living in Village Park.

Where exactly is Village Park? It's right in the center

of Mount Pleasant, behind the Sea Island Shopping Center, just a hop and a skip from other East Cooper points of interest, not to mention a quick bike trip to beloved Sullivan's Island. The brainchild of boutique urban developer Fredda Culbreth, Village Park is a "pocket neighborhood for active people."

"This is a community for residents who want to enjoy

urban amenities such as walking and biking, as well as a neighborhood lifestyle with garden benches, farm tables for picnics and a fire pit for the cooler weather,” she noted.

Unlike some neighborhoods that might draw a certain age group or stage of life, Village Park draws all ages, according to Culbreth. New residents moving to the community range from 20 or 30-something young professionals to 60-something retirees; what they have in common is a love for being in the heart of old Mount Pleasant.

“The location is absolutely amazing. Proximity to downtown Charleston and the beaches is something you don’t often find in new developments in Mount Pleasant,” commented Jon Young, who, along with his wife, Jen, recently moved to Village Park.

“We really enjoy the location of the neighborhood the most. We’re about a 15-minute bike ride to Sullivan’s Island and the Ravenel Bridge,” added residents Mike and Pam Russell.

Walk around Village Park and you’ll notice immediately its cozy and friendly mood. With plenty of green space hosting the fire pit, benches, chairs and tables, residents can enjoy the beautiful Lowcountry weather we’re known for at the end of a busy day or on a lunch

break. Each home boasts a rooftop deck and a porch, and plenty of native trees and plants create whimsical, colorful scenery. It’s exactly the kind of place that one can imagine befriending the neighbors – which, according to Culbreth, is common.

“People do get to know each other here,” she commented. “It’s traditional in that sense, but it has a contemporary style. Our neighborhood is cutting edge, a kind of a secret garden within a larger neighborhood. Being built on a transitional street means lower pricing for high-end homes. And as the street changes and grows (plans are currently in the works), our homeowners will get the benefit of higher property values in a sought-out area.”

“It’s a quaint little neighborhood with beautiful landscaping and friendly neighbors,” added Young.

Currently, nine homes are built in Village Park, as well as a terrace (duplex-style) home offering 2,200 square feet on both sides. Four home sites are still available for new residents who crave a slice of city life in a lush setting. 🏡

*For more information, contact Randall Sandin of Carolina One at [RSandin@CarolinaOne.com](mailto:RSandin@CarolinaOne.com) or 843-209-9667.*

**122 NORTH SHELMORE, MOUNT PLEASANT, SC. 29464 | \$1,150,000**  
 With 5 bedroom(s), 4 full bath(s), 1 half bath(s) and 3,569 square feet, this classic colonial sits on a wooded, landscaped and fenced yard.  
 Carriage house makes a great guest cottage with separate living spaces.

**PAM BISHOP**  
 Realtor, SRS, CRS, SRES  
 Carolina One Real Estate  
[pbishop@carolinaone.com](mailto:pbishop@carolinaone.com) | [www.pambishop.com](http://www.pambishop.com) | [www.pambishoprealestate.com](http://www.pambishoprealestate.com)

Facebook: [pambishoprealestate](https://www.facebook.com/pambishoprealestate)  
 843.814.1622 | 843.856.3958  
 843.202.8653 fax

# FLEX

BY  
CRESCENT HOMES

## Redefining The Custom Home Building Experience



With Flex by Crescent Homes, you get the power and experience of a team of professionals used to building 300+ homes a year. Flex is changing the custom home building game.

### **FLEX offers a streamlined, cost-effective and stress-free solution to building your custom home:**

- We can purchase a homesite for you in your desired location anywhere in the tri-county area.
- If you already own your own property, we can build on your existing homesite.
- We have many stunning FLEX move-in ready homes in established communities and infill locations throughout the tri-county area.

**Learn more at** [www.crescenthomes.net/flex/](http://www.crescenthomes.net/flex/)  
or contact FLEX Representative Megan Marten:  
843.670.4902 | [Megan.Marten@crescenthomes.net](mailto:Megan.Marten@crescenthomes.net)



**VOTED BEST CUSTOM BUILDER IN 2017  
BY THE POST & COURIER AND CHARLESTON CITY PAPER**

### **VISIT THE DESIGN COLLECTIVE**

Our interactive showroom, where you can select from hundreds of premiere options to fully customize your new home.

1510 N Hwy 17, Mt Pleasant, SC 29464  
Monday- Saturday, 9:00am – 6:00pm  
Closed Sunday



# TOP MOST EXPENSIVE TEN HOMES SOLD Jan. 1 - OCT. 1, 2017

## I'On Mount Pleasant, SC

LISTING AGENT LISTING COMPANY	SELLING AGENT SELLING COMPANY	SELLING DATE	PRICE PER SQUARE FOOT	SELLING PRICE LISTING PRICE
1) Kendra Boozer JSP	Donna Campbell Carolina One	5/08/17	\$378.14	\$2,439,000 \$2,495,000
2) Rebecca Linenger The Boulevard	Elle Haynes William Means	6/30/17	\$387.73	\$1,899,900 \$1,899,900
3) Laurie Thornhill Dunes Properties	Helen Geer William Means	3/30/17	\$342.52	\$1,590,000 \$1,625,000
4) Kim Meyer Keller Williams	Kristie Potts Keller Williams	3/03/17	\$355.93	\$1,575,000 \$1,584,900
5) Laurie Thornhill Dunes Properties	Charles Baarcke McAlister Preferred	6/13/17	\$301.75	\$1,500,000 \$1,599,000
6) Blair Johnson & Angela Funcik Dunes Properties	Laurie Thornhill Dunes Properties	6/30/17	\$402.04	\$1,500,000 \$1,500,000
7) Meghan Webster Cassina Group	Bryan Chavers Century 21	9/22/17	\$384.32	\$1,450,000 \$1,590,000
8) Michelle McQuillan William Means	Laurie Thornhill Dunes Properties	4/21/17	\$349.48	\$1,400,000 \$1,450,000
9) Sue Hensch Carolina One	Sue Hensch Carolina One	5/19/17	\$269.65	\$1,400,000 \$1,450,000
10) Pam Bishop Carolina One	Pam Bishop Carolina One	4/06/17	\$262.41	\$1,380,000 \$1,400,000

\* Media Services, Inc. does not take responsibility for any information deemed to be incorrect, including: MLS listed or sold price, listing agent or company, selling agent or company. Please note that agents and companies can and do change.

# We Are Charleston Real Estate

Specializing in Mount Pleasant and the surrounding islands. From lots, land and custom building to condos and single family homes. Put our over 40 years of combined real estate experience to work for you... making your transactions seamless.

**Yvette Grist**  
843.312.0696

**Franne Schwarb**  
843.270.1207

**Chari Karinshak**  
843.810.8287



**CHARLESTON  
FINE HOMES**



[www.CharlestonFineHomes.com](http://www.CharlestonFineHomes.com)

# Finishing 2017 with a *Bang!*

## David Kent Earns South Carolina Realtor of the Year

[ BY DIANE PAULDINE ]

**U**nder sparkling lights at the Hyatt Regency banquet hall in downtown Greenville, the South Carolina real estate community gathered for their annual conference and expo and to name the 2017 Realtor of the Year. Designed to honor and recognize a Realtor member who has contributed most to the advancement of the real estate profession and community, this year's recipient was David Kent of Mount Pleasant.

As broker in charge of The Real Buyer's Agent, Kent is celebrating over 20 years of being in the real estate business. He opened the Charleston area's first exclusive buyer's agency in 1995.

Starting out in construction management and land development, Kent said he was often approached by friends for advice on buying a home.

"I loved what I was doing on the construction side of this business, but, at that time, there wasn't a company representing just buyers," Kent recalled. "I could see there was a need for this kind of representation and decided to make a change."



Photos courtesy of David Kent.

David Kent was recently honored as 2017 South Carolina Realtor of the Year.

With his business partner, W.C. Stricklin, he opened The Real Buyer's Agent, and their innovative approach to the real estate business took off. Kent's superior service and commitment to his clients has now earned him the distinguished honor of being recognized as the Palmetto State's Realtor of the Year.

"You don't even know you've been nominated for this award," Kent explained. "At the annual conference, there's always a video presented showing friends and colleagues of the recipient, and, as you're watching, you begin to realize it's about you."

Kent said that as he walked up to the podium after being named, he turned around and saw his family, and, at that moment, it hit home.

"I saw my wife, my two daughters, my mother-in-law and my business partner and at that point was just trying to keep it together," he said.

To be recognized this way is certainly a highlight of his lengthy career.

"Being voted by your peers is very special," Kent said. "It's very humbling, and I don't know if I really deserve it, but they seemed to think so. I'm truly honored."

Kent has served on many local, state and national committees and boards. He was president of SCR in 2016, the Charleston Trident Association of Realtors in 2005 and the Charleston Trident MLS in 2008. He also served as Region 1 vice president, Realtors Education Foundation director, and was CTAR's Realtor of the Year in 2008.

He is currently serving as a National Association of Realtors director, completed SCR's Esteemed Leadership program, Leadership SCR in 2005 and is a 2010 graduate of NAR's Leadership Academy. Active in his community, Kent has also served the Mount Pleasant Rotary Club and the Charleston Planning Commission.

Kent said helping clients find the right home is the most satisfying part of his job.

"It's a process that I really enjoy. They tell you what they're looking for, I set parameters based on that, and I help guide them through it."

Kent said he and his team at The Real Buyer's Agent work hard to focus on buyers and make sure they receive the best possible service: "We go out and do our best to find exactly what our customers are looking for. We're focused on them and, at the end of the day, committed to complete client satisfaction." 🏠



Left to right: His business partner, W.C. "Cece" Stricklin; daughter Hanna Kent; wife Minou Kent; David Kent; daughter Ali Kent; and mother-in-law Shirley Wagner.

**PLUMBING SERVICE IN MOUNT PLEASANT**



**C&C MYERS Heating & A/C LLC**  
**PLUMBING AND DRAINS**

FOR DRIPPING FAUCETS,  
 RUNNING TOILETS AND CLOGGED DRAINS  
 CALL THE TEAM AT C&C MYERS HEATING,  
 A/C PLUMBING AND DRAINS!

Call us about our  
**\$93 DRAIN CLEANING SPECIAL!**  
 (Certain restrictions may apply.)  
**843.881.7588**



*Voted One of the Best  
 Mount Pleasant Plumbers*

• PLUMBING REPAIR • EMERGENCY PLUMBING REPAIR  
 • EMERGENCY PLUMBER

**www.myersforac.com**



**COASTAL CLASSICS**

**For the House**  
*"The Barstool Shop"*





Choose your art design, table style, size, height, and finish.  
 See store for details.

**Largest Selection of Barstools in the Lowcountry!**

**SHOP LOCAL**

**843.881.7073**  
 921-A Houston Northcutt Blvd. • Mt. Pleasant, SC • Next to Whole Foods  
[thebarstoolshop.com](http://thebarstoolshop.com)

**We carry unusual heights. We also carry Tables, Chairs and More...**



# Truly One-of-a-kind

369 Ralston Creek Drive

[ BY DIANE PAULDINE ]

**B**ig cities certainly have advantages – culture, dining, employment opportunities and excitement. But face it: Sometimes people yearn for a peaceful, serene atmosphere where they can relax, raise a family and rely on neighbors with good, basic, down-home values.

There is one such small “town” within the Charleston city limits that offers a peaceful, almost Norman Rockwell lifestyle but at the same time provides the advantages of a big city – a little gem called Daniel Island.

Owning a home in this treasured town would be a dream come true for anyone looking for traditional neighborhoods, a vibrant downtown, acclaimed schools and fantastic recreation. While there are a number of homes for sale on Daniel Island, there’s one currently on

the market that is like no other.

Owners Steve and Heidi Strenck have been the proud owners of 369 Ralston Creek Drive for the last three years and can attest to the unmatched quality of life on Daniel Island and the unique beauty their home offers.

“The island is very self-contained but has a little bit of everything to make life here special,” Heidi Strenck said. “We love how open it is and all of the amenities you could ever need so close by.”

Referring to all the large parks, green space, great restaurants and shops, she said: “We love being able to ride our bikes everywhere. This house has been a wonderful place to live.”

The home has almost 6,700 square feet of living space and is elegantly appointed throughout.

Represented by Pam Bishop of Carolina One Real Estate, the house is truly one-of-a-kind.

“The wraparound porches give you wonderful views and access to many areas of the home,” Bishop said. “It’s perfect for a mother-in-law with its own elevator to a beautiful bedroom, private bath and sitting den at the back of the home.”

Strenck said her favorite features of their home are the open design and beautiful windows all around the house.

“We love the natural light that comes through,” she said.

The house boasts a state-of-the-art kitchen with double ovens, a Sub-Zero refrigerator, custom cabinetry and a built-in wine cooler. There’s a great room with a stone fireplace, a large separate guest suite and Heidi’s personal favorite – a playroom/office located off the kitchen.

“We use that room as a playroom for our daughter, which has been great because it enables her to be close by playing while we’re in the main part of the house,” she said.

Living on Daniel Island has truly been a wonderful experience for the family.

“The amenities here are incredible. There are plenty of restaurants, shops – everything you need is right here,”



Strenck said.

And with Volvo Car Stadium and MUSC Health Stadium, island residents also have access to some of the best national sporting events and concerts around.

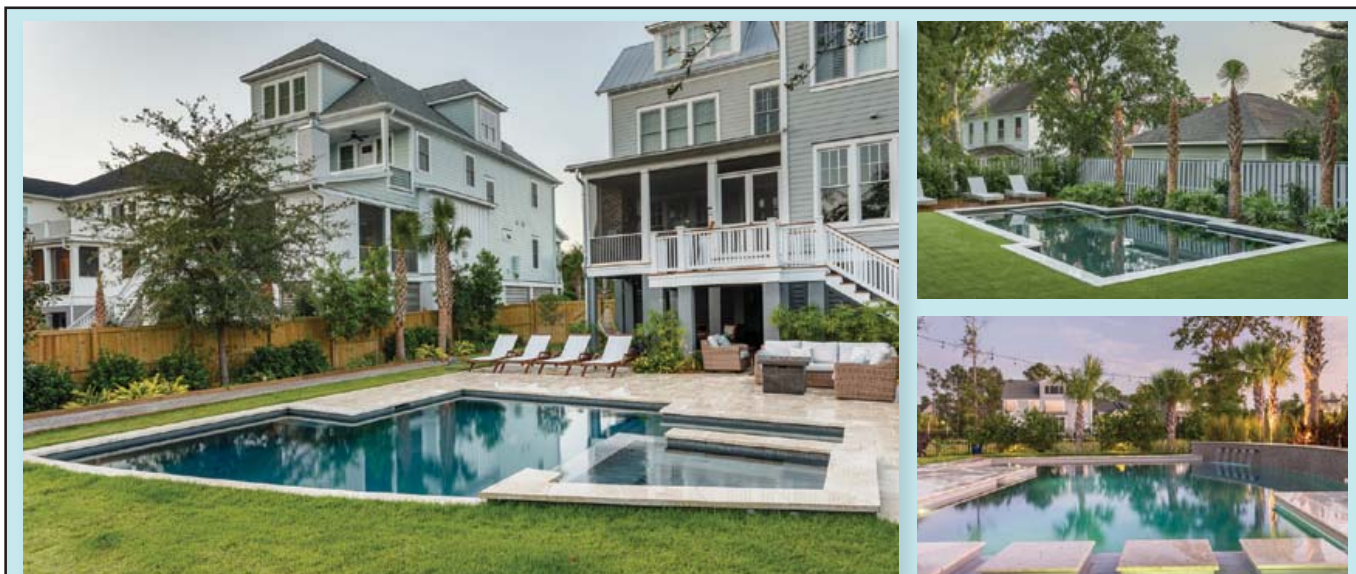
“We even have our own

library. That’s lovely,” she added.

The small-town atmosphere makes Daniel Island a place where neighbors quickly become friends, looking out for one another and lending a hand when others in the community are in need. There are endless ways to get involved, from welcome committees, churches and schools to clubs and groups for all interests – running, biking, walking, gardening, kayaking, fishing, fine dining and more.

Anyone fed up with crowding, crime, noise and the frustrations of living in a big city should come take a look at this amazing home at 369 Ralston Creek Drive, a corner lot with beautiful lagoon and marsh views. This is a home truly like no other, in a small town like no other. 🏡

*To learn more, contact Pam Bishop of Carolina One Real Estate at 843-814-1622 or at [pbishop@carolinaone.com](mailto:pbishop@carolinaone.com).*



*Creating Dream Backyards in Mount Pleasant for Over 30 Years*

POOL AND SPA CONSTRUCTION • HOTSPRING SPAS • SERVICE AND REPAIR • WEEKLY MAINTENANCE • POOL CHEMICALS AND ACCESSORIES



Charleston's only Aquatech Society Build/Design Firm



Voted Best Pool and Spa Company 2015, 2016 and 2017

1111B Bowman Road • Mt. Pleasant, SC 29464 • 843.881.3068 • [www.atkinsonpools.com](http://www.atkinsonpools.com)

# Your Trusted Name In Real Estate



Brick Church Farm is an ultra-private 18-acre horse farm for sale within the Frances Marion National Park. This horse farm offers unmatched privacy, protection from future development, close proximity to Charleston, Mt. Pleasant and the beaches.



Iconic location of this magnificent property and the site of the legendary Revolutionary War Battle of Sullivan's Island! Amazing views of Atlantic Ocean and Breach Inlet, but also Hamlin Creek and the marsh.



This gorgeous traditional home is perfectly designed for the family that seeks it all! Over 5300 square feet of living area with multiple bedrooms and bonus areas to fit any stage of life.



Proposed Construction! Beautiful Custom Home to be built on .43 acre lot in desirable Masonborough section of Park West! Built to the highest quality specifications.



Traditional Lowcountry home with large porches! Freshly painted interior, refinished floors, and new carpet! The open floor plan features gorgeous heart pine floors and a custom trim package.



Owned by Custom Builder. Meticulously maintained and sits on over 1/2 acre. Features hardwood floors, 2 living rooms, separate dining room, gourmet kitchen with granite countertops, master suite on main, and a mother in law suite.



Whether your interest lies in

Charleston or

Mount Pleasant SC

we at

**THE  
ED HUNNICUTT  
TEAM**

have over half a century of combined experience and are technologically equipped in every way to help you find the perfect home.



Voted Best 2017 Real Estate Team!

Visit us today to access current homes for sale.

195 West Coleman Blvd.

[www.EdHunnicutt.com](http://www.EdHunnicutt.com) | (843) 270-0292

**Carolina One** Real Estate



# Bringing the Elements of a Purchase Together

## Pearce Law Firm

( BY BILL FARLEY )

If you're in the market for a nice three-bedroom, two-and-a-half-bath, ranch-style home in any of the Lowcountry's many attractive subdivisions, just about any competent real estate attorney can handle your transaction.

But if you fall into that category of prospective buyers with special demands and needs, the Pearce Law Firm is uniquely qualified to provide the expertise and experience required to take you from the first steps through often complex negotiations to a successful purchase.

Pearce Law Firm specializes in high-profile properties and clients such as celebrities as well as successful business leaders. These properties are often valued in the multi-millions. An example of a property handled throughout the process by Pearce Law Firm is a 2010 \$14 million purchase on Kiawah Island, at that time said to be the largest residential closing in South Carolina history. Five years later, the firm also handled the sale of the same property for more than \$20 million.

"Every closing is a puzzle," the firm's sole partner and owner, Dixon Pearce, said, "because everyone's situation is different. There are always collateral issues which our clients need us to help them navigate through, and, when you're dealing with someone famous or somebody considered high profile for any other reason, it takes more awareness of that client's needs and desires."

Pearce added: "Buyers, sellers, real estate agents, insurance agents, homeowners associations and lenders are all counting on us to bring all the many disparate elements of a purchase together successfully on a specific date at a



specific time."

Adding to the complexity of such transactions, he said, are factors such as clients selling houses in other locations with issues in the timing of their sale and purchase, clients with limited availability to participate in their transactions and clients residing in other countries.

"Pearce Law Firm is uniquely qualified to handle the full range of high-profile transactions," he added. "But even with the average client and property, every buyer should want the best law firm available to handle what is likely the largest transaction in their life."

A practicing attorney since 1992, Pearce began his



career in real estate law in 2000. He founded his own law firm in 2007. At present, Pearce Law Firm employs two attorneys and four closers.

"We are not a high-volume firm," he said, "and thus our attorneys are supervising staff work more closely. We have the time and the commitment to give each client the attention they need, and, for high-profile clients and properties, this is always extremely important."

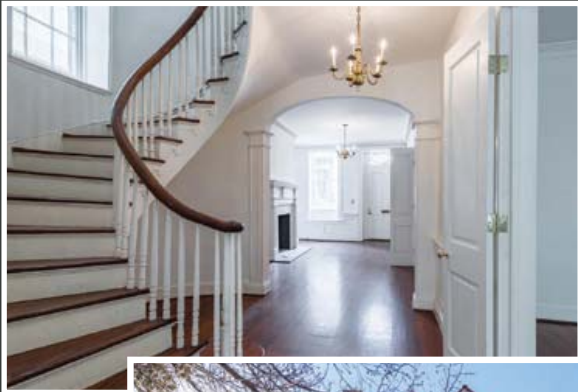
Pearce noted that "In addition to the unanticipated twists and turns that can arise in the midst of a real estate closing, Pearce Law Firm carefully balances a myriad of other issues: legal and ethical duties, contractual issues, title insurance issues, hazard and flood insurance issues and lender regulations and policies." 🏡

( Pearce Law Firm is located at 1476 Ben Sawyer Blvd. in Mount Pleasant. To learn more, visit [www.pearce-law.com](http://www.pearce-law.com) or call 843-972-0860. )

# OWN A PIECE OF CHARLESTON HISTORY.

AVAILABLE SPRING 2018

49 Tradd Street, Charleston, SC



4 bedrooms, 3 full & 2 half bathrooms, 3,477 sq ft

Colonel Chicken House, circa 1731

*Exclusively offered by*

Troy Barber

TBarber@KingandSociety.com

Cell/Text: 843.364.0432

Keith Lucas

KLucas@KingandSociety.com

Cell/Text: 843-834-5000



**KING & SOCIETY**  
REAL ESTATE

**93 SOCIETY STREET  
CHARLESTON, SC 29401  
843.388.4674**

[www.kingandsociety.com](http://www.kingandsociety.com)

**Buy | Build | Stage | Sell | Invest | Renovate | Manage**

# Bringing Projects to the Next Level King & Society

**K**ing & Society is not your average real estate company. It is comprised of several “sectors” which provide their clientele with the most progressive and comprehensive real estate experience possible.

“Our sectors provide seamless services in the buying and selling of real estate, property and vacation management and large-scale new construction and remodeling,” said

Troy Barber, a principle with King & Society.

Barber started his career in traditional real estate sales but said he found it to be too limiting and decided to create a true, full-service real estate company.

“As we were growing, we recognized the demand for new-build homes and major renovation projects

throughout the market,” he said. “What came next was the natural progression of providing ancillary services, allowing us to further diversify our offerings and better assist our customers. Since combining and leveraging our sectors, we have helped a growing number of clients who had purchased a property with King & Society and have gone on to assist them with their remodel or new build.”

General Contractor Justin Roland and Robert Williams manage the renovation and new construction division of King & Society.

“With over 30 years of hands-on experience between them, they are always striving to bring their projects to the next level,” Barber said.

Roland’s construction career began when he worked for a large commercial general contractor during high school summers. He pulls from hands-on experiences with everything from parking garages and shopping centers to high-end custom homes and whole house renovations.

Williams began working in construction in early 2003. Starting as a punch technician, he felt he was learning how to build a house from a finished product working backwards. This gave him a unique approach when he was given the opportunity to build a house from the start.

Their team focuses primarily on residential and commercial projects, with large-scale remodeling, total



renovation and new home construction as their core concentration.

“Many of our clients are looking to perhaps add an addition to their home or completely remodel their home or business,” Roland explained. “As diverse as our portfolio is, we do tend to have more projects in the downtown

*Our customers are our number one concern.*

Thanks for voting us



Best Heating & Air Company



*We are here to serve you.*

**C&C MYERS**  
**Heating & A/C LLC**  
 RESIDENTIAL & COMMERCIAL

Call us today at

**843.654.4122**



**PALMETTO MOON**  
 SYNTHETIC TURF

PET TURF • ARTIFICIAL LAWNS • PUTTING GREENS  
 GOLF TURF • PLAYGROUNDS • ATHLETIC FIELDS  
 SALTWATER RESISTANT TURF

**HURRICANE IRMA BEFORE**  
 9-11-17



**HURRICANE IRMA AFTER**  
 9-12-17



For a FREE Estimate,  
 call Marty at 843.618.6611 today!  
**PalmettoMoonSyntheticTurf.com**



**THE BEST WAY TO BUY INSURANCE**

**At Brightway, we know one size doesn't fit all.**

With access to over 100 insurance companies, our team of experts will shop the market to find the best coverage to fit your individual needs and your budget.

Whatever your insurance need, we can meet it.

Give us a call or visit us online for a free quote on your Home, Flood, Auto or Boat insurance.

**Jenny McKenzie**  
 Agency Owner  
 Brightway, The McKenzie Agency  
 843-408-4554  
 jenny.mckenzie@brightway.com  
 BrightwayMcKenzie.com



The insurance agency reinvented around you.®

Home • Flood • Auto • Motorcycle • Boat

Charleston and East of the Cooper areas. On a typical day, we are working on projects from condo complexes to high-end custom homes to historic preservation projects.”



49 Tradd - Downtown - Historic remodel, available spring 2018.



With their experience, King & Society works hard to make dreams a reality, delivering real craftsmanship with absolute integrity. It’s the expertise in so many areas that

“We enjoy participating in the design process and matching it with the right architect for the job,” he added. “Being involved at the very beginning and during the conceptual stage allows for a smoother transition into the project itself. Working through a project this way, it allows the contractor, architect and end user to work in unison to meet the objectives and goals and to keep the project on budget.”

King & Society has assembled a team of Charleston’s most established agents, best contractors, finest interior designers and architects, as well as the most trustworthy lenders – all so clients can find, buy, stage, build, remodel and sell faster and more profitably than ever expected.

really sets them apart from other companies.

“We work hard to bring a person’s vision to life,” Barber proudly added, “whether it’s a renovation or high-end custom home. I’m proud of our team and what they have accomplished.”

Roland added that every home deserves the royal treatment and “we make every effort to provide top-notch service to our clients to help foster long-lasting relationships for years to come.”

To learn more, visit [www.kingandsociety.com](http://www.kingandsociety.com).

**Billy Swails, Agent**  
1047 Johnnie Dodds Blvd  
Mt Pleasant, SC 29464  
Bus: 843-884-5149  
[www.billyswails.com](http://www.billyswails.com)

**Extra money...the perfect gift for the driver who has everything.**  
Whether you’re a good driver, good student or have a homeowners policy with State Farm®, we’ve got a discount waiting for you.  
**GET TO A BETTER STATE.®**  
**CALL AN AGENT OR VISIT US ONLINE TODAY.**



1103164.1 State Farm Mutual Automobile Insurance Company, State Farm Indemnity Company, Bloomington, IL

Lowcountry’s **Paint Source** for  
**Benjamin Moore®**  
Paint like no other.™

**SPECTRUM PAINT**

[www.spectrumpaint.com](https://www.spectrumpaint.com)

**5 LOWCOUNTRY LOCATIONS**

**Mt. Pleasant**  
3365 S. Morgan’s Point Rd. | 843.970.2800  
826 Coleman Blvd. | 843.884.1838

**Charleston** | 1063 Morrison Dr. | 843.722.1056  
**Johns Island** | 3575 Maybank Hwy. | 843.559.1263  
**Summerville** | 216 N. Main St. | 843.873.2215

**TOP TEN MOST EXPENSIVE HOMES SOLD Jan. 1 - OCT. 1, 2017**

**Dunes West  
Mount Pleasant, SC**

LISTING AGENT LISTING COMPANY	SELLING AGENT SELLING COMPANY	SELLING DATE	PRICE PER SQUARE FOOT	SELLING PRICE LISTING PRICE
1) Robin Hart Gatehouse	Ann Coggiola Carolina One	8/15/17	\$370.69	\$1,720,000 \$1,720,000
2) Sam Haynes William Means	Renee Pote Iron Gate	4/28/17	\$287.30	\$1,350,000 \$1,399,000
3) Susan Cox Carolina One	Tiffany Hammond Brand Name	4/12/17	\$302.88	\$1,300,000 \$1,450,000
4) Matt O'Neill Matt O'Neill	Jan Snook Keller Williams	4/21/17	\$256.23	\$1,275,000 \$1,325,000
5) Sandra Nettles AgentOwned	Jerry Mann Carolina One	4/08/17	\$251.91	\$1,155,000 \$1,175,000
6) Clay Cunningham Carolina One	Wendy Deitsch LifeTree	1/05/17	\$200.61	\$1,150,000 \$1,250,000
7) Matt O'Neill Matt O'Neill	Chip Aydlette Carolina One	8/11/17	\$301.78	\$1,100,000 \$1,150,000
8) Shane Spurling Matt O'Neill	Shane Spurling Matt O'Neill	3/14/17	\$217.48	\$1,060,000 \$1,175,000
9) Franne Schwarb & Chari Karinshak Coldwell Banker	Meg Watson Keller Williams	7/26/17	\$239.92	\$1,000,000 \$1,090,000
10) Franne Schwarb & Chari Karinshak Coldwell Banker	Joanne Harwell Coldwell Banker	2/06/17	\$193.24	\$995,000 \$1,092,500

\* Media Services, Inc. does not take responsibility for any information deemed to be incorrect, including: MLS listed or sold price, listing agent or company, selling agent or company. Please note that agents and companies can and do change.



**Hello,  
neighbor!**

**Angela Holbert**

*Agent/Owner*

757 Long Point Rd Suite B,  
Mount Pleasant, SC 29464

843-352-2177

angelaholbert.com

**Please stop by and say, "Hi!"**

I love being part of this community - and as a new State Farm agent, I'm excited to get to know more of you. Whether you need insurance or financial services, I'm here to help life go right.

**CALL ME TODAY.**



# TOP MOST EXPENSIVE TEN HOMES SOLD Jan. 1 - OCT. 1, 2017

## Brickyard Plantation Mount Pleasant, SC

LISTING AGENT LISTING COMPANY	SELLING AGENT SELLING COMPANY	SELLING DATE	PRICE PER SQUARE FOOT	SELLING PRICE LISTING PRICE
1) Julie Nims Matt O'Neill	Cameran Wimberly Carolina One	5/05/17	\$278.98	\$1,160,000 \$1,249,900
2) Amy Templeton Carolina One	Joanne Brockway Keller Williams	8/16/17	\$229.89	\$900,000 \$950,000
3) Brandon Breaux & Jim Near Keller Williams	Brandon Breaux Keller Williams	4/27/17	\$217.95	\$765,000 \$765,000
4) Joanne Brockway Keller Williams	Jeremy Cervenka Brand Name	8/07/17	\$224.47	\$710,000 \$725,000
5) Michelle Walsh & Renee Pote Iron Gate	Don Dawson Carolina One	6/07/17	\$213.64	\$686,000 \$697,000
6) Lauren Anderson Carolina One	Cassie Neal Carolina One	5/18/17	\$192.86	\$630,000 \$630,000
7) Franne Schwarb & Chari Karinshak Coldwell Banker	Charles Baarcke McAlister Preferred	8/04/17	\$231.05	\$625,000 \$639,000
8) Jonnie Furmanchik Carolina One	Anna Allen The Boulevard	3/10/17	\$195.50	\$600,000 \$625,000
9) Ann Evans Carolina One	Stephanie Toole Matt O'Neill	2/17/17	\$204.79	\$599,000 \$635,000
10) Diane Gorczyca & Frank Cox Carolina One	Peggy Leete Carolina One	6/13/17	\$207.80	\$570,000 \$580,000

\* Media Services, Inc. does not take responsibility for any information deemed to be incorrect, including: MLS listed or sold price, listing agent or company, selling agent or company. Please note that agents and companies can and do change.

## DISCOVER THE BEST OF BRICKYARD PLANTATION

**LEARN** about the rich history of the plantation and view the picturesque drone video.

**ACCESS THE TOP TEN** Most Expensive Homes sold in Brickyard Plantation and more.

While you're there read articles on the following **MOUNT PLEASANT NEIGHBORHOODS**:

- ▶ Belle Hall Plantation
- ▶ Charleston National
- ▶ Hamlin Plantation
- ▶ LongPoint
- ▶ Park West
- ▶ Hobcaw Creek Plantation
- ▶ Beresford Hall
- ▶ Dunes West
- ▶ Snee Farm
- ▶ Nelliefield
- ▶ Rivertowne

For information about homes for sale in this neighborhood email  
[Publisher@MountPleasantMagazine.com](mailto:Publisher@MountPleasantMagazine.com)



[www.BrickyardHomes.com](http://www.BrickyardHomes.com)

**TOP TEN MOST EXPENSIVE HOMES SOLD Jan. 1 - OCT. 1, 2017**

**Hobcaw Creek  
Mount Pleasant, SC**

LISTING AGENT LISTING COMPANY	SELLING AGENT SELLING COMPANY	SELLING DATE	PRICE PER SQUARE FOOT	SELLING PRICE LISTING PRICE
1) James Wingard & Deborah Wingard Southeastern	Paul King Redfin Corp.	9/08/17	\$290.31	\$1,100,000 \$1,350,000
2) Clay Cunningham Carolina One	Jonnie Furmanchik Carolina One	6/19/17	\$304.93	\$1,020,000 \$1,099,000
3) Clark Coker & Rick Atkinson Carolina One	Troy Barber King & Society	9/06/17	\$201.08	\$837,500 \$849,000
4) William Stover Carolina One	Jonathan Crompton Keller Williams	10/02/17	\$194.13	\$780,000 \$800,000
5) Marcia Wray Carolina One	Angie Foster The Real Estate Firm	5/22/17	\$182.43	\$650,000 \$659,000
6) Jackie Scarafile & Matt Scarafile Carolina One	Bob Farina Prestige	7/14/17	\$198.69	\$635,000 \$650,000
7) Karen Abrams Keller Williams	Mary Zeigler BH&G- The Beach Co	5/15/17	\$210.24	\$616,000 \$615,000
8) Arnold Ruiz Keller Williams	Mary Beth Bennett AgentOwned	3/15/17	\$166.71	\$615,000 \$649,000
9) Mary Molony Carolina One	Michael Green Keller Williams	8/10/17	\$181.93	\$612,000 \$620,000
10) Brenda Plaskowski The Boulevard	Stuart DeVault Carolina One	2/21/17	\$201.12	\$592,500 \$650,000

\* Media Services, Inc. does not take responsibility for any information deemed to be incorrect, including: MLS listed or sold price, listing agent or company, selling agent or company. Please note that agents and companies can and do change.

**Abasi Chapman**



**BERKSHIRE HATHAWAY**  
HomeServices  
Carolina Sun Real Estate



(843) 446-5326

A veteran, husband and father working to bridge the gap between you and your real estate goals.

- \*Buying your dream home
- \*Selling your real estate assets
- \*Investments
- \*Waterfront properties

m: (843) 446-5326 | o: (843) 388-8118 | e: abasi@bhhsun.com |

REAL ESTATE EXPERTS



WHO KNOW THE AREA



3429 Toomer Kiln Cr., 4 bedrooms,  
3 baths, 3,210 sq.ft.  
\$499,900.00



CALL  
**CHERYLL  
WOODS-  
FLOWERS**  
843.442.2219



[www.woodsflowers.com](http://www.woodsflowers.com)

**ACCESS  
MOVERS & SHAKERS  
IN CHARLESTON  
REAL ESTATE**

[www.ChsWomenInRE.com](http://www.ChsWomenInRE.com)



To be interviewed in the  
magazine and for the website  
e-mail  
[Info@ChsWomenInRE.com](mailto:Info@ChsWomenInRE.com)



**Carolina One**  
Real Estate



1149 Deleisseline Blvd., Mt. Pleasant  
4 Bed, 3.5 Bath, 3,700 sqft  
\$850,000.00



CALL  
**KATRINA  
JOHNSON**  
REALTOR OF  
DISTINCTION  
CBR, ABR, CRS, CNE  
843.452.2747

[www.sellingcharlestonsc.com](http://www.sellingcharlestonsc.com)

**THE  
AgentOwned  
REALTY CO.**



Carolina Park, 4 bedrooms, 3.5 baths.  
Just two years young! \$589,000



CALL  
**ANDREA  
ROGERS**  
for more information:  
843.532.3010

[andrearogers1@gmail.com](mailto:andrearogers1@gmail.com)

Visit us at our new home when  
you're ready to find yours!



Opening Soon at  
835 Coleman Boulevard

**dunes properties** of Mount Pleasant

Real Estate Sales 800.476.8444  
Vacation Rentals 888.843.2322  
[www.dunesproperties.com](http://www.dunesproperties.com)



122 NORTH SHELMORE,  
MOUNT PLEASANT, SC. 29464  
\$1,150,000

With 5 bedroom(s), 4 full bath(s), 1 half  
bath(s) and 3,569 square feet, this classic  
colonial sits on a wooded,  
landscaped and fenced yard.

**PAM BISHOP**

Realtor, SRS, CRS, SRES  
Carolina One Real Estate  
[pbishop@carolinaone.com](mailto:pbishop@carolinaone.com)  
[www.pambishop.com](http://www.pambishop.com)  
[www.pambishoprealestate.com](http://www.pambishoprealestate.com)  
Facebook: [pambishoprealestate](https://www.facebook.com/pambishoprealestate)  
843.814.1622  
843.856.3958  
843.202.8653 fax



# A Website to Whet Your Appetite

[www.LowcountryCuisineMag.com](http://www.LowcountryCuisineMag.com)

Charleston is constantly receiving new food accolades. Cutting edge restaurants are constantly opening. But when the time comes for Friday night dinner with the family and your mind suddenly draws a blank, where do you turn? How will you narrow down your choices? Should you go with tacos or a steakhouse? And which local restaurants do your fellow Lowcountry residents say good things about?

Welcome to *Lowcountry Cuisine* magazine online. If you love to eat and experience great food in the Charleston area, this website will be your favorite. There are so many

*Whether you're in search of an award-winning restaurant, a foodie event, a market to buy fresh vegetables ...*

great restaurants in the Lowcountry, our goal is to help you decide where to spend your day or night and enjoy the atmosphere as well as the food. If you're feeling stumped for answers, *Lowcountry Cuisine* will help you figure out your next best meal.

Check out the tab that helps you locate favorite area restaurants based on your location. It even provides directions. Whether you live in West Ashley, Mount

Pleasant, downtown Charleston or Folly Beach, our interactive restaurant map will help you determine the best eateries in your corner of the Lowcountry.

Another popular tab on the website offers recipes for those nights you'd rather be in your own kitchen. From ingredients to step-by-step directions, you're sure to impress your family with these dishes.

If you want to read more about the local food scene or find out which restaurants are receiving awards, this is the place for that as well. Our restaurant profiles range



from high-end establishments to casual dining spots and everything in between. Written by *Lowcountry Cuisine* magazine writers and brimming with flavor, these profiles will have you looking forward to a night out.

And, we would be remiss not to mention the food-related events you'll discover on [LowcountryCuisineMag.com](http://LowcountryCuisineMag.com). For all things culinary in the city, check this page for outdoor festivals, wine tastings and more.

Whether you're in search of an award-winning restaurant, a foodie event, a market to buy fresh vegetables or just about anything else pertaining to eating in Charleston, you're sure to find it on [LowcountryCuisineMag.com](http://LowcountryCuisineMag.com). And don't forget that you can read the entire print publication in digital format while you visit. It's pretty much a one-stop shop for everything tasty. 🍴

# LOW COUNTRY CUISINE

Celebrating **CHARLESTON** Flavor



**Dive In**  
*Favorite Watering Holes*

**The Food Tube**  
*Charleston's on TV*

**FANCY!**  
*Holiday Fashion,  
Food, Drinks*

Coconut Cake • Page's Okra Grill • Recipe on Page 62  
Photo by Krysta Chapman.

*Yappy Holidays*  
FROM YOUR FRIENDS AT RED'S!



Grab a gift card from Red's!

**Mt. Pleasant - Historic Shem Creek - 98 Church St. - 843.388.0003 - [www.redsicehouse.com](http://www.redsicehouse.com)**

**"Our favorite restaurant period!!!**

Great service, awesome food, and the best view."

*Thanks Sean!*



**GIVE LOCAL GIFTS**

Stop is for a T&T Gift Card!

**SHEM CREEK | MT. PLEASANT**



100 CHURCH STREET  
MT. PLEASANT, SC 29464

P. 843.352.9510



**TAVERN  
& TABLE**

**TAVERNANDTABLE.COM**



LUNCH, DINNER, HAPPY HOUR,  
COCKTAILS & SUNDAY BRUNCH

ALL MENUS AVAILABLE ONLINE

FEB. 28 - MAR. 4, 2018

# CHARLESTON WINE + FOOD

*bundle + save with ticket packages.*

## STARTER

\$335 SINGLE / \$670 COUPLE

.....  
INCLUDED IN TICKET PACKAGE:

Nassau Street Saloon  
Culinary Village: Saturday  
Harlem + Hominy  
Charleston Wine + Food Merch

## SUPPER

\$480 SINGLE / \$960 COUPLE

.....  
INCLUDED IN TICKET PACKAGE:

Winederlust  
Noteworthy  
Shucked  
Culinary Village: Sunday  
Charleston Wine + Food Merch

## FEAST

\$745 SINGLE / \$1,490 COUPLE

.....  
INCLUDED IN TICKET PACKAGE:

That's Amore  
Bourbon Affair  
Nassau Street Saloon  
#BrunchSquad  
N. Chas Night Bazaar  
Culinary Village: Sunday  
CHSWFF x Hedley & Bennett Apron



Check out our curated Charleston Wine + Food Ticket Packages on [charlestonwineandfood.com](http://charlestonwineandfood.com).



# 105.5 THE BRIDGE

## the **SOUND** of **CHARLESTON**



**BOX in the MORNING**  
with **JESSIE B**

6AM to 10AM



**SAMPSON**

10AM to 3PM



**CRITIC**

3PM to 7PM



**WOLF**

7PM to 12AM

Tune in, or stream ONLINE at [1055TheBridge.com](http://1055TheBridge.com)



**theBridgeat1055**

# DON'T LET CAR TROUBLES RUIN YOUR HOLIDAY TRAVELS!

Schedule your **FREE** Trip Inspection now to prepare for winter travels. (\$52 value)

*offer expires 12/31/17*

## FREE Inspection Includes:

- ✓Fluid Levels
- ✓Tire Pressure
- ✓Exterior Lights
- ✓Belts & Hoses
- ✓Visual Under Hood
- ✓Visual Under Chassis
- ✓Test Antifreeze
- ✓Wiper Blades
- ✓Emergency Brake Operation
- ✓A/C Vent Temp
- ✓Test Drive

**HUDSON'S**  
IMPORT SERVICE  
843-884-2573



At Hudson's Import Service,  
we aren't just taking care of cars -  
we're taking care of customers.



VW • Audi • Volvo • Toyota • Lexus • Honda • Acura • Nissan • Infiniti • Scion



Car Service

1072 Johnnie Dodds Blvd. • Mount Pleasant (beside Post Office)

[www.hudsonsimport.com](http://www.hudsonsimport.com)



ASE Certified Mechanics



**TASTE  
THE DIFFERENCE  
FRESH  
JUICE  
MAKES.**



**A LOCAL FAVORITE**

A family friendly establishment featuring indoor & outdoor dining, our commitment to food with bold flavors and hand-crafted cocktails has made SOL a local favorite.

**SERVING**

Lunch | Dinner | Cocktails  
Happy Hour & Sunday Brunch  
— Just-Juiced Margaritas —  
Nearly 60 Premium Tequilas  
16 Craft Beers on Tap

**GIVE SOL CHEER!**

SOL gift cards are perfect stocking stuffers for family, friends and business partners. We also offer holiday catering **or** host your seasonal party with us!



Mt. Pleasant 843.388.4302 | Charleston 843.203.4424 | Summerville 843.876.7090 | [solsouthwestkitchen.com](http://solsouthwestkitchen.com) | SOL Southwest Kitchen

**YOUR LOCAL HOME  
FOR FAMILY  
GATHERINGS OVER  
THE HOLIDAYS**

Thanksgiving Take Out Orders  
Rivalry Weekend Brunch  
Holiday Party Catering

**PAGE'S GIFT CARDS**

Stop in today and stuff those stockings with something you know they'll love!



**MUCH EASIER THAN PUTTING OUR  
*Signature Shrimp & Grits*  
IN THEIR STOCKINGS.**

302 Coleman Boulevard - 29464 | 843.881.3333 | [www.pagesokragrill.com](http://www.pagesokragrill.com) | Page's Okra Grill

# Expanding on the Foodie Experience

## Charleston Wine + Food 2018

( BY HUNTER GARDNER )

**F**ounded in 2006 as a single day of tastings in Marion Square, Charleston Wine + Food has expanded into a five-day festival of culinary experiences stretching from Charleston to Johns Island to Sullivan's Island. And in a town that takes its wining-and-dining seriously, Charleston Wine + Food is The Holy City's pinky up Mardi Gras.

Gillian Zettler has been at the helm as executive director since 2014 and credits the festival's success to local support.

"The community has invested in it, and it is the kind of event that lots of different types of businesses and people can benefit from. There really is something for everyone," she said.

The 13th helping of Charleston Wine + Food runs from Feb. 28 to March 4, and this year the festival is set to deliver on its promise to keep locals and visitors alike pleasantly surprised, well fed and well wined.

"We made a conscious decision a few years ago that a majority of the programming would change year over year," said Zettler. "Either events will be brand new, or events that you're familiar with will be re-concepted and feel new, even if they are an old favorite."

Consider Bowens Fish Camp, a Thursday late afternoon event that draws inspiration from that homey, deep-fried Bowens menu locals love and re-imagines the opportunities to craft new dishes from fresh catches. The outdoor event will feature 10+ chef stations of river-dwelling and coastal fishy



fare and, of course, the iconic marsh views of Bowens Island.

Even if you are a well-tenured foodie who thinks you have seen all that Charleston has to offer, you may want to take a second look. Charleston Wine + Food takes over familiar local venues and offers one-of-a-kind programming.

"There's tons of options, but you can have the experience of going back to an old favorite that you haven't been to in awhile or trying a new place that you've always wanted to," said Zettler. "Charleston is an event city, and people are used to going out to events so we want to try and introduce even the local people to places that they may not have explored."

Take, for example, Saturday afternoon's #BrunchSquad event, where over 200 guests will collaborate with chefs to create a potluck-style brunch. Utilizing both the indoor space (and the vendors within) as well as the plaza area outside, the event is hosted by Ellen Bennett of Hedley & Bennett, who will be providing her iconic aprons to each guest as a festival takeaway.

Expanding on the foodie experience, the festival is taking on new programming with excursion-style events.

Zettler described excursions as "hands-on, on-the-



ground field trips" that call for adventure in your own backyard. Festival-goers will be shuttled to these events from Marion Square at the corner of King and Calhoun.



**LUNCH SPECIALS**  
\$6.95  
M-F 11-3

**Thai & Chinese Take Out and Delivery**  
**843.971.6868**

**SPECIALIZING IN HOUSE MADE THAI DISHES**

- Ginger Special
- Basil Leaves
- Pad Thai
- Green & Red Curry
- Panang Curry
- Massaman Curry
- Thai Fried Rice
- Larb
- ...and many more!

**Try Our New Teriyaki Dishes**



**asianflavormtp.com**  
1145 Johnnie Dodds Blvd • Mt Pleasant



Also embedded in this year's festival is a health and wellness component, like Sunday morning's Namaste Bubbly. A favorite last year for local yogis, the event is hosted by Sarah Frick of Charleston Power Yoga. After being led through a "flow," the session will wrap with champagne, healthy bites and coffee.

While Charleston Wine + Food strives to highlight the Lowcountry's local talent, there will also be an all-star roster of out-of-town chefs joining in. The elevated nature of the festival along with visiting chefs combine to create one of the hallmarks of the festival: culinary collaboration.

"It's a great opportunity to see people collaborate," said Zettler. "That's one of the foundations of the whole festival: beverage and chef collaborations and chef to chef collaborations."

Among those flying in for the festival is wine critic Eric Asimov of *The New York Times*. Asimov will be leading two seminars – one on sparkling wines (not just champagne) with six full tastings, as well as New, Not Nouveau. The latter event will highlight bright, earthy Beaujolais wines, which Asimov has written passionately about in his regular *Times* column – each served with complementary food pairings.

Then there is The Culinary Village in Marion Square, where Charleston Wine + Food first grew its roots. Here, nibblers and sippers can shop in the Artisan Market, visit The Cork Yard, hop into a rosé experience, have a craft brew and enjoy local music curated by Charles Carmody of the Charleston Music Hall, as well as high-energy chef demonstrations.

The Sunday local's ticket for The Culinary Village has become a must for Charlestonians with complimentary wine glass in hand. The all-day, all-inclusive ticket may be the ideal Sunday for those looking for a good time and great deal.

With Charleston Wine + Food, you can expect much more than the typical, so brace yourself for a new experience.

"You would think that after 13 years, that all topics would be exhausted," said Zettler. "But I think we're still just at the tip of the iceberg."

Chip off a piece of that iceberg, put it in your drink and enjoy this year's Charleston Wine + Food Festival. 🍷



**ANOTHER Broken Egg Café**

**SPICE UP YOUR BRUNCH**  
with our  
**AWARD WINNING BLOODY MARY!**

**OPEN DAILY 7AM-2PM**

Belle Hall Shopping Center • (843) 352-9833  
608-A Long Point Road • Mount Pleasant, SC 29464

anotherbrokenegg.com

*For more information and tickets, visit [www.charlestonwineandfood.com](http://www.charlestonwineandfood.com).*



H O O K A N D G A F F . C O M



**H O O K + G A F F**  
W A T C H C O M P A N Y



MOUNT PLEASANT | NORTH CHARLESTON | WEST ASHLEY

NEW EXHIBITION



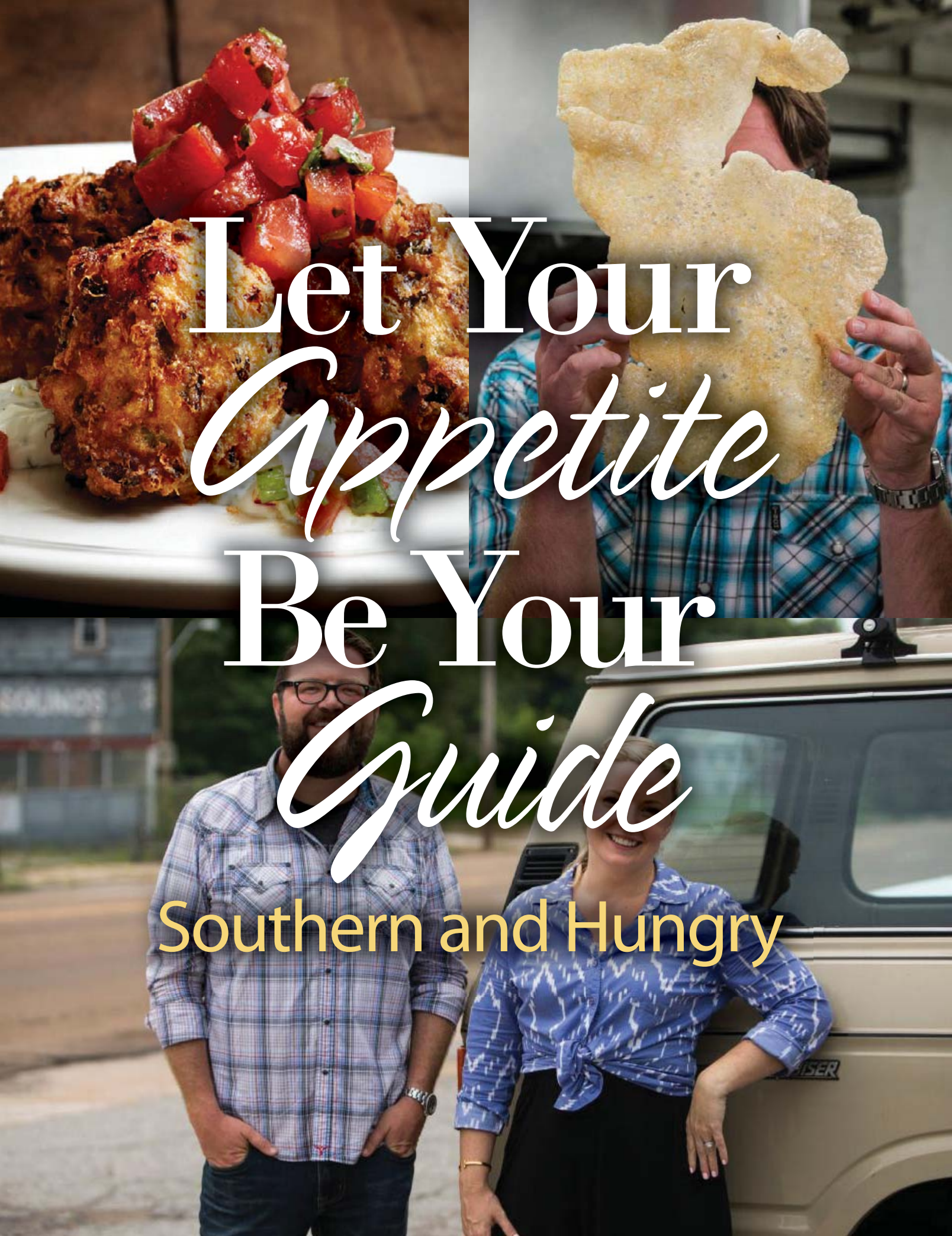
CATS  
VERSUS  
DOGS

ON DISPLAY THRU APRIL

*Benefiting the Charleston Animal Society*

THE  
**VENDUE**  
CHARLESTON'S ART HOTEL

19 VENDUE RANGE • CHARLESTON, SC • 843.577.7970 • THEVENDUE.COM



Let Your  
*Appetite*  
Be Your  
*Guide*

Southern and Hungry



Photos courtesy of The Cooking Channel.

Damaris Phillips, left, and Rutledge Wood host “Southern and Hungry” on The Cooking Channel.

BY KALENE MCCORT

On the premiere episode of The Cooking Channel’s “Southern and Hungry,” Rutledge Wood excitedly stated that where they are headed is his Graceland. Comparing a barbecue joint to the king of rock ‘n’ roll’s residence makes perfect sense when you consider the love Wood has for the slow-roasted, sauce-smothered fare. This NASCAR commentator grew up with parents who owned a barbecue restaurant. His sidekick, Kentucky spitfire Damaris Phillips, is no stranger to cuisine stardom. As winner of “Food Network Star” season 9 and with her own daytime series, “Southern at Heart,” she has proven to be a master of taste.

On the show, we follow these foodies through the live oak-canopied roads of the South as they make pit stops at some of the region’s most notable eateries. The two met when they were both on the judging panel for “Guy’s Grocery Games.” From rating the food to traveling back roads in search of outstanding eats, they do it all with a side of belly laughs.

“Guy saw how much fun we were having together, and, knowing we’re both from the South, asked what kind of show we would want to make together,” said Wood. “So we grabbed a camera and shot a three-minute reel on what

became “Southern and Hungry.” We want to find authentic food cooked with love by authentic people. To us, that’s the true South.”

While many restaurants south of the Mason-Dixon line are featured on the show, the Charleston area gets quite a bit of airtime and adoration from the hosts.

“My wife and I bring our daughters to the Lowcountry every summer and we love it,” said Wood. “I think there’s inspiration on every corner. From **Little Jack’s Tavern**, to **Obstinate Daughter**, to **Leon’s Oyster Shop**, you absolutely can’t lose!”

One man raising the bar when it comes to culinary greatness is pitmaster **Rodney Scott**, who crafts some of the most-desired barbecue in town. People clock miles to visit his legendary palace of pig. When Wood and Phillips swing by his restaurant on King Street on the first episode, he greets them with a smile and a heaping amount of seasoned pork rinds.

“Rodney Scott is amazing,” said Wood. “I dreamed of the day I’d get to visit him and try all the amazing food, and he did not disappoint. I loved all the spots we hit in the Lowcountry, but meeting Rodney and trying some of the amazing whole hog right off the smoker was

it is my pleasure to welcome you to

# Relax. Refresh. RENEW.



- ◆ 9,000 sq. ft. of luxury spa, boutique and private VIP relaxation rooms
- ◆ 72 services, including massages, facials, waxing, tanning, make-up, wraps & scrubs
- ◆ Open 7 days a week
- ◆ Champagne, wine, beer and complimentary Mimosa bar on Sundays.
- ◆ Easy design your own gift card online at [charleston.woodhousespas.com](http://charleston.woodhousespas.com)
- ◆ Party packages available for weddings and corporate experiences

Receive a luxurious throw with purchase of a \$350 Gift Card.\*  
(Valued at \$150)

\*Throw color varies by location. Valid on in-store purchases only. Offer expires 12.25.17.

## THE WOODHOUSE

day spa®



KIMBERLY POWELL  
owner

MT. PLEASANT | CHARLESTON | 843.203.1SPA (1772) | [CHARLESTON@WOODHOUSESPAS.COM](mailto:CHARLESTON@WOODHOUSESPAS.COM)



South Carolina  
Just right.

**SOUTH OF CHARLESTON. NORTH OF SAVANNAH. JUST NEAR** *heaven.*

We invite you and your loved ones to enjoy the many cultural, historical, culinary and recreational opportunities in this unique part of South Carolina.

[LowcountrySCfun.com](http://LowcountrySCfun.com)

Beaufort • Bluffton • Daufuskie Island • Edisto Beach  
Hampton • Hardeeville • Hilton Head Island  
Jasper County • Port Royal • Walterboro • Yemassee

843.717.3090



Rodney Scott crafts some of the most desired barbecue in town.

something I'll never forget. He puts his sauce on with a mop, for pete's sake!"

Scott moves like a skilled painter, dousing the hog with a super special vinegar-based blend as it roasts in one of the establishment's six 5 x 8 smokers. With precision and an almost Zen-like quality, he moves with a purpose. His method has become a dance of sorts, with the end result being a thing of beauty for those wild about hog.

"Seeing Rutledge geek out at Rodney Scott's in Charleston was great," said Phillips. "My absolute favorite thing there was the banana pudding from the drive-thru window. What's better than eating banana pudding in your car?"

Fueled by ribeye sandwiches, the duo hops into Wood's 1985 Toyota Land Cruiser and hits the highway in search of the next memorable meal. While "Southern and Hungry" provides viewers with plenty of witty banter, it also manages to dish out some heartfelt moments.

"One of the greatest times we had was our time in Moncks Corner with Miss Annie at Addielee's," said Wood. "When she shared the story of her cooking with her father, in the same cast iron pot that she still cooks with today, it brought tears to our eyes. Her father's love of food and family comes through every dish she makes. Damaris and I both felt like we met an angel on Earth that day."

From legendary fall-off-the-bone ox tail to home-style chicken patties, **Addielee's Kitchen** consistently turns out the classic Southern fare passed down for generations. This humble spot, on Live Oak Drive, is family-run. The woman at the center of it all is owner and chef Annie Whitlock, who is wholeheartedly involved in every facet of operation, from taking orders to kneading biscuit dough.



Visiting with Miss Annie at Addielee's in Moncks Corner was "one of the greatest times" the hosts had.

Make sweet memories this holiday season with custom treats from Bakies!



ENJOY 10% OFF OF YOUR FIRST CUSTOM ORDER\*  
\*With this ad, limits one discount per order.

426 West Coleman Blvd.  
Sweet C, Mt. Pleasant  
SC, 29464  
843-881-2364  
info@bakiessc.com  
www.BakiesSC.com



custom cakes and festive sweets

“Southern and Hungry” brings the soul and the soul food. Connecting with chefs, getting the back story behind some of their award-winning dishes and even showcasing under-the-radar restaurants turning out mouthwatering eats, Phillips and Wood are two road trippers committed to highlighting the region’s deliciousness.

Layered flavors and layered stories dominate the series that gives a look inside fast-paced kitchens

“Sitting in the outdoor area at **The Wreck of Richard and Charlene**, I realized why Charleston is so influenced by the water,” said Phillips.

From Shem Creek shrimp to heirloom tomatoes grown on farmland in Johns Island, our local eateries remain dedicated to working with farmers and fishermen to bring the very finest to patrons’ plates.

“Charleston is filled with foodies who love their town, so they put real effort into making amazing stuff,”



and an industry loved by so many. Like shrimp ‘n’ grits or chicken and waffles, Wood and Phillips pair quite nicely as hosts, bringing wit, passion and their discerning palates to the small screen. In the last episode of the series, it’s back to Charleston for beignets fried up with shrimp and okra at **Hominy Grill**.

While the food trend of farm to table has seemingly swept the nation, in the show, Phillips explained that it has always been a way of life in the South. Restaurants work with local farmers to ensure the best collards complement heaps of barbecue and that bakeries have the sweetest peaches to fill their cobbles.

said Wood. “I mean, have you tried the brisket at **Lewis Barbecue** yet? Or anything from **Rodney Scott’s Whole Hog BBQ**? The wings from **Home Team**? The inspiration literally drips from your hands and the corners of your mouth!”

Both Southerners, Wood and Phillips know the joy that coincides with breaking cornbread with the ones you love. The twosome bring their undying love of cuisine and community to the series and may even spark you to get creative in your own kitchen. Most of all, “Southern and Hungry” prompts viewers to want to hit the black asphalt and let their appetites be their guides. 🍪

# Looking Good Enough to Eat *(On TV)*

## Charleston Restaurants Grace the Screen

BY KALENE MCCORT

*It's no secret that Charleston's food scene has been showing up on the small screen for years. Here's a rundown of Holy City eateries and landmarks featured on some of our favorite shows.*

### Top Chef (Season 14)

Could there be any better place to set Bravo's "Top Chef" than a city where brunch is a ritual and oyster roasts could be classified as a religious experience? On the show, contestants busily whipped through the aisles of Mount Pleasant's Whole Foods Market, loading their carts with butter beans and okra. Boone Hall Plantation also got airtime, when the masters of taste were tasked with preparing a meal there.



### Cheap Eats

Back in October, Ali Khan took viewers on a day of inexpensive feasting on seafood-stuffed hush puppies and pulled pork. Smoky Oak Taproom, Sunrise Bistro Express, Fleet Landing and Stono Market & Tomato Shed Café were all featured on this Lowcountry episode.



### Diners, Drive-Ins and Dives

When Guy Fieri rolls into your town in his red convertible, you know it's a sign you have some pretty sensational food spots. This spiky blond knows a thing or two about flavor. The Glass Onion, Fuel Cantina, Tattooed Moose and The Early Bird Diner



Voted Best French  
Restaurant 2017



Bistro  
TOULOUSE



*Classic French Cuisine*

*Over 20 Wines  
by the Glass*

*Creative Cocktails*

**Wine Wednesday**

\$10 off ALL bottles of Wine ALL day!

Lunch Wednesday - Friday 11:30am - 2:30pm

Dinner Wednesday - Sunday 5:00pm - 9:30pm

Brunch Saturday - Sunday 11:00am - 3:00pm

Sea Island Shopping Center  
1220 Ben Sawyer Blvd., Suite I,

Mt Pleasant, SC

843-216-3434

www.BistroToulouse.com



## lowcountry cuisine

are among the regional joints that have been featured on "Triple D."

### Best Thing I Ever Ate

Jack's Cosmic Dogs on Highway 17 in Mount Pleasant is pretty darn iconic. From the funky retro digs to the wide selection of hot dogs topped with sweet potato mustard and blue cheese slaw, this stand has caught the eye of many. It's no wonder celeb chef Alton Brown, who frequently vacations on Isle of Palms, makes it a point to get his fill whenever he's in town. He admits waiting outside before the restaurant even opens to secure his spot in line.



### Heat Seekers

Sullivan's Island's Home Team BBQ is known for its strong

live music scene and even stronger drinks. The show's hosts faced off by consuming a plate of killer nachos drenched in "Death Relish Salsa."



### Food Paradise

Page's Okra Grill is known for its colorful oversized chair, corn hole and mouthwatering dishes. From shrimp 'n' grits to scrumptious hummingbird cake, this local spot's fare quickly converts visitors into regulars. Fat Hen has also been featured on the show. 🍴



# Cuoco Pazzo

*Authentic Ristorante Italiano, Est. 2008*

### VITELLO SALTIMBOCCA ALLA ROMANA

Sauteed veal with prosciutto, provolone and fresh sage

### FRUTTI DI MARE

Shrimp, clams, mussels, and calamari cooked in a tomato and spinach broth

### VITELLO ALLA PICCATA

Sauteed veal with capers, lemon, white wine and artichoke hearts

### LASAGNA ALLA NAPOLETANA

Baked with meat sauce, fresh basil and besciamella sauce.



**We Offer Catering From The Old Country!**

### DINNER:

Mon-Thurs 5pm - 10pm  
Fri & Sat 5pm - 11pm | Sun 5pm - 10pm

1035 Johnnie Dodds Blvd.,  
Mount Pleasant, SC  
(next to Danco Furniture)

**Chef Davide Davino**  
*from Naples, Italy to Charleston, South Carolina*

**(843) 971-9034**

[www.CuocoPazzo.net](http://www.CuocoPazzo.net)



# What Rhymes with *Holiday Cheer?* Cheap Liquor and Beer!

VISIT A LOWCOUNTRY DIVE BAR THIS SEASON

( BY DENISE K. JAMES AND KRISTA CHAPMAN )

While a \$12 craft cocktail has long been the trend in Charleston, we still love the idea of a no fuss drink or \$3 beer (did someone say Pabst Blue Ribbon?) in a dimly lit, low-key joint. Sure, there's nothing swanky about the well-worn bar stools or subtle stench in the air, but, if you can get past the lacking aesthetics, we bet you'll find yourself

more comfortable in these tiny hole-in-the-walls than you imagined. We did the legwork for you to find some of the better-known dive bars in town and what each has to offer. Whether it's the random crowds you're looking for or just the perfect place to cap off your night, these nine Lowcountry establishments will give you your fill of cheap drinks and chill vibes – which always sounds pretty great to us.

**HOW DIVEY ARE THESE PLACES? A GUIDE TO OUR DIVE BAR FACTOR:**

*Newbies welcome* - More the cocktail party type? Try one of these for an inexpensive nightcap.

*Old school cool* - The perfect place to give up the frills and revel in Southern nostalgia.

*Good and grungy* - Just dirty enough.

*Filthy and fabulous* - You might want to bring hand sanitizer. Just sayin.

**Art's Bar and Grill**  
413 Coleman Blvd.  
Mount Pleasant  
Dive bar factor:  
Newbies welcome



**Denise:**

Krysta and I were a little early to the party at Art's in Mount Pleasant; apparently between October and April is the time to hang out, when there's \$13.99 all-you-can-eat oysters every Saturday and Sunday from 1 until 7 p.m. The oysters are local (from Bulls Bay), so you can eat your fill with a clear conscience. Don't forget to pair the dozen with a carafe of either bloody marys or mimosas. We tried the bloody marys, despite it being a workday – Ah, the sacrifices an editor must make for her career – and they were just spicy enough.

**Krysta:**

Though not all done in one day (duh, that would be silly) Art's was still the first stop along our dive bar tour. I don't know if it was the outdoor tiki bar or the large windows permitting an unusual amount of light inside, but something just didn't scream "dive joint" to me. All that aside, the bartender did make a great bloody mary, so no real complaints here.

**Richard's Bar and Grill**  
2237 N. Hwy 17  
Mount Pleasant  
Dive bar factor:  
Old school cool (But beware the smoke.)



**Denise:**

Mention Richard's to any seasoned East

Cooper resident and you're met with one of two emotions – either fierce devotion or sheer terror that such a place still exists. That is, a place where you can smoke a cigarette inside the building, order mini-bottles of your favorite liquor and get to know friendly folks like Lori Turner who have scores of tales about Mount Pleasant in the old days. It's an iconic nightspot for sure, and, if you're on the way home after a fancy dinner, it's worth checking out for the nostalgia as well as the cheap Patron and Jim Beam shots, which our bartender said the locals "drink a lot of."

**Krysta:**

An iconic establishment in Mount Pleasant, Richard's is the only place in town where smoke still lingers in the air and mini-bottles line the back bar. Settling into my comfy bar chair, Denise and I made friends right off the bat with longtime patron Lori Turner, who gave us the rundown on Richard's over the years. Between stories, I took in the attic-esque ambience, complete with hundreds of stapled dollar bills, customer photos and random memorabilia filling up every inch of the walls.

**Six Mile Tavern**  
2205 Rifle Range Road  
Mount Pleasant  
Dive bar factor:  
Old school cool



**Denise:**

"You gotta have Jesus the Lord and a few drinks," declared Donna Kay, the friendly and charismatic owner of Six Mile Tavern in Mount Pleasant. If you share that same sentiment, check out this true neighborhood watering hole on Rifle Range. The building has been around for more than 60 years, and Krysta and I felt right at home ordering the \$3 shot specials for that day: "Cinnamon Toast Crunch" – a delicious combination of Fireball and RumChata – as well as "Fireball Punch" – Fireball, cranberry juice and Sprite. I daresay any of Ms. Donna's concoctions would make a perfect holiday toast – plus, if you visit on Thursdays or Saturdays, you're likely to catch a DJ spinning tunes for the dance floor. Yes, I said dance floor.

**Krysta:**

If you've never been to Six Mile Tavern in Mount Pleasant, I can promise you that you're missing out on some quality conversations. Denise and I sat down at the small bar top and were immediately greeted by owner Donna Kay, who

captivated us for the next hour with local stories from the past, her mouthwatering recipes and smooth jazz tunes – not to mention a delicious secret shot. You can likely catch me tearing up the dance floor and bringing down the house at Six Mile Tavern soon because Donna Kay and company has what it takes to keep the party going.

**AC's Bar and Grill**  
467 King St.  
Charleston  
**Dive bar factor:**  
**Good and grungy**



**Denise:**

I can't remember the first time I went to AC's – that's how much of an institution the place is for someone who has lived in the Lowcountry any length of time. Surprisingly, it was one of the only dive-ier places on our list that boasted early daylight hours; we headed there around lunchtime and were judged naught for ordering bourbon and ginger before 1 p.m. Still, their slogan is “up all night,” so don't feel like you have to day-drink. Just know that you can.

**Krysta:**

With my only other experience at AC's being 1 a.m. and surrounded by college kids, I'll admit I was apprehensive about stopping there again. To my delight, noon looks a lot different than the rush they were expecting to come later, and I actually didn't mind the pub setup. Pool tables, bar food and a delicious go-to shot called The Jamaican 10 Speed are enough to make me reconsider giving this downtown staple a second shot – though I'll stick to exiting the dark bar into the bright day if it's all the same to you.

**Salty Mike's Deck Bar**  
17 Lockwood Drive  
Charleston  
**Dive bar factor: Newbies welcome**



**Denise:**

When I moved to Charleston years ago at the tender age of 24, Salty Mike's was one of my favorite places to go. It's a no-frills establishment right by the city marina, with breathtaking views of the harbor. Krysta and I grabbed a table outside with our beers – my best friend Alice calls

this area “the back porch of Charleston” – and took in the sights, which, that day, included one of the Lowcountry's best celebrities, Danny McBride. He was a totally cool guy; we even got a selfie with him. So yeah, I still like the place all these years later, and you will, too.

**Krysta:**

Easily one of the best spots for a sunset happy hour on the water, you wouldn't think Salty Mike's comes off as a place that would bring in the crowds – but you'd be wrong. From the outside, the building looks like a large boat shed, yet Salty Mike's, located right below the hidden gem of a restaurant, Marina Variety Store (seriously, check out their brunch), is the perfect place to grab a cold beer or \$5 Tito's.

**Upper Deck Tavern**  
353 King St.  
Charleston  
**Dive bar factor: Filthy and fabulous**



**Denise:**

Dive bars all have their distinctive perks. For some, it's great bar food. For others, it's the scenery. But for Upper Deck Tavern, at least the day Krysta and I made the trek down the alley and climbed the stairs to this ultimate Charleston dive, it's the bartenders who make you feel right at home. That said, we were regaled by stories of horror and humor by our new friend Tom Taylor, who joked that the dark alley leading to the Upper Deck's door “separates the men from the boys.” Known for karaoke on the weekends, a killer happy hour, the opportunity to bring your own food (or order yummy pizza from Gilroy's downstairs) and sip the iconic “PBR can and shot of whiskey for \$5 special,” this is one dive you won't want to miss.

**Krysta:**

Despite looking like a typical tourist on King Street while initially trying to find The Upper Deck (yes, I'm one of the few that had never been), I eventually found my way through the dark alley to the stairs that led up to the second floor bar. I was immediately smitten with the artsy feel, complete with napkin illustrations lining the ceiling and incredible, black-and-white paintings along the walls by Denton Burrows of New York City, who won the design contest for PBR cans in 2016. Tom Taylor, our hilariously sociable bartender, kept us going with cheap vodka and classic bar tales of the good, the bad and the ugly variety.



*We love you, Mt. Pleasant!*

Vanity SALON

Thank you for your continued support and for voting us  
#1 Mount Pleasant Salon for the past five years!

Thank you for your continued support and for voting us  
#1 Mount Pleasant Salon for the past five years!

1909 N Highway 17, Mount Pleasant, SC | 843.216.7181 | VanitySalonSC.com

**Recovery Room Tavern**

685 King St.

Charleston

Dive bar factor: **Filthy and fabulous**

**Denise:**

I had to giggle when I read the Google description calling Recovery Room a “no frills bar” – that’s kind of an understatement. Affectionately known as “Rec Room” by those who frequent the place, if you’ve never ordered a Pabst Blue Ribbon here, it won’t matter – they still sell more cans of that well-loved hipster beer than anywhere else in the world. Not being a PBR drinker myself, I opted for the Paloma, after I was pleasantly surprised that our bartender, Parker Hastings, had a proper cocktail menu to offer. The drink was delicious, plus we found out the bar is going to start hosting goldfish races, a good time if I’ve ever heard of one. The winning fish goes home with a new owner, just like at the fair. I couldn’t help but notice that it sounded like something fun for kids in a not-so-kid-friendly place. Hastings, as if reading my mind, reminded me that “no one is more similar to a child than a drunk person.” True.



**Krysta:**

Formally a biker bar here in Charleston, Rec Room is becoming known now as more of a hipster hangout, though you wouldn’t guess it from the outside looking in. Catching up with Parker, the friendly bartender who was kind enough to answer all our questions, we got a better sense of why Rec Room is easily one of the better dive bars in town. Despite being the number one seller of PBR, Parker had no complaints pouring my second Guinness as he pointed in the direction of the bocce courts outside, which host matches every Wednesday night. Despite the rap for being a man-bun and millennial-infested bar, I have to say, it was one of my favorite stops.

**Tin Roof**

1117 Magnolia Road

Charleston

Dive bar factor: **Good and grungy**

**Denise:**

An icon of West Ashley, Tin Roof is a hip dive with plenty of colorful lights, live music and a craft hot dog menu that looked so tasty, Krysta the vegetarian ordered one to bring home for her husband. If I had to sum up Tin Roof in a few words, it would be the perfect bar for artsy types – not only is there typically some kind of live musical performance, it’s been known to host fashion shows, films on the patio, trivia and other fun stuff. So order a whiskey or beer plus a hot dog to soak it up (the Chicago dog looked good, I have to admit) and stay for a while.



**The Dinghy**  
Isle of Palms, SC

From Sandwiches to Salads to Conch Fritters, the DINGHY menu has something for everyone!

Check out our live music calendar and come enjoy some tunes on the patio.

Open Daily from 11:30 AM - 1:30 AM  
Late Night Food  
Arcades and Games  
9 TVs and Jukebox

8 J.C. Long Blvd., Isle of Palms, SC 29451  
843.242.8310 | [www.dinghyiop.com](http://www.dinghyiop.com)

**DID YOU KNOW?**

LOWCOUNTRY CUISINE  
Celebrating the Flavors of CHARLESTON

It's a PIZZA PARTY!  
Get You a Slice

The New GRACE & GRIT  
We Taste-Tested for You

Host a Party  
Try these Recipes

**FOOD THAT SHINES**  
This Year's Golden Spoon Awards

- Receives statewide distribution through the SC Welcome Centers.
- Has a readership of 120,000 per issue
- Is published in both print and digital format
- Has it's own website [www.LCuisine.com](http://www.LCuisine.com)
- Has it's own FB page, [www.Facebook.com/LowcountryCuisineMagazine](http://www.Facebook.com/LowcountryCuisineMagazine)

To include your restaurant in this magazine and website  
843-345-7012 or  
[Publisher@LowcountryCuisineMag.com](mailto:Publisher@LowcountryCuisineMag.com)



Brought to you by  
Five Loaves Cafe and  
Sesame Burgers and Beer

656 Long Point Road, Ste. G  
843-352-7443  
www.emberkitchen.com

**NOW OPEN**  
Wood Fired Oven  
Daily Specials  
Happy Hour  
Mon-Fri: 4pm-6pm  
Online Ordering



*Charleston Concierges Provide A Copy Of*

# LOWCOUNTRY CUISINE MAGAZINE

ZERO GEORGE



CHARLESTON HARBOR RESORT



THE VENDUE



THE DEWBERRY



**VISITORS FIND LOWCOUNTRY CUISINE THE PERFECT RESOURCE WHEN EXPLORING THE AREA'S CULINARY SCENE.**

To include your restaurant online and in print, email [Info@LCcuisine.com](mailto:Info@LCcuisine.com)

**Krysta:**

If you're headed West of the Ashley, don't skip Tin Roof, just off the end of Magnolia Road (near highway 61) for a never-ending array of live music, old movies, karaoke and game nights. The ridiculously eclectic and festive bar brings just the right vibe while you're grabbing a drink or chowing down on some of the tasty grub – like their extensive hot dog menu – whipped up by lifelong local and kitchen manager Kathleen Gilbert. If you're anything like me, you'll go in for the booze but leave with a great experience and box full of food.

**Stag Erin Pub****1006 Folly Road****Charleston****Dive bar factor: Newbies welcome****Denise:**

For a casual drink on the way to (or from) Folly Beach, you won't go wrong with Stag Erin Pub on James Island. I gotta admit, I was shocked to see how cleaned up the place is nowadays. I hadn't been



there in years before Krysta and I stopped in, but it still offers a decently priced drink and attentive bartenders. There's no smoking indoors anymore, and the crowd might be a little less, uh, rowdy ... but, overall, Stag Erin is still a James Island institution worth visiting.

**Krysta:**

Of all the stops we made, The Stag Erin in James Island seemed to be the spot trying the most to leave its description in the past. Outfitted with a brand new look, Stag Erin has traded in its dimly lit space for white-paneled ceilings straight from the design books of Joanna Gaines. While the updated direction may not be what established patrons love and expect, the new ownership team is clearly working hard to provide a fun spot for folks along the road to Folly. 🍷

GRAIN NEUTRAL SPIRITS  
16 PROOF  
**HARDSCOOP**  
ICE CREAM  
CHARLESTON SOUTH CAROLINA

Premium 16 Proof Alcohol Ice Cream  
at its Finest.

Hand-Crafted, Small Batch  
Specialty Distilled Spirits.

Hardscope uses 6 times distilled Alcohol  
as well as local and seasonal ingredients to  
blend a unique Distilled Spirit.



**REALLY 16 PROOF!**  
Hardscoop is proudly made in  
Charleston South Carolina.

2030 Wambaw Creek Rd. #101  
Charleston, South Carolina 29492  
843.936.3626 | [hardscoop.com](http://hardscoop.com)

# An Ode to Big John's Tavern

BY THERESA STRATFORD



Photo by Acacia Falzone.

The now closed Big John's Tavern brought more to downtown night life than many could imagine. This bar, situated off the beaten path of the bar scene at the corner of East Bay Street and Pinckney Street, at 251 East Bay to be precise (which no one at Big John's was), was definitely known as the local "dive" bar around the Market Street area.

Frequented by many employees in the tourism industry, namely the horse and carriage industry, this dive bar was a place for these hospitality workers to unwind after a long day of dumb questions by tourists.

Opened in 1955, it was one of the oldest bars in the city. It closed for a few months at the end of 2013 and

reopened at the beginning of 2014 with some major renovations. But, after only about a year, Big John's suffered a fire in early 2015, and the rest is history. In the early fall of 2016, Cane Rhum Bar opened where Big John's Tavern once was, transforming this once famous dive bar into a tropical oasis of cocktails and palm trees.

It's tough to walk by the old Big John's Tavern and remember the underwear and bras that adorned the ceiling. It was a

dive bar in every sense of the word but was a sanctuary for so many to escape the downtown trendy or fancy spots not fit for those of us who sweat outside all day attending to tourists' every needs.

It had a popular slogan that stuck – "Come as a stranger and leave as a friend." Cheers to the memories, Big John's Tavern. 🍸



Photo by Acacia Falzone.

## Discover Boating Freedom!

Whether a romantic escape, or a fishing or watersports adventure, **Freedom Boat Club** takes you there!  
Call for a VIP tour of the fleet and facilities.



843-870-7887 • [FreedomBoatClub.com](http://FreedomBoatClub.com)

Mt. Pleasant, Seabrook Island, Pawley's Island, N. Myrtle Beach, Murrells Inlet, SC. Southport, NC.



*“Evoking wonder,  
creativity,  
and joy!”*



**PRESCHOOL OF THE ARTS**  
CENTER FOR JEWISH LIFE

Located in Mount Pleasant, and housed within the Charleston Center for Jewish Life, our Reggio Emilia program encourages children through visual arts, music, language, environmental awareness, and an organic approach to learning.

Ages 18 Months – 5 Years

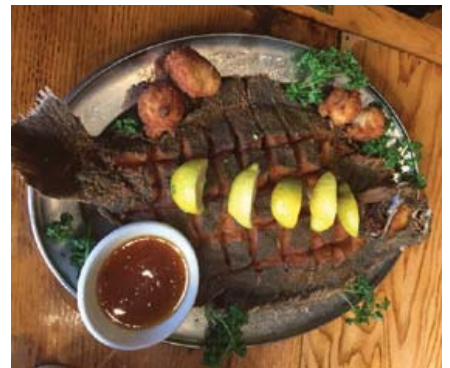
*Now accepting applications for enrollment!*

**PRESCHOOL OF THE ARTS CHARLESTON**  
477 Mathis Ferry Road, Mt. Pleasant, SC 29464 | 843.884.2323  
[www.preschooloftheartscharleston.com](http://www.preschooloftheartscharleston.com)

**Rated Best Seafood by Southern Living Magazine 9 Years in a Row**

**HYMAN'S  
SEAFOOD**

*Family owned businesses since 1890*



2015, 2016, 2017  
**Voted Best Crab  
Cakes in Charleston**  
Charleston Living Magazine  
readers poll survey  
BY LOCALS (not tourists)

215 Meeting St., Charleston 843.723.6000 | Open 11am until 7 days a week | [hymanseaford.com](http://hymanseaford.com) | like us on facebook



# Recipes

*Enjoy these holiday recipes from some of our friends!*

## MS. ROSE'S APPLE BREAD PUDDING

### Ingredients:

- 3 bags of white or brioche bread, cubed.
- 30 eggs
- 1 quart heavy cream
- 1 cup local honey
- 5 grand gala apples, diced + extra apple shavings
- 3 cans of apple juice
- 1 tablespoon vanilla extract
- 1 cup brown sugar

1. In a sauce pot, cook apples, apple juice, sugar and honey until apples are translucent. Cool and then chill the softened apples.
2. Combine bread, eggs, cream and vanilla extract until the bread is wet.
3. Add apple mixture and gently fold together.
4. Grease baking dishes with pan spray and pour the bread pudding mixture into the pans.
5. Cover with aluminum foil and cook at 300 degrees for 2.5 hours.
6. Remove foil and cook for an additional 45 minutes, then chill.
7. Once chilled, cut into triangles and dip the bread pudding portions into an egg wash of two eggs, a splash of milk and brown sugar and vanilla to taste.
8. Bake for 10 minutes in a 350-degree oven.
9. Top with powdered sugar, syrup and apple shavings. ■



## FIREFLY VODKA'S PUMPKIN SPIKED LATTE

### Ingredients:

- 1 cup of your favorite hot tea (English Breakfast or Darjeeling is recommended)
- 1½ parts pumpkin syrup
- 1½ parts Firefly Sweet Tea Vodka
- 1½ parts milk or cream

1. Brew your tea.
2. Add the remaining ingredients to the mug.
3. Garnish with whipped cream and grated cinnamon. ■



## HMGI OF CHARLESTON'S WARM CREAM CHEESE PECAN BROWNIE

From Chef Andrea Upchurch

### Ingredients:

- 1½ cups of all-purpose flour
- 1½ cups of cocoa powder
- ¼ teaspoon salt
- 7 eggs
- 3½ cups granulated sugar
- 2 teaspoons vanilla extract
- 3 sticks butter, melted
- ¼ cup vegetable oil
- 1 cup toasted pecans

### Cream Cheese Filling:

- ¾ cup powdered sugar, sifted.
- 4 tablespoons all-purpose flour
- 8 ounces room temperature cream cheese
- 2 eggs
- 2 teaspoons vanilla extract
- Pinch of salt

*(Sift the all-purpose flour and powdered sugar together. Beat the cream cheese with sugar mixture until well blended. Add the eggs one at a time, beating well and scraping the bowl throughout the process. Add in vanilla and salt, then set mixture aside.)*

1. Preheat the oven to 350 degrees and grease a 9 x 13-baking pan.



2. In a medium-sized bowl, sift the all-purpose flour, cocoa powder and salt together.
3. In a separate medium-sized bowl, beat the eggs (preferably with the whip attachment), gradually adding the sugar until the eggs are thick and fluffy.
4. To the egg mixture, slowly add the vanilla, butter and oil.
5. Slowly add the dry ingredients to the wet ingredients until combined.
6. Stir in toasted pecans and evenly spread batter into the greased baking pan.
7. Pipe the cream cheese filling into thick lines on top of batter and using a skewer or knife. Pull through the cream cheese to make various decorative designs.
8. Bake the brownies for approximately 35 to 40 minutes.
9. Top with your choice of whipped cream, chocolate ice cream or fudge sauce. ■

## HARDSCOOP DISTILLERY'S BOOZY HOLIDAY PEPPERMINT SHAKE

### Ingredients:

- 2 large scoops of Hardscoop Vanilla Ice Cream
- 2 ounces peppermint vodka
- 4 ounces milk
- 1 cup ice
- Crushed peppermint candies

1. Combine all ingredients in a blender and blend until smooth.
2. Garnish with additional peppermint candies and whipped cream. ■



## WANDO RIVER GRILL'S POPCORN GRITS

### Ingredients:

- 2 cups chicken or corn stock
- 4 cups heavy cream
- ¼ cup butter
- 1 cup Geechie Boy grits
- 1 cup popcorn kernels
- 4 ounces corn oil
- Kosher salt and white pepper to taste

1. Heat a large pot with ¼ cup corn oil, add the kernels and cover.
2. Cook until popcorn is popped and not burnt. Remove unpopped kernels.
3. Bring stock and 2 cups of cream to a boil, add grits.
4. Simmer on a low heat, stirring often for 1 hour.
5. Heat remaining cream and butter in a sauce pot.
6. Using a food mill, rice the popcorn into the warm cream and stir until incorporated.
7. Gently fold grits and popcorn mixture together.
8. Season with salt and pepper to taste, then let cool before serving.

\*Adjust the consistency with whole milk as needed.\* ■



---

## STICKY FINGERS' SWEET POTATO CASSEROLE

### Ingredients:

- 1 can mashed sweet potatoes
- 3 cups sugar
- 6 eggs
- 3 tablespoons cinnamon
- 1 tablespoon salt
- ½ cup milk

### PECAN TOPPING

#### Ingredients:

- 2 cups chopped pecans
- 8 ounces whipped margarine, melted
- 1 cup flour
- 1 ½ cups light brown sugar

1. Combine all ingredients and mix.
2. Pour mixture into a greased 2-inch hotel pan and set aside.
3. Combine topping ingredients together and pour over sweet potato mixture.
4. Cook uncovered for 30-35 minutes in a 350-degree oven. ■



## RIVERTOWNE PUBLIC HOUSE'S SEARED PORK BELLY AND YELLOW CORN PANISE

*(Served with caramelized vegetables and a braising belly jus)*

### PORK BELLY

#### Ingredients:

- 12 ounce whole side of uncured bacon
- 3 cups water
- 1 cup brown sugar
- 2 garlic cloves, minced
- 2 medium onions, roughly chopped
- 1 cup soy sauce
- 10 sprigs of thyme
- 10 stems of parsley
- Salt and pepper to taste

### PANISE

#### Ingredients:

- 1 cup local Adluh grits
- 4 cups chicken stock
- 1 cup cream
- 2 tablespoons unsalted butter
- Salt and pepper to taste

1. Season uncured bacon with salt and pepper and sear on all sides over high heat. Let rest.

2. In a bowl combine water, soy sauce, brown sugar, garlic, onions and herbs.

3. Pour mixture over pork belly in an 8 x 8 baking pan, cover with plastic wrap and then once with foil (without any tears or holes).

4. Cook for 8-10 hours in a 225-degree oven.

5. Save pan sauce for jus.

6. Cool pork belly overnight.

7. Cook grits, let cool and spread evenly into an 8 x 8 pan to cool overnight.

8. When ready, dust cut portions of the panise (grits) with flour and sear in butter until browned on both sides.

9. Slowly render the pork belly on all sides until dark and crispy.

10. Add flour to the braising sauce and reduce with butter, salt and pepper to finish jus.

11. To serve, pour jus on bottom of the plate, place the portion of panise in the center, layer the pork belly on top of the panise and top with caramelized peppers and onions. ■



## PAGE'S OKRA GRILL'S COCONUT CAKE

### CAKE

#### Ingredients:

- 5 large eggs
- 1½ cups unsweetened coconut milk
- 3 tablespoons coconut extract
- 3 cups cake flour
- 2½ cups of granulated sugar
- 4½ teaspoons of baking powder
- ½ teaspoon of kosher salt
- 1⅓ cups of salted butter

### ICING

#### Ingredients:

- 8 ounces of softened cream cheese
- 1 cup softened unsalted butter
- 4½ cups of powdered sugar
- 2½ tablespoons of Coco Lopez
- 1 teaspoon of coconut extract
- 1½ cups of toasted coconut flakes

1. In a large mixing bowl, cream together the eggs and sugar until smooth.
2. Add the coconut milk, extract and butter to the sugar mixture and whisk together.
3. In a separate bowl, combine the salt, baking powder and cake flour.
4. Slowly add the dry ingredients to the wet ingredients, stopping to scrape the sides and combine completely.
5. Evenly distribute the batter into 3 pre-greased round pans and bake for 23 minutes at 350 degrees.
6. For the icing: In a large bowl, beat softened butter and cream cheese, scraping bowl occasionally, until smooth and creamy.
7. Add the extract and Coco Lopez, and then whisk in the powdered sugar. Add more sugar as needed until frosting is a thick, spreadable consistency.
8. Once the cake has cooled completely, frost and layer the 3 rounds of cake and then use the rest of the icing to frost the sides and top.
9. Finish the cake by covering entirely with the toasted coconut flakes. ■



# VOTED BEST TACOS AND SUSHI IN MT. PLEASANT



## TACOS THAT ROCK SUSHI THAT ROLLS HARD.



### BIG SCREEN TV GIVEAWAY

EVERY THURSDAY NIGHT FOOTBALL

W/ BUY 1 GET 1-1/2 OFF  
SUSHI ROLLS

### MNF

WITH 1/2 PRICE SUSHI



1150 Queensborough Blvd, Unit B  
Mount Pleasant, South Carolina  
843.388.5114

*Thank you for voting for us!*

Mon. - Sat. 11AM - 2AM  
Sunday 11AM - 12AM  
localssushi.com

**COMING  
THIS NOVEMBER  
TO RIVERTOWNE PLACE**



## SOMETHING FOR EVERYONE

FOOD AND DRINK SPECIALS | OUTDOOR DINING AND ACTIVITIES  
EVENTS | ASK ABOUT BOOKING YOUR HOLIDAY PARTIES

### OUR MENU OFFERS

HIGH END  
PUB FARE

GOURMET PIZZA

CRAFT BEER

SPECIALTY  
COCKTAILS

DISTINCTIVE  
WINES



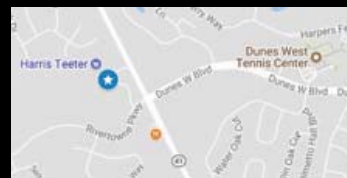
OPEN EVERY DAY FOR LUNCH AND DINNER | SUNDAY BRUNCH

2015 SC-41 MOUNT PLEASANT SC. 29466

843-971-3822 | [Rivertownepublichouse.com](http://Rivertownepublichouse.com)



@rivertownepublichouse



# Combining Upscale and Casual

## Ember Wood Fired Kitchen

[ BY ANNE TOOLE ]

A new restaurant combining upscale and casual to create the quintessential date night hot spot is now open on Long Point Road. Ember Wood Fired Kitchen is the latest brainchild of Glowfish Hospitality, known for Five Loaves Café and Sesame Burgers & Beer, and has transformed the previous casual pizza restaurant space into the new “place to be” that offers something for everyone.

“I practically raised my kids at the pizza place that was here for about 10 years,” Casey Glowacki, partner and owner of Glowfish, reminisced.

When he heard the shopping center was losing both the casual, family style pizzeria and another upscale date night restaurant, his wheels started turning.

“Why not do them both in one? Not only do we give people really good pizza with amazing ingredients, but we give them an opportunity to get a creative bottle of wine, some clams and have a nice piece of steak or some fish,” he said.

While many people make the connection that Ember is a pizzeria, the lunch and dinner menus reflect a much wider variety – sandwiches, salads, appetizers and main courses – in addition to 10-inch personal pies.

“It’s been a pizza place for the last 10 years. It makes sense to do pizzas when there is already a wood-burning oven that takes up 70 percent of the kitchen, but my take on running restaurants is to offer a little something for everybody,” said Glowacki.

Cameron Ingram, chef and managing partner of Ember, created a menu to do just that. Among the most popular picks is the Ember pizza – a unique combination of oak-



roasted chicken, tomato, fresh basil, mozzarella, ricotta and piquillo pepper jam. The Hearts of Romaine salad is a take on a steakhouse wedge, with aged blue cheese, oven roasted tomatoes, pancetta and lemon. The Oak Roasted Chicken, a half chicken served with Yukon gold potatoes, carrots, herbs and lemon, has become a fan favorite on the dinner menu.

One of Glowacki’s personal favorites is the Veggie Trio: “Our roasted vegetables are so addicting that there is a special section of the menu devoted to them. The trio makes it easier to decide.”

Ember has already undergone a change. The restaurant



now has separate lunch and dinner menus. Sandwiches are the main offering at lunchtime, while the dinner menu includes some sandwiches and several larger-portion main dishes.

Ember’s draft options include 17 local beers and three wines.

“I’m really proud of our wine list. An advanced sommelier with Curated Selections put it together,” said Glowacki. “This is where you can find a reasonably priced, obscure bottle of wine. If you’re ever feeling adventurous and want to venture out of the norm from a regular cabernet, pinot noir, rosé or chardonnay, this is the place to go.”

Ember offers half-price bottles of wine on Tuesdays, as well as nightly happy hours.

“Ember really is where you’ll find friends meeting for drinks and appetizers, families enjoying dinner outside or couples out for a nice date night,” Glowacki said. “We have something for everyone on the menu – casual and upscale.”

To learn more, visit [www.emberkitchen.com](http://www.emberkitchen.com) or call 843-352-7443.



**A&A**  
Produce Company  
AANDAPRODUCE.COM

**843-557-5577**

**A AND A PRODUCE IS ONE OF THE LARGEST WHOLESALE FOOD DISTRIBUTORS LOCATED IN CHARLESTON AND HORRY COUNTIES. SERVICE TO OUR CUSTOMERS IS OUR NUMBER ONE PRIORITY**

**WE HAVE OVER 2,000 FOOD SERVICE ITEMS, A FULL LINE OF FRESH FRUITS, PROCESSED FRUITS, VEGETABLES, DAIRY PRODUCTS, FRESH HERBS AND PAPER PRODUCTS**

**WE PROUDLY COVER CHARLESTON AND THE GRAND STRAND AREA WITH DELIVERY AVAILABLE 6 DAYS A WEEK**

**#LOCALSHELPINGLOCALS**



**Clean Eatz**  
IT'S A LIFESTYLE

**WRAP YOURSELF WITH HEALTHY FOOD**

cleaneatz.com/cafe-menu

**CLEAN EATZ**  
Looking for a great gift?  
A **Clean Eatz gift card** is the perfect idea! **Clean Eatz Cafe** offers a healthy & delicious menu. #ItsLifestyle

1455 Stuart Engals Blvd. | 1662 Savannah Hwy. Suite 105  
Mt. Pleasant | Charleston  
843-352-2506 | 843-277-2906

Catering Available.

**www.cleaneatz.com**



**Dunes West**  
Golf & River Club



## ONE Membership, THREE Clubs

Triple membership gives you access to three premier courses for one reasonable price. RiverTowne is home to Charleston's only Arnold Palmer course. Dunes West features a championship course by Arthur Hills; and Snee Farm, host of the prestigious Rice Planter's Amateur Tournament, offers a full private country club experience.

**Call today to learn more about triple membership!**

843.884.8571 ext. 7  
SneeFarmCountryClub.com

**The Obvious Choice for Charleston Golf**

# Ice Cream and Alcohol: *The Sweetest Science* Hardscoop Distillery

( BY ENID SPITZ )

Photo courtesy of Hardscoop Distillery.



**I**ce cream plus 16-proof alcohol – that’s the delicious not-so-secret behind Hardscoop, the new distillery in the Charleston area.

“Sixteen proof is pretty much a golden ratio of ice cream and alcohol. If you go below, what’s the point? If you go above, it won’t stay frozen to perfection,” said Jason Kirby, president of the innovative company.

Hardscoop Distillery is a truly local team effort. Kirby runs the company along with his brother-in-law, Chris Ledbetter, good friend Rachel Solomon and parents – Kirby’s dad is the CEO and his mom manages their federal alcohol compliance. Together, they dream up flavors and taste-test them to perfection.

As of now, Hardscoop is keeping things classic with vanilla, chocolate and coffee flavors as their staples. Each flavor measures at 8 percent alcohol by volume. From there, the team adds local ingredients like natural cocoa, dark

roasted coffee beans and Madagascar pure vanilla. This fall, Hardscoop debuted its first seasonal batch, a hard pumpkin spice ice cream. The limited edition flavor features real pumpkin along with cinnamon, cloves, ginger, nutmeg, allspice and brown sugar.

“It tastes just like mom’s pumpkin pie,” Kirby said.

“I don’t think it could have been any more perfect,” added Kirby, who opened the shop four months ago on a fast-developing stretch of Clements Ferry Road, which is bringing streams of curious passersby into the distillery.

“Everything that we do, we do months ahead of time because of federal alcohol regulations,” said Kirby, who gathers everyone around the company’s de facto dining room table to dream up each future flavor.

After dedicating weeks to perfecting the flavor, the ice cream has to be tested and approved by federal labs and government regulators because it’s an alcohol product. Then it is truly ready for production in Charleston and shipping to Hardscoop’s growing list of retail partners, including Bottles Beverage Superstore, Boone Hall Farm Market, North Charleston Coliseum and Performing Arts Center, The Sanctuary at Kiawah and as far as Columbia and Fort Mill. With a federal and state liquor license that allows Hardscoop to distribute across state borders, Kirby plans on expanding even further throughout the Southeast.

“The plan was for the tasting room to only be open Friday afternoons and to focus on distribution,” said Kirby, but Charlestonians have made the Hardscoop Distillery a destination. “We put up a sign that says ‘alcohol + ice cream’ on it, and people just have to try it.”

Now they are open Monday through Saturday, with free samples and pints to take home.

Hardscoop has come a long way from when Kirby and Solomon started, testing flavors themselves in an old-fashioned Rival electric ice cream maker. Now the team is in the process of crafting and taste-testing several new spirits that will be for sale in the near future. Kirby said they are always creating innovative offerings. After all, Hardscoop falls into the imaginative “Distilled Spirits Specialties” category.

Hardscoop is still all about family and enjoying a treat. The distillery, which is available to rent for events, parties and game days, is the Hardscoop team’s home away from home. Recently, Kirby filled the tasting room with friends and family to watch the Mayweather vs. McGregor fight while enjoying sweet 16 proof treats – because nothing brings people together like liquor and ice cream. 🍷

( To learn more, call 843-936-3626 or drop by the distillery at 2030 Wambaw Creek, Suite 101, off Clements Ferry Road. )

# Food & Fashion 2017

2017 is drawing to a close, and this year's Food & Fashion has been one of the best yet. Thanks to a talented bevy of photographers and stylists, as well as the generosity of our restaurants and retail partners, we are proud of this year's spread, and it's larger than ever before.

Of course, it's not Food & Fashion without a weather hiccup, but Hurricane Irma spared the Lowcountry of her worst, allowing us to complete shoots on time. My appreciation and awe goes out to Jennifer Burke, our hardworking director, as well as Jenn Cady, William Quarles, Margaret Wright, Krysta Chapman and everyone else who made 2017's Food & Fashion happen. Cheers y'all, and have a great holiday season.

Denise K. James • Editor

**Director:** Jennifer Burke

**Assistants:** Denise K. James, Sara Hart, Stacy Domingo

**Hair and Makeup:** Vanity Salon

## **Grace & Grit**

320 Wingo Way, Suite 100, Mount Pleasant

Photographers: Jenn Cady (fashion), Krysta Chapman (food)

Stylists: Teresa Parker and Misty Sox

Retailers: Belk, Belk Men, Copper Penny Shooz

Accessories: Henry & Eva, Diamonds Direct

## **Napa Mount Pleasant**

1324 Theater Drive, Mount Pleasant

Photographers: Jenn Cady (fashion), Krysta Chapman (food)

Stylist: Bailey Brown

Retailers: Buckle

Accessories: Southern Living Store

## **SOL Southwest Kitchen**

385 Meeting St., Charleston

Photographers: Jenn Cady (fashion), Krysta Chapman (food)

Stylist: Chelsea Sharon

Retailers: Stylexchange, Jos. A. Bank

## **Midici: The Neapolitan Pizza Company**

1100 Bowman Road, Suite 100, Mount Pleasant

Photographers: Margaret Wright (fashion), Krysta Chapman (food)

Retailers: Copper Penny Shooz, Jos. A. Bank

Accessories: Henry & Eva

## **Le Farfalle**

15 Beaufain St., Charleston

Photographers: William Quarles (fashion), Krysta Chapman (food)

Stylist: Liz Sweat

Retailers: Copper Penny Shooz, Jos. A. Bank

Accessories: Henry & Eva, Diamonds Direct



Flawlessly marrying sweet and spicy, newly-opened Grace & Grit impresses with their blackened scallops over a house-made bacon creamed corn with crispy country ham, butter beans and a blueberry jam to finish.



Sara McKay, a dental hygienist at Wando Family Dentistry, shines in a white and blue lace collared dress by English Factory and a Kate Spade Emerson Place Harbor handbag, all provided by Belk. Joining her is Jennifer Vail in blue Liverpools jeans and an E Blue H Charlotte Mars woven top, all provided by Mix by Copper Penny. Her stunning oyster necklace and oval ring provided by Diamonds Direct.



A perfect ending to any night: MidiCi's signature Nutella Calzone with ricotta and cherries, finished with powdered sugar and fresh berries.



**Above:** Optimally baked in only 90 seconds, MidiCi's Pizza Ortolana delivers quality ingredients and wood-fire flavor with fresh mozzarella, sautéed spinach, roasted bell peppers, kalamata olives, topped with fresh basil and grape tomatoes.

**Below:** Sara Spurlin, who works in medical device sales, wears a stylish floral dress by Vivere, from Mix by Copper Penny. Her matching cow leather purse is provided by Henry & Eva. Coordinating with her is Ashley Spurlin, who works in the defense industry and wears a charcoal wool jacket, part of the Signature Collection at JoS. A. Bank. He also wears a 1905 Tailored Fit shirt and Reserve Corduroys.





**Left:** Pouring 12 different wines straight from a temperature-controlled tap, Napa adds whimsy to every glass of California wine they serve, such as the petite sirah blend, 1448.

**Below:** Pair a glass of wine at Napa with their thinly sliced Beef Carpaccio, served with a drizzle of horseradish cream sauce, alongside a bed of arugula, pickled red onion and grilled ciabatta.





Nadine Catala, owner of Love Marlow, is breathtaking in mid-rise skinny jeans, an ivory sweater and moss-colored jacket by Free People. She carries a camel-toned, Studs and Woven bag and wears leopard print velvet Madden Girl boots. Earrings and bracelet are both Southern Living, the Meghan Browne Style; all provided by Buckle.



**Above:** Spicy, fresh and vibrant – SOL's Green Chili Chicken Nachos with grilled chicken, salsa fresca, jalapeños, queso blanco, green chiles, and a drizzle of sour cream are the quintessential pairing to a delicious margarita.

**Below:** Jamie Dorn, dental assistant with Kari Ryan Dentistry, enjoys the evening wearing skinny 7 For All Mankind jeans, an Olivaceous top and fantastic tassel earrings, all provided by Stylexchange. She is joined by Abasi Chapman, real estate agent with Berkshire Hathaway, wearing a dynamic 1905 Tailored Fit, charcoal wool jacket, a plaid Tailored Fit shirt and blue, Traveler Collection pants, all provided by JoS. A. Bank.





Gary Santos, who works in the maritime industry and is a Mount Pleasant Town Council member, wears khaki Reserve pants, a blue plaid JoS. A. Bank shirt and a 1905 Tailored Fit jacket, all provided by JoS. A. Bank.

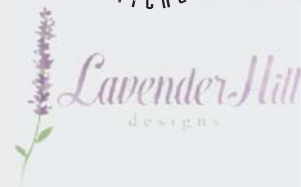
WHERE THE LOCALS  
COME TO SHOP



find something  
**unique**



Mainstream Boutique



FIND US AT I-526 & LONG POINT ROAD IN MOUNT PLEASANT  
AN AMERICAN ASSET CORPORATION PROPERTY

SHOP BELLE HALL



**Above:** Emily Cassel, a business and leadership coach, complements her Joelle dress by Lily Pulitzer from Belk with a cow leather satchel from Henry & Eva. Patrick Bryant, also standing, the chairman of the Charleston Metro Chamber of Commerce board and software entrepreneur for Teamphoria, wears a gray Ralph Lauren jacket and Tommy Hilfiger shirt provided by Belk.

**Below:** Just in time for the festive fall season, Grace & Grit is dazzling our taste buds with a pan-roasted sheepshead over diced sweet potatoes, bacon, Brussels sprouts, and golden and red beets, finished with a velvety citrus butter.



# BURTONS GRILL & BAR

Your Life. Your Style. Our Food

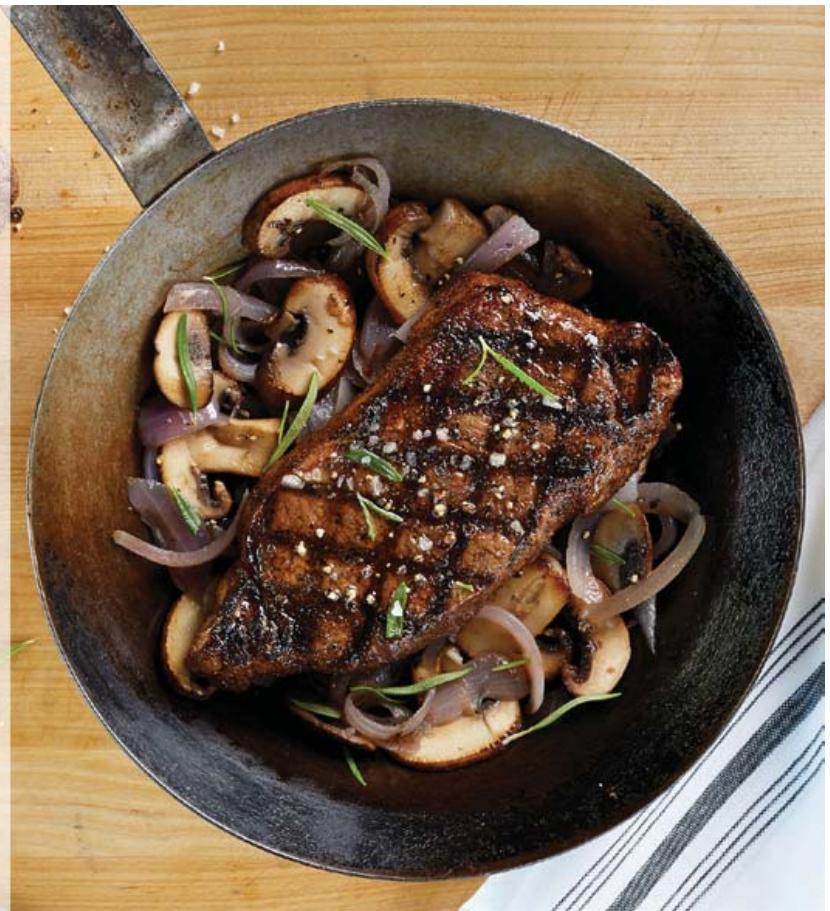
LOCATED IN THE  
**Mt. Pleasant Towne Centre**  
(843) 606-2590

Gluten Free, Paleo, Vegetarian,  
{B} Choosy Kid's Menu, Craft Cocktails

## IT PAYS TO {B} LOYAL

- Receive points every time you dine
- Receive birthday and anniversary gifts
- Stay up to date on exclusive events and promotions

Like us on facebook | Follow us on Instagram | BURTONSGRILL.COM



# MICHELE

EVERY MOMENT COUNTS

THE SEREIN COLLECTION

AVAILABLE AT

*Polly's*  
FINE JEWELRY

MOUNT PLEASANT  
NORTH CHARLESTON  
WEST ASHLEY





If you're willing to share, SOL has a little something for everyone, starting with their Lobster & Roasted Corn Quesadillas with spinach, smoked gouda and an avocado cream sauce. Next, try their Red Chili Glazed Salmon (featured below) or the mouthwatering Adobo Seared Tuna & Avocado Salad, complete with seasonal citrus, toasted pine nuts and lime vinaigrette. Don't forget to enjoy either a spicy yet smooth Jalapeño Cucumber Margarita or the tart and sweet Fresh Blackberry Margarita.



*"World Renowned Family Style Southern Restaurant"*



Mount Pleasant's  
"Hidden Gem"

*We are proud to  
welcome new chef  
Bobby Molinar  
(former chef for Yorktown)*



**4808 Hwy 17 North • Awendaw, SC 29429 | 843.928.3609 | 11 am-9:00 pm**



**Rare Quality. Well Done Service.**

Certified Angus Beef including USDA Prime

- Heirloom Pork
- All Natural Chicken
- Homemade Sausage

Prepared Entrees and Sides

Fine Wines

New York Style Deli Sandwiches  
(Mt. Pleasant only)



**NOW OPEN**  
on Isle of Palms  
and coming soon  
to Daniel Island!

Open Seven Days a Week.  
[www.nybutcher.com](http://www.nybutcher.com)

**MOUNT PLEASANT**  
1260 Ben Sawyer Blvd  
843.856.9675

**ISLE OF PALMS**  
1400 Palm Blvd.  
843.885.6314



Sherri Eleazer, a freelance musician, creates her own notes in this sexy number from Stylexchange. The patterned Style Stalker dress is complemented by the red Wylder jacket and red Rebecca Minkoff clutch.



**Above:** Engage your taste buds with the whole roasted branzino at Le Farfalle, served with a colorful bevy of shishito peppers, broccoli rabe and soft herbs and finished with a tangy citrus emulsion.

**Below:** Le Farfalle offers their interpretation on traditional carpaccio: an Octopus Carpaccio with roasted tomatoes, pickled eggplant and slices of deliciously crusty fett'unta.





Sheuli McKee, a biotech sales executive, looks smashing in a For the Peace sleeveless, ruffled red dress from Mix by Copper Penny. Her gold, diamond studded ring is provided by Diamonds Direct. Chris Staubes, owner of Staubes Law Firm, president of the Mount Pleasant Chamber of Commerce and a member of the Charleston County School Board, wears a wool, Traveler jacket and a white, Traveler Tailored Fit shirt from JoS. A. Bank.

European Style with Charlestonian Flair  
*Sohn & McClure*

**I. REISS**  
 Gallery Collection

*Perfecting the Art  
 of Jewelry Making  
 by Rex McClure*

**Custom Bridal and Engagement Rings • Hand Engraving • Jewelry Repair and Alterations  
 Antique Jewelry Restoration • Jewelry Appraisals • Diamond Brokerage Services**

334 M East Bay Street • Charleston • 843-853-3968 | 86 Folly Road • Charleston • 843-769-2336  
[sohnamclurejewelers.com](http://sohnamclurejewelers.com)



GIFTS • GEAR • ADORNMENTS

628 COLEMAN BLVD. | MOULTRIE PLAZA | MT. PLEASANT  
 WWW.HENRYANDEVA.COM | INFO@HENRYANDEVA.COM  
 843.388.4253



Make your holidays merry and bright.



**baby bloomers**

616 Coleman Boulevard • Mount Pleasant, SC 29464

843.856.9277

www.babybloomershome.com




**Butterfly**  
 Women's Consignment Boutique



The Shopper's  
 must-see  
 Mt. Pleasant!  
 landmark

**RANKED**  
**#1**

DO THEY HAVE  
 LOUBOUTINS  
 IN MY SIZE?

**FASHION**  
**CONSIGNMENT**  
**BOUTIQUE!**

**MT. PLEASANT**  
 624 LONG POINT RD.  
 BELLE HALL SHOPPING CTR.  
 (843) 884-8577  
 WWW.BUTTERFLYCONSIGNMENTS.COM



Alexis Rettenmyer, maître d' at Leon's, joins the group rocking a black dress by KM Studios and a metallic wristlet, provided by Mix by Copper Penny. Oversized golden hoop earrings are provided by Henry & Eva. Susannah Dellinger, a senior executive for a cosmetic company, dazzles in a Charlotte Mars tie sleeve blouse, also from Mix by Copper Penny.



"Better Than A Selfie"  
 Everyone needs ONE great  
 photo. Book Your Session  
 TODAY

\$99  
 Headshot

jenn cady  
 PHOTOGRAPHY

Bookings at  
[jenncady.com](http://jenncady.com)



**FRESH, LOCAL SEAFOOD.  
WITH A SOUTHERN TWANG.**

**NEW SOUTHERN SEAFOOD CONCEPT  
BY CHEF FRANK KLINE.**

**320 WINGO WAY, MOUNT PLEASANT,  
SOUTH CAROLINA \* GRACEGRIT.COM**

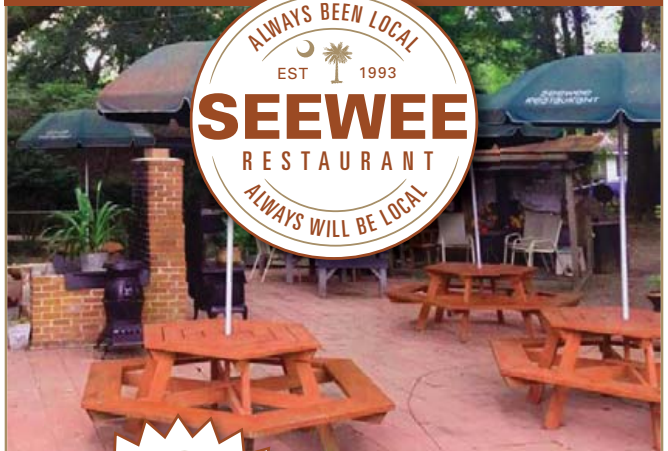


*Thank you to our Voters &  
Sponsors of the 2017-18  
Golden Spoon Awards.*

**Over 7,500 Spoons were cast!**



*“World Renowned Family Style  
Southern Restaurant”*



**Sat., Nov. 18, 2017  
2pm-9pm**

**BYOB • Live Music  
Local Art For Sale  
Proceeds benefit the  
Ethen Richardson Foundation**

**4808 Hwy 17 North • Awendaw, SC 29429  
843.928.3609 • 11am - 9:30pm**



Dr. Kari Ryan, owner of Kari Ryan Dentistry, wears a striped open shoulder Veronica Essentials dress from Mix by Copper Penny. Her husband, JB, joins her wearing a charcoal wool jacket, part of the Signature Collection from JoS. A. Bank.



BOOK YOUR  
**HOLIDAY PARTY  
AT MIDICI**

**GET READY**

to celebrate the achievements,  
the friendships, to thank your team,  
your family and your friends!

**BOOK WITH US**

and come together at MidiCi to  
eat, drink and be merry!  
That's what life is all about.

Our friendly team is dedicated  
to make our exceptional venue  
your home. You will share happy  
memories and everyone,  
along with our Neapolitan Pizza  
and other culinary delights!

- Size: up to 50 guests
- Bring friends together at a communal table or under our tree
- Customizable space

**CALL US TO BOOK TODAY!**

**Greg Bores, Owner**  
843.800.5409 or [bwllc3@gmail.com](mailto:bwllc3@gmail.com)

**BOWMAN PLACE**  
1100 BOWMAN RD. MT. PLEASANT, SC  
SUN-THURS 11AM-9PM | FRI-SAT 11AM-10PM

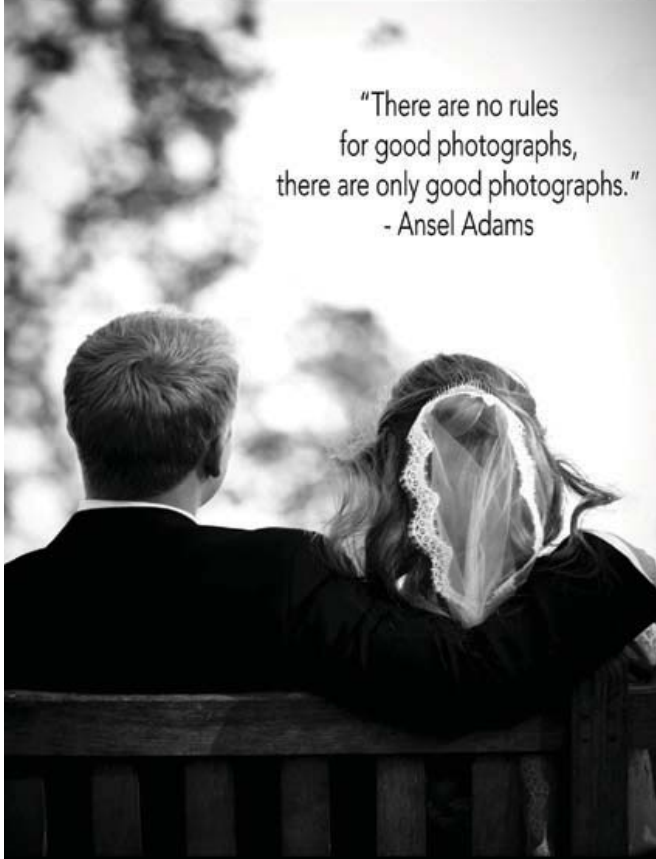


f [MidiCiMtPleasant](#) | [mymidici.com](http://mymidici.com)

# SALT GLASS

media

"There are no rules  
for good photographs,  
there are only good photographs."  
- Ansel Adams



[www.SALTGLASSMEDIA.com](http://www.SALTGLASSMEDIA.com)

843-325-8180

Follow us on social media:  
@saltglassmedia



Mention this ad and receive 10% off  
Any Package!



Kim Hall, director of marketing and business development for Paul Davis Restoration, looks beautiful wearing BKE pants, a copper and black floral shirt by Amuse Society and holding a white, woven patterned Orchid satchel, all provided by Buckle.

# A Pressing Matter

## Finding Good Olive Oil in Charleston

[ BY ROBERT DONOVAN ]



**W**hile the current culinary atmosphere emphasizes buying local, it can be difficult for conscientious consumers to obtain certain products that are locally produced. Olive oil is among them.

Although the Lowcountry has a history of growing olives, there are no current olive growers of any size in the area. That was not always the case. In “Cornbread Nation: The Best of Southern Food Writing #6,” University of South Carolina professor and food historian David Shields pointed out that Charleston’s connection to olives dates back to the 1670s, when olive trees were planted along the Ashley and Cooper rivers but were not harvested for oil.

Over the next two centuries, there were various attempts to establish an olive industry in the Lowcountry, but with limited success. A decade before he was elected the third president of the United States, Thomas Jefferson tried to recreate the olive groves and oil production he witnessed in Italy, shipping around 500 olive trees to Charleston in 1791. Unfortunately, he never realized his vision, lamenting: “If any of them still exist, it is merely as a curiosity in their gardens; not a single orchard of them has been planted.”

Fortunately, past disappointments do not mean that locavore olive oil fans are out of luck trying to source quality oil with local connections, though

## lowcountry cuisine

it is estimated that 99 percent of all the olive oil consumed in the United States is imported. If you are looking for oil produced in this country with ties to Charleston, try Olinda Olives, which blends, bottles and sells oil from olives grown on owner Jeanne DeCamilla's family farm in California. Olinda bottles extra virgin arbequina and arbosana oils weekly for its "Charleston Blend."

Weekly blending and bottling ensures a fresh product that is sold at farmers markets across the Lowcountry.

"For high quality oil, you need to press as soon as possible off the tree – within the day or even an hour or two," DeCamilla said. "The quicker to the press, the better the oil you are going to produce."

Once olives are picked, the oil is extracted, but not with a traditional press.

"It's no longer the romantic idea of a press. It's now extracted with a centrifuge. Olives go into a horizontal blender that turns them into mash, and the oil is spun out. It's put into big bags and into a crate to decant for a while," DeCamilla explained.

The oil is then shipped to South Carolina, where DeCamilla blends and bottles in her certified kitchen in North Charleston.

DeCamilla is a big proponent of buying local and



Jeanne DeCamilla's family farm in California grows the olives for her Charleston Blend.

Holiday Wishes Start Here!

Thanks for voting us the Best of Mt. Pleasant AGAIN!

Discover the Best Brands of Clothing and Shoes here locally for 64 years!

COORDINATING HOLIDAY & P.J'S | SPECIAL OCCASION | CRUISEWEAR | GIFTS | EXCLUSIVE BRANDS







Newborn to size 7  
Children's Boutique  
Monogramming  
New Mother Registry





All the Top Brands in Shoes!  
Expert Shoe Fitters!  
Complete DANCE Shop









Tween and Teen 7-16!  
Jr.'s, Ladies, Boys 8-20





The Common • 210 Coleman Blvd., Mt. Pleasant • 843-884-4814

www.ragamuffinchildrensboutique.com • www.strideritemountpleasant.com

Whether you're a trendsetter, preppy, totally traditional, or loving the European flare, we have the perfect outfits for your children.

Like us on: facebook.

stay in the know...

@RagamuffinChildrensboutique  
@Strideritemountpleasant  
@RadicalRags





**NATURE ADVENTURES**  
**OUTFITTERS**  
 NatureAdventuresOutfitters.com  
**843-697-2075**  
**NEW WATERFRONT ADVENTURE CENTER!**  
 77 acre retreat center with an 8-acre lake in the Francis Marion National Forest in Awendaw/Cape Romain Wildlife Refuge in McClellanville. Offering a conference/meeting space, camping, cabin/tent rentals, kayaking, paddle boarding and fishing.

**GIFT CERTS AVAILABLE ONLINE OR BY CALLING**

**NATURE ADVENTURES**

**Kayaking • SUP**  
**Tours & Rentals**

- Edisto River
- Capers Island
- Historic Shem Creek
- Ace Basin

**KayakCharlestonSC.com**  
**843-568-3222**  
 "One of the Last Great Places on Earth"

**Book Online Now!**  
[www.aFORTableGrooming.com](http://www.aFORTableGrooming.com)

Mount Pleasant voted us  
**"Best Pet Groomer"**  
 3 years in a row!

**\$5 OFF**  
**Your Next Grooming Service!**  
 One coupon per visit.  
 Offer expires 12/31/18

**aFORtable GROOMING**  
 BY BRIGGS FORT

(Located in The Shoppes at Brickyard)  
 2700 HWY 17 N, Unit E  
 Mount Pleasant, SC  
**843.972.8660**  
 Mon-Fri 8am-5pm 🐾 Sat 8am-2pm  
[afortablegrooming@gmail.com](mailto:afortablegrooming@gmail.com)

## lowcountry cuisine

buying olive oil from a source you can trust.

“About 80 percent of the supermarket oil is what they call adulterated or fraudulent oil,” she said, referring to recent revelations that many of the big-name olive oil producers are selling product that is blended with lower quality oil. In a February 2016 article in Forbes, Cecilia Rodriguez wrote:

“... unless you bought it directly from a producer or a certified distributor, the olive oil in your kitchen marked “Italian extra virgin” is very probably fake. Either it’s low-quality, falsely marked as virgin or extra-virgin – and not even from Italy – or it’s been mixed with other oils of dubious provenance. At worst, it’s not olive oil at all but a vegetable oil disguised with coloring and aroma. Oh my mistake – that wasn’t the worst. Here it is: Even the labels bearing the coveted “protected designation of origin – or PDO – stamp, indicating the precise geographical origin of a particular extra virgin olive oil to ensure the quality of that region’s agricultural products, and which are subjected to more strict controls, have not escaped the illegal trend.”

This isn’t news, and savvy olive oil consumers probably are aware of the



*Where European Chic meets Southern Style*

As an artisan store dedicated to bringing you unique and beautiful home accents, furniture, tabletop, linens, and gifts from around the world, we'll be your new favorite place to shop for everyone on your list!

843-352-7042

616 D Long Point Road, Mt Pleasant, SC  
[www.lavenderhilldesigns.com](http://www.lavenderhilldesigns.com)



problem. Yet the convenience of picking up a bottle at the local grocer combined with lower prices continue to drive sales to the traditional and possibly dubious big-name brands.

DeCamilla believes this is starting to change and “Oil production in California is ramping up and sales

from,” DeCamilla said.

To expose the curious to the most important aspect of quality olive oil, DeCamilla does olive oil tastings every six weeks.

“It’s a distinctively better oil. If people taste their oils, they can really see the difference,” she said.




are ramping up because people are becoming aware.” The increased “buy local” trend also helps.

“With anything, know your grower. There are not too many opportunities for people in this area to know their [olive] grower and to know the process and to have a family company to buy

Olinda offers a popular service for their customers: They will refill empty Olinda bottles. Expect a line of return customers with empty bottles at the farmers markets where they sell their oil, olives and olive products.

Meanwhile, Holy Smoke Smoked Olive Oil started in 2012 when co-



# liquid highway

## CAR WASH & Express Detail


### ANNUAL GIFT CARD SALE

Buy \$250 in gift cards and receive a \$50 gift card free







Buy \$75 in gift cards and receive a \$10 gift card free

Buy \$150 in gift cards and receive a \$25 gift card free

**THE GIFT THAT KEEPS ON GIVING ALL YEAR LONG!**



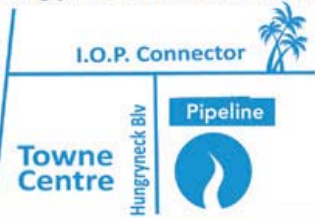
**VOTED BEST CAR WASH!**

1126 Hungry Neck Blvd., Mount Pleasant

Hwy 17 North

I.O.P. Connector



[liquidhighwaycarwash.com](http://liquidhighwaycarwash.com)  
**843.849.2774**

Jess Wood Photography Christmas Portraits  
Christmas will be here before we know it.  
Let me help capture the moments that will last a  
lifetime for you and your family.



Contact Me today:  
843-269-4799  
Jesswoodphotography@gmail.com  
or visit my website [jesswoodphotography.com](http://jesswoodphotography.com)

# Get Ready for The Holidays at **Southern Belles**



*Voted Charleston's  
Best Children's Shop*

*Children's Clothing  
Shoes • Accessories • Gifts*

280 W. Coleman Blvd.  
Mount Pleasant  
843.881.1741

[www.southernbelleschildren.com](http://www.southernbelleschildren.com)

**Southern Belles**  
*"a children's clothier"  
& shoes too!*



owner Kyle Payne came to Max Blackman with an idea for selling the smoked olive oil he had been making as gifts for friends and family. After some research, Blackman built a cold smoking device that would keep the olive oil at the required 37-degree temperature. Using oil pressed from Northern California arbequina olives, they cold smoke it with hickory wood. Blackman said that customers use the smoked oil “... to finish things. Like a pan-seared steak or sautéed kale. Good for lightly frying eggs. You don’t want to take it over 300 degrees. Also good to mix in hummus or an accouterment to a charcuterie plate.”

You can find them at farmers markets in the Lowcountry or at a number of small food shops, as well as at Harris Teeter stores.

Today, the closest we have to locally grown and pressed olive oil comes from Georgia Olive Farms. It emerged in 2009 as a cooperative between farmers looking for climate-change-resistant crops and a crop to supplement their blueberries. They harvested the first commercial olive crop in the South in centuries in 2011. Georgia Olive Farms cold presses arbequino, arbosana and koroneiki olives the

day after they are picked for their two types of extra virgin oil, a single varietal arbequino and a chef’s blend. Local chef Sean Brock uses their oil at Husk.

Jason and Laurie Benjamin started Lowcountry Olive Oils as a side business in 2011, selling infused oils and balsamic vinegar at farmers markets. They found there were flavors they could not get from their distributors, so they started infusing oils themselves. They opened their first brick and mortar store in 2013.

The Benjamins are avid supporters of local products. They carry Olinda olives

and Holy Smoke oils, along with Burnt & Salty sauces, Charleston Tea Plantation teas and others. They’re also the place to go if you want to try regional olive oil from Georgia Olive Farms.

Jason explained why they’re so locally focused: “We started out in the farmers markets. When you work in the markets, you make some deep connections with the local community. So our goal is not just that we sell the olive oil and balsamic vinegars. We also have local products which we found at the farmers market. We try to keep everything as local as possible.” 🍷

“... the closest we have to locally grown and pressed olive oil comes from Georgia Olive Farms”

**dish & design**  
catering and events

**Catering to Charleston and surrounding areas since 1999.**

**PLAN YOUR HOLIDAY PARTIES AND MEALS WITH US NOW.  
CHRISTMAS IS JUST AROUND THE CORNER.**

**Get a 10% discount for parties booked by December 1st for Christmas Holiday Parties.**

**www.dishanddesign.com | 843.971.6701**

# Do You Like Food?

LIKE US!

It's no secret that there are hundreds of pages to "like" on Facebook – but which ones will really make a difference to your life? Which ones will provide useful, informative posts and not simply clutter up your news feed with unwanted items?

*Lowcountry Cuisine* magazine's Facebook page is a good source of information pertaining to all types of

different foods all around the Lowcountry. Known as "LC Cuisine" on the social media platform, the page promotes different restaurants in Charleston as well as certain dishes, displaying high-quality photos and descriptions of both the food and the restaurant.

Need to know the hot new eatery in Mount Pleasant or downtown? Regarding restaurant promotion, the LC Cuisine page promotes the top-rated places to get certain foods around Charleston – for example, the best restaurants to get pizza in Mount Pleasant.

Wondering what drink you should make for your holiday parties? Follow us for information and ideas. Elsewhere on the page, certain dishes and cocktails are shared with their recipes so that anyone can make a new and beautiful meal right at home.

But besides food and drink, the *LC Cuisine* Facebook page also adds information on different events happening around Charleston, such as The Lowcountry Oyster Festival.

With new updates every day, this page has something current and fresh for you to see, learn, and digest – pun intended. Click "Like" and we promise it will be worth your while.

[www.facebook.com/LowcountryCuisineMagazine](http://www.facebook.com/LowcountryCuisineMagazine)



**BRUNCH SATURDAY AND SUNDAY**  
9am-3pm

**LIVE MUSIC EVERY BRUNCH AND MOST NIGHTS**

**OPEN**  
Mon-Fri 11am-2am  
Sat & Sun 9am-2am



Visit our [website](#) to order [take-out](#) and for information on upcoming [events](#) and [music!](#)

**FULL SERVICE CATERING**  
EMAIL  
[CATERING@THESHELTERKITCHENANDBAR.COM](mailto:CATERING@THESHELTERKITCHENANDBAR.COM)

202 Coleman Blvd | (p) 843.388.3625 | (f) 843.388.3641

[www.theshelterkitchenandbar.com](http://www.theshelterkitchenandbar.com)

# A Vision for South Carolina

## Detecting Diabetes Early

( BY DIANE PAULDINE )

**W**e've all heard alarming stories about diabetes and some of the worst-case scenarios that can result from this disease – amputations, kidney damage, nerve damage and a higher risk of strokes and heart attacks. One scenario many people may not be aware of is a loss of eyesight – this disease is the number one cause of adult-onset blindness. It's a major public health problem with debilitating consequences if left undiagnosed and untreated.

The number of affected individuals is expected to rise, but the key is early detection. Several local ophthalmologists and one resident-in-training at the Medical University of South Carolina Storm Eye Institute are hoping to tackle the growing problem. They recently launched a diabetic tele-screening program aimed primarily at helping low income patients and those without insurance.

Dr. George Magrath, Dr. Jeffrey Blice, Dr. Emil Say and resident Dr. Allan Sharpe were awarded grant money from the prestigious Duke Endowment to purchase four state-of-the-art camera systems that can easily test a patient for diabetes in a matter of minutes.

“The process of getting these machines started a year ago,” Dr. Magrath said. “Dr. Sharpe applied for a grant, and we were recently awarded enough money to finally purchase them.”

While there are already cameras used to test a patient's eyes for diabetes, Magrath said the machines are older and require dilation of the eyes and a trained professional to administer the test.

“These new cameras don't require dilation, can be used in any health clinic and are almost foolproof,” he pointed out.

The main goal of this program is to promote early detection of damage to the eye from diabetes, otherwise known as diabetic retinopathy. Many patients with diabetes develop undetected changes in the eye because they are unable to see an eye care provider for a variety of reasons.

Dr. Sharpe said the idea is to put the specialized cameras into primary care clinics so that a patient can get screening at the same time as his or her regular checkup at no extra cost.



Left to right: Drs. Allan Sharpe, Jeffrey Blice, George Magrath and Emil say.

“Therefore,” he added, “we're removing many of the barriers, like costs and transportation, that patients currently face.”

“I've witnessed numerous patients referred for treatment at very severe stages of the disease,” Dr. Sharpe added. “The eye care team and I wondered how we could promote earlier identification of it and therefore have a better chance of early treatment to prevent blindness.”

After recognizing the need for early diagnosis and treatment, Dr. Magrath said they

...continued on page 179

# Modern Day Parables

## Fruit That Lasts Children's Book Series

[BY STACY E. DOMINGO]

A new five-book series, “Fruit That Lasts,” was penned by co-author Nena Jackson of Charleston and longtime friend Kristi Smith of Birmingham, Alabama. These children’s books highlight the many adventures and misadventures of young characters Franny and Pom Pom while they

navigate how to live in the fullness of God the Father, God the Son and God the Holy Spirit, and, with guidance from wise grandmothers Nana and Rue Rue, create fruit that lasts.

“Fruit That Lasts” is a series of fun and engaging stories that help parents, grandparents and children’s ministry leaders share a complex religious topic with younger children.

“While writing the series, I was in the process of becoming a grandmother, and we knew other women who were longing to leave a legacy and teach their grandchildren,” Jackson explained. “It was our desire to give grandparents a fun way to teach their grandchildren, and, with ‘Fruit That Lasts,’ it is easy because the kids love the characters.”

Modern day parables, the stories can stand alone or work together as part of a series that has also been prepared as a project for vacation Bible school programs and has already been utilized in Kenya, Africa.

Longtime best friends Kristi and Nena were sitting in a park when the idea of the story seemed to float from the tree overhead and into their souls, igniting a passion for a new calling. They since labeled this phenomenon the “download” that gave them the desire to write, “Fruit That Lasts.”

Franny Fig is a friendly young girl tree who is so nice she might just annoy you a little. She is always on

time, always kind, always respectful, always joyful and always doing the right thing. Readers will have a hard time not liking Franny because she isn’t conceited or arrogant, overly concerned with her looks or controlling – she’s likable.

Pom Pom, however, is an adventurous young pomegranate tree who will tickle you as she dreams up fanciful solutions to nonexistent problems, clumsily falls into difficulty and lazily avoids hard tasks. She put the “mis” in misadventures. She believes she is smart, angered easily and a slow learner, but despite all of this, she is the reason you keep reading.



Photos courtesy of Fruit That Lasts.

Nena Jackson, left, and Kristi Smith penned the Fruit That Lasts series.

Franny and Pom Pom, inquisitive to a fault, learn a lot from Nana (Franny's grandmother), so plump and loving that she reminds you of hot apple pie on a cold winter's day, and Rue Rue (Pom Pom's grandmother), so slender and refreshing that she reminds you of a tall, cool smoothie on a hot summer day.

Set in King's Valley, the story is all the more fun because of their friends, Oscar the Wise, Old Owl and Tedo, the Helpful Skunk.

"The journey for us from writing the stories to publishing this book was a very easy transition," said Smith. "If it weren't for Moondog Animation Studio, we wouldn't have met Jennifer Tubbiolo, co-owner of Relevant Pages Press in Charleston, who has overseen the entire project. She has been outstanding."



Cyril Jedor and Andy Barry, illustrators with Moondog Animation Studio in Mount Pleasant, brought the fascinating worlds and the beloved characters to life.

Most recently, another South Carolina resident, Irene Rose, released the series' theme song, "Fruit of the Spirit Conga."

"We love joining with God's heart to be a vessel to make this a reality," said Smith. "Our prayers and heart's desire is for our fruit tree characters, Franny Fig and Pom Pom Pomegranate, to reach children all over the world to share this great news." 🍌

*You can purchase "Fruit That Lasts" individually or as a five-book package on Amazon or locally at the Seacoast Church bookstore in Mount Pleasant. Learn more about the book series at [www.fruitthatlasts.com](http://www.fruitthatlasts.com).*

## Detecting Diabetes Early

*continued from page 177...*

decided to do all they could to bring the camera systems to people who really needed the help.

"If we catch it early," he explained, "we can provide treatment that cuts the loss of eyesight by half."

Unfortunately, there's a gap between access to qualified diabetic retinopathy screening and the number of patients with diabetes, and that gap will only rise in the years to come.

"As physicians, we realize there is a certain window of opportunity where permanent loss of vision can still be avoided in the natural course of diabetic retinopathy," Dr. Say said. "However, the lack of access to qualified care leads to either absent or inadequate care until permanent loss of vision occurs, even with treatment. As a retina surgeon, I wanted to be involved in this project because we can make more of a difference when we identify early retinopathy rather than operate on a late-stage proliferative disease."

While genetics can certainly play a role, a person's lifestyle often has more to do with the development of diabetes. In South Carolina, the problem is particularly pressing. Most of the state's counties lie in what the Centers for Disease Control and Prevention calls the "Diabetes Belt," where 10.5 percent of people have

diabetes, compared with only 8.4 percent elsewhere. Consequently, the residents of South Carolina are at a significantly higher risk for developing diabetic eye disease.

Despite the statistics, only about a half of these at-risk patients undergo adequate retinopathy screening, leaving most patients undiagnosed until the later stages of the disease, when vision loss is often irreversible.

"There's a large unmet need for screening for this very serious complication of diabetes," Dr. Blice said. "The new technology available represents an opportunity to potentially meet that need at the point of primary care."

The new cameras will be placed in several clinics around the Charleston area and at MUSC.

"The quality of photography combined with the relative ease of acquisition makes the time right to try and implement this pilot program," Dr. Blice said.

With this kind of early detection and treatment made more accessible for those in need, it's possible for a person with diabetes to live a full and healthy life.

"This is a disease that affects so many people," Dr. Magrath said. "Many people don't even know they have it, and, by the time they show symptoms, some level of damage has already occurred. We're trying to do all we can to lower that risk." 🍌

# Kids' Poetry

**Editor's note:** We received several beautiful and thoughtful poems for our first ever youth poetry competition, and we are delighted to print them here for you. We hope to grow the competition next year and foster a deeper love for poetry among the writers as well as among our readers. Thank you to everyone who participated. Write on!

## Hide, Guinea Pig, Hide!



Hide guinea pig hide!  
Small and furry,  
Never in a hurry,  
Hide guinea pig hide!

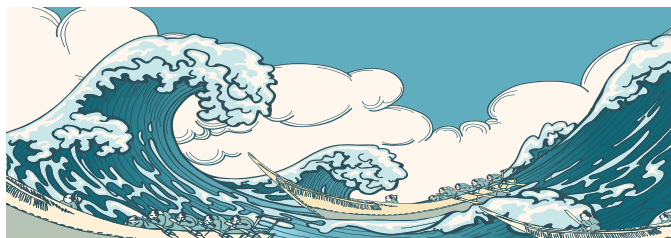
Lily Clark • 7 years old  
McClellanville, South Carolina  
Cape Romain Environmental Education School

She will pull you in and won't let go,  
She will love and care for you  
With each gentle wave.

She is strong and clever and keen.  
She is the seaway in which you swim.  
She is the everlasting, ever-changing, limitless force we  
know as the sea.  
She will always be there,  
Helping and comforting you invariably.

Elena Kolodji • 13 years old  
Mount Pleasant, South Carolina  
Thomas Cario Middle School

## Ocean Worlds



Looking out beyond the brine,  
You see the waves  
And a place you didn't know existed.  
The world around you changes by the second,  
And you are changing with it.

You hear the ocean calling out  
To you and every other visitor on her vast beach.

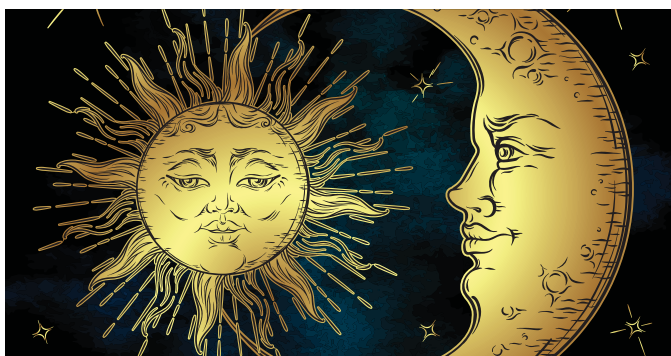
## Astronomical Presentation

On the road, there is scarcely a car  
As folks watch the eclipse near and far.  
We settle in the garden with our dog,  
When suddenly there is chatter from the fowl and frogs.

We grab our glasses that halt the sun's rays  
To behold the event we've been expecting for days.  
We observe the darkening sky from our hammocks.  
Our dog becomes confused and starts to panic.

The temperature begins to fall  
And the cool breeze whistles like a sparrow's call.  
We lean forward in anticipation  
For nature's astronomical presentation.

The sun is masked as it is hugged by the moon.  
Lightning flashes and thunder booms.  
The eclipse reaches totality and the masses cheer.  
The clouds break apart and the eclipse is clear.



We gaze in wonder at the sight before us.  
 The creatures end their nightly chorus.  
 The sun's face bashfully peeks around the moon and shines.  
 Our awestruck faces are what the rays find.

**Analiase Keller • 13 years old**  
**Mount Pleasant, South Carolina**  
**Cario Middle School**

## Charleston



Spanish moss on live oak trees  
 Basket ladies  
 A soothing breeze

Aging brick and cobblestone  
 Flowers through cracks  
 Seeming overgrown

Houses of beauty and fine taste  
 Churches, a resting place  
 History never to be erased

A songbird on an iron gate  
 Listen, listen  
 Listen, wait

A tabby cat bathes in the sun

Licking paws  
 And stretching claws

On our old sagging veranda  
 She shall lay  
 Sleeping throughout her day

Charleston, my Holy City  
 Where I can pray  
 Where I will stay

**Grace Ellen McGaughey-Smith • 17 years old**  
**Isle of Palms, South Carolina**  
**Wando High School**

## The Beach At Night

As the waves crash against the hard stone core, my heart starts beating more and more.

Walking down the moonlit shore, soaking my toes in crystal clear water, more and more.

All the other people may think I'm insane, but I whisper to the waves "oh I love the beach, I love the shore." More and more.

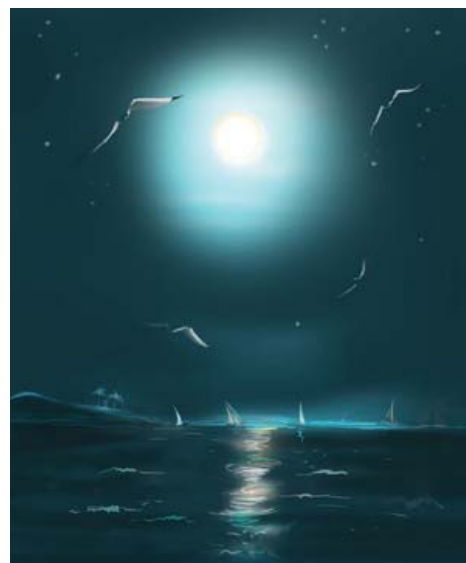
A beautifully lit lantern right by my side, the only light except the moon in the sky.

My heart starts beating, more and more. And as I open a book and sketch away, my heart keeps beating more and more.

All is silent like the soft breeze

My heart always beats, more and more.

**Alexandra Bingham • 9 years old**  
**Mount Pleasant, South Carolina**  
**Belle Hall Elementary School**



# Lifelong Relationships

## Garner Family Dentistry

( BY ERIN DANLY )

**D**r. Cynthia Garner opened Garner Family Dentistry on Chuck Dawley Boulevard in 2007 and has been providing family dental services in Mount Pleasant ever since. She loves taking care of her patients and seeing the impact she has made in their lives.

“It’s a real joy to see immediate results and the change in people’s self-esteem,” she said. “They sometimes come in feeling down about their appearance, and, when they leave, they have a new look on life and a new smile.”

The loyalty and devotion between her and her patients goes both ways. Dr. Garner said patients value the friendliness of the staff, the fact that they keep on schedule and put the patients’ needs first.

“We give them all the options available and let them make the decision. People appreciate the honesty and they trust you and often refer their friends and family, which is a huge compliment to us,” she said.

Dr. Garner sees patients of all ages, from children to seniors. The practice offers a wide range of family dental care, including checkups and hygiene visits, fillings, crowns, dentures, fluoride treatments and sealants to protect young teeth, as well as cosmetic services such as veneers, implants and tooth whitening for adults.

Staying current with the latest in dentistry is very important to Dr. Garner, who completes approximately 100 hours of continuing education every year. She also uses the latest technology in her practice, from digital panoramic X-rays of the entire mouth to intraoral cameras which allow her to see what’s going on inside the mouth

and to show patients firsthand what they are facing. This helps them make a decision on how they want to treat problem areas.

New technology both improves the patient experience and the care she and her team can provide.

“It gives us more information, whereas before we couldn’t see as much with the older technology,” said Dr. Garner. “For the patients, it gives them immediate feedback of the diagnosis while exposing them to less radiation due to fewer X-rays.”

Dr. Garner has brought the same passion for dental care to other parts of the world on mission trips to the Dominican Republic with her dental school class and to



Honduras with her church. Both of these trips allowed her to provide services to underserved populations who don’t have regular access to dental care: “It’s a great experience and makes you appreciate what you have here in the United States.”

Dr. Garner is originally from Omaha, Nebraska, where she attended dental school at Creighton University. Following graduation, she was selected for an intensive residency program at Temple University in Philadelphia, where she earned an advanced degree in General Dentistry. In that program, she focused on advanced clinical dentistry and enhanced her skills as a general practitioner. With these skills and the experience managing numerous dental practices in the Midwest, Dr. Garner now lives with her husband and two teenage daughters on Daniel Island.

“Dentistry is a wonderful profession that develops lifelong relationships with patients and their families. It’s an honor and a privilege,” she said. 🦷

( To learn more about Dr. Cynthia Garner, visit [www.garnerfamilydentistry.com](http://www.garnerfamilydentistry.com) or call 843-884-6002. )

# Don't Be Caught Ridin' Dirty

## Liquid Highway Car Wash

[ BY DENISE K. JAMES ]

No doubt about it: A clean car makes an impression. Perhaps that's why I always have mine cleaned before I travel home to see my family – I want them to think my life is happy and well-adjusted, after all. And long before I met owner and car-wash-enthusiast Sean Griffin, I'd always chosen Liquid Highway as the place to get my Toyota – before that, my Saturn – squeaky clean.

Griffin started Liquid Highway in 2004, though he'd lived in the Lowcountry since 1999. Originally from Greenville, South Carolina, he'd just sold a successful mobile shredding business to a Fortune 500 company at the time and was looking for new opportunities. When he noticed that Mount Pleasant didn't have a really good full-service car wash, he “thought it was a good niche.”

At first, Griffin looked into a more basic car wash model known as touch free, or laser washes, where folks can just drive in and drive out again. But the Mount Pleasant market seemed ready for something with a little more pizzazz. After he talked to a consultant in Florida, he found the right answer.

“Steve Okun was one of the first advocates of the flex-serve wash model, which was new at the time,” Griffin explained. “It was a combination of an express tunnel as well as full service. We were one of the first car washes in the country to offer this combination.”

As anyone who has ventured to Liquid Highway can attest, the place does an awesome job at detailing the interior of your car. But it's also a great spot to just drive through the express tunnel and knock the bird



poop, pollen and dirt off your ride. According to Griffin, about one third of the business' revenue is from detailing, another third is what they call “express service” (a swift interior cleanup) and the rest is people who just drive through the tunnel for a quick wash and hand towel dry.

“The flex-serve system has revolutionized the industry,” he pointed out. “Many car washes don't understand that time is their customers' most valuable commodity. We look at it this way: Anyone can clean their car in their driveway. We have to do it faster and better in order for them to want to come back.”

To that end, Griffin takes meticulous care with training his employees in Liquid Highway's magical wash methods. Efficiency is key, he said, and each member of the staff needs to have a sense of urgency that keeps cars, trucks and SUVs moving down the line with ease. In fact, when there's a slew of dirty cars to be washed, Griffin himself is happy to help out.

“People's time is important,” he noted. “We spend a lot of time here training new employees on our program and on how to be efficient.”

Besides the fast and attentive service, Liquid Highway offers other perks. Patrons waiting for their cars can relax in the Liquid Highway lobby, complete with drinks, snacks, Wi-Fi, a colorful fish tank and car-related sundries available for purchase. And monthly memberships make it easy to have a perpetually clean ride – though Griffin did say that the latter part of the year is particularly bustling.

“October through December is a busy time,” he said. “People are seeing relatives and needing the sand out after the summer. Plus, gift cards are a popular item during the holidays.” 🍷

[ *Liquid Highway is located at 1126 Hungryneck Blvd.  
To learn more, visit [www.liquidhighwaycarwash.com](http://www.liquidhighwaycarwash.com).* ]

# Our Mount Pleasant Neighbors

**W**e're spending a little time with some of our neighbors to help you get to know them better. Get to know us better by liking us on Facebook at [www.facebook.com/MountPleasantMagazine](http://www.facebook.com/MountPleasantMagazine). If you want to appear in Facetime or to suggest someone you find interesting, please email the name and contact information (email and/or phone number) to [Facetime@MountPleasantMagazine.com](mailto:Facetime@MountPleasantMagazine.com).



## Kimberly Petersen

**Lives in:** Mount Pleasant, South Carolina.

**From:** Mount Pleasant, South Carolina.

**Education:** Graduate of the College of Charleston.

**Employment:** Charleston County School District teacher.

**Favorite reading:** Anything by J.K Rowling, Mary Alice Monroe or Janet Evanovich.

**Favorite music:** 90s alternative, country and anything with a fun beat to dance to!

**Activities:** Boating, horseback riding and swimming.

**Interests:** Painting, reading and DIY projects.

**Likes:** COFFEE, shopping and trying new restaurants.



## Andre Berenzon

**Lives in:** Mount Pleasant, South Carolina.

**From:** Sao Paulo, Brazil.

**Education:** National Academy of Sports Medicine - certified personal trainer; strength and conditioning coach; youth exercise specialist; crossfit level 1 trainer.

**Employment:** Owner and training director at Crossfit Park West and Mount Pleasant Futsal Academy.

**Favorite reading:** Alex Ferguson, Leading.

**Favorite music:** EDM.

**Activities:** Crossfit, Brazilian jiu-jitsu, soccer.

**Likes:** Physical activities in general.

**Favorite quote or philosophy:** "If you are persistent, you will get it. If you are consistent, you will keep it."



## Patti Morrison

**Lives in:** Mount Pleasant, South Carolina.

**From:** Pittsburgh, Pennsylvania.

**Education:** Penn State.

**Employment:** Assistant manager at the Southern Living store In Towne Centre.

**Favorite reading:** All things Southern!

**Favorite music:** Piano and beach music.

**Activities:** Yoga and walking on the beach.

**Likes:** Books.



## Michael Mosel

**Lives in:** Mount Pleasant, South Carolina.

**From:** Leesburg, Virginia.

**Education:** B.S. in Management, George Mason University.

**Employment:** Owner/COO of Electric Warranty Group.

**Favorite reading:** Inc., Fast Company, Golf Digest.

**Favorite music:** Anything 80s, 80s on 8, First Wave.

**Activities:** Golf, crossfit, running.

**Interests:** Family; mentoring business owners; professional wrestling; healthy living/eating.

**Likes:** I enjoy the conversation of business, especially at the local/small business level. Small to medium-sized businesses are the lifeblood of the United States, and I always look forward to sharing my experience of owning, running and selling businesses with other business owners.

**Favorite quote or philosophy:** Talking about various business issues with business owners is "what happens on Monday morning."

# TACORI



## DIAMONDS DIRECT

Your love. Our passion.

1911 Highway 17 N. Mt. Pleasant, SC 29464 • (843) 606-2558 • [www.DiamondsDirect.com](http://www.DiamondsDirect.com)



Photo by Holger Obenaus

Private Residence — Mt. Pleasant

# Spartina Kitchens & Baths

A division of Spartina Cabinetry & Design Consultants, LLC



Allied ASID



Melissa Koger Watson  
President